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The clinical and molecular spectrum of the *KDM6B*-related neurodevelopmental disorder

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Abstract

De novo variants are a leading cause of neurodevelopmental disorders (NDDs), but because every monogenic NDD is different and usually extremely rare, it remains a major challenge to understand the complete phenotype and genotype spectrum of any morbid gene. According to OMIM,

heterozygous variants in *KDM6B* cause “neurodevelopmental disorder with coarse facies and mild distal skeletal abnormalities”. Here, by examining the molecular and clinical spectrum of 85 newly reported individuals with mostly *de novo* (likely) pathogenic *KDM6B* variants, we demonstrate that this description is inaccurate and potentially misleading. Cognitive deficits are seen consistently in all individuals, but the overall phenotype is highly variable. Notably, coarse facies and distal skeletal anomalies, as defined by OMIM, are rare in this expanded cohort while other features are unexpectedly common (e.g., hypotonia, psychosis etc.). Using 3D-protein structure analysis and an innovative dual *Drosophila* gain of function assay, we demonstrated a disruptive effect of 11 missense/in-frame indels located in or near the enzymatic JmJC or Zn-containing domain of KDM6B. Consistent with the role of KDM6B in human cognition, we demonstrated a role for the *Drosophila* KDM6B ortholog in memory and behavior. Taken together, we accurately define the broad clinical spectrum of the *KDM6B*-related NDD, introduce an innovative functional testing paradigm for the assessment of *KDM6B* variants, and demonstrate a conserved role for KDM6B in cognition and behavior. Our study demonstrates the critical importance of international collaboration, sharing of clinical data, and rigorous functional analysis of genetic variants to ensure correct disease diagnosis for rare disorders.

Introduction

The development of the brain is a complex process requiring precise control of gene expression by epigenetic regulators¹, including proteins involved in enzymatic modification of histone tails, ATP-dependent chromatin remodeling, and DNA methylation. Dysfunction of epigenetic regulators frequently results in neurodevelopmental disorders (NDDs)². Pathogenic variants in genes encoding epigenetic regulators, including histone methylases and demethylases, are a common cause of monogenic NDDs^{3,4}.

The complex of proteins associated with Set1 (COMPASS) and COMPASS-like complexes are important components of the epigenetic machinery⁵. The COMPASS complexes are highly conserved among species, including *Drosophila* and yeast, and their main function is to promote gene expression by methylating histone H3 on lysine 4 (H3K4) with enzymes containing a SET domain, and demethylating histone H3 on lysine 27 (H3K27) through the enzymatic activity of the KDM6A and KDM6B demethylases⁵.

KDM6A and KDM6B demethylate di- and trimethylated H3K27 through the catalytic activity of the iron-containing jumonji C domain (JmJC), which is common to different histone demethylases⁶. KDM6B can act independently or as a component of a COMPASS-like complex⁷. KDM6B can also influence transcription independent of its enzymatic activity, although the non-demethylase function of KDM6B is poorly understood⁸. KDM6B dysfunction has also been implicated in various disorders, including cancer, immunologic, and developmental disorders⁹.

Recently, Stolerman et al. reported a cohort (n=12) of individuals with *de novo* *KDM6B* (MIM: 611577) variants, suggesting that haploinsufficiency of *KDM6B* may result in a novel syndromic NDD with multisystem involvement¹⁰. However, current knowledge regarding the molecular and clinical spectrum of the *KDM6B*-related NDD is limited and the function of KDM6B in neurons remains undefined. OMIM currently classifies this *KDM6B*-related NDD as “neurodevelopmental disorder with coarse facies and mild distal skeletal abnormalities” (MIM: 618505). Here, we further characterized the clinical and molecular spectrum of this disorder, based on a large cohort (n=85) of individuals with (likely) pathogenic *KDM6B* variants. In addition, we developed *Drosophila* models to assess the impact of identified *KDM6B* variants and to examine the role of KDM6B in regulating cognitive function and behavior. Our results elucidate a more complete clinical and molecular spectrum for the *KDM6B*-related NDD and indicate an urgent need to reassess the current OMIM description for *KDM6B*. These findings highlight the challenges in defining rare NDDs in general.

Materials and Methods

Cohort recruitment

We have collected genetic and clinical data from 85 individuals with rare heterozygous (mostly *de novo*) variants in *KDM6B*. The variants were annotated using the GRCh37 reference and NM_001080424.2/ENST00000254846.9 transcript. The individuals were recruited from the Radboudumc in-house diagnostic laboratory, international collaborators, individuals registered in GeneMatcher¹¹, and individuals included in various research cohorts, such as the Simons Simplex Collection (SSC)¹², Deciphering Developmental Delay (DDD)¹³, 100,000 Genome Project¹⁴, Pediatric Cardiac Genomics Consortium (PCGC)¹⁵, Autism Sequencing Consortium (ASC)^{16,17}, and MSSNG¹⁸. The variants were identified by performing exome or genome sequencing in diagnostic or research settings using standard laboratory methods¹⁹⁻²⁷. For individuals identified through the DDD study, a complementary analysis project (CAP #83) was approved which filtered for variants in chromatin remodeling genes throughout the entire cohort. This list was then filtered for rare *de novo* variants with damaging *in silico* predictions. Panel-agnostic re-analysis of locally unsolved cases from the DDD Study (CAP #147) was also performed as previously described^{4,28}. For the 100,000 Genome Project, tiered variants from the third September 2020 data release were accessed/filtered via LabKey. Variants were filtered for *de novo* inheritance and clinicians contacted through the AirLock.

After collecting all evidence, we re-interpreted all identified variants according to ACMG variant classification guidelines²⁹: variants in 73 individuals were classified as (likely) pathogenic, but variants in 12 individuals were classified as variants of uncertain significance (VUS) due to limited or controversial evidence. Clinical features of only individuals with (likely) pathogenic variants were further analyzed. An overview of the study design is shown in **Figure 1A**.

Detailed descriptions of 73 individuals with (likely) pathogenic *KDM6B* variants, their molecular findings, and corresponding study type (clinical or research) are provided in **Table S1**. In most individuals (52/73), variants occur *de novo*, but nine truncating variants were inherited from a mildly affected or unaffected parent; and for 12 individuals, the inheritance was unknown. To provide a more precise description of different clinical feature frequencies, we aggregated our individual data with the previously published 12 individuals (resulting in cohort of 85 individuals with (likely) pathogenic *KDM6B* variants). Incomplete data across individuals was corrected for when calculating total feature frequency, as well as one individual (#17) with a pathogenic *KDM6B* variant in combination with pathogenic *HNRNPU* (MIM: 602869) variant was not included in the clinical feature frequency calculations (**Table 1**), to minimize possible effects from additional genetic variants. Detailed clinical and molecular descriptions of 12 individuals with *KDM6B* VUSs are provided in the **Table S2**. All variants identified in this study were deposited to the ClinVar database (ClinVar accession numbers: SCV002570417 - SCV002570487).

Out of 85 individuals with (likely) pathogenic *KDM6B* variants, 12 had protein altering variants (PAVs) and 73 – protein truncating variants (PTVs). Fisher’s exact test was used to compare the frequency of clinical features between the individuals with (likely) pathogenic PAVs vs. PTVs (**Table 1**). Bonferroni correction was used to account for multiple testing.

Ethics

This study was approved by the institutional review board “*Commissie Mensgebonden Onderzoek Regio Arnhem-Nijmegen*” under number 2011/188. The study participants or their caregivers gave informed consent to participate in the research, of whom 21 consented also to photo publishing (15 individuals with pathogenic *KDM6B* variants and 6 with VUSs). Sample data obtained from contributing sites was based on their original ethics protocols referenced in the methods.

Protein structure analysis

The solved three-dimensional (3D) crystal structure of the *KDM6B* protein was used for analysis of the possible effects of identified variants on the protein. Possible effects of PAVs were predicted based on the wild-type amino acid position and interactions (with other amino acids, other proteins or ligands) and biophysical differences with the mutant amino acid, similarly as described previously³⁰. The detailed description of the predicted effects is provided in the **Table S3**. The protein structure used (PDB: 5OY3) contains the C-terminal part of the protein (p.1141-1643) with the JmJC and Zn-containing domains required for the H3 tail binding and H3K27-specific demethylation together with ligands and co-factors⁶. *KDM6A* JmJC domain structure (PDB: 3AVR) was used for comparison with *KDM6B*³¹. Information from UniProt (ID: O15054)³² (e.g. about disordered regions or modified residues), as well as the AlphaFold³³ O15054 *ab initio* model³⁴, were used for interpretation of the variants in *KDM6B* protein regions without solved structure (mostly the N-terminal). The analysis and visualization were performed using YASARA Structure software³⁵.

Variant clustering analysis

Significance of variant clustering was calculated separately for PAVs and PTVs as described before³⁶. Shortly, geometric mean distance on linear protein structure for the observed variants was compared with randomly permuted variants, performing 1,000,000 permutations and Bonferroni correction for two experiments by using SpatialClustering tool.

Drosophila strains and culture

Flies were reared on standard cornmeal-agar media at 25°C with a 12h/12h light/dark cycle in 70% humidity. The mushroom body (MB) driver, *R14H06-Gal4* (stock #48667), *UAS-Utx-RNAi* (*Utx^{RNAi1}*; stock #34076), *UAS-mCherry-RNAi* (control 1; stock #35785), ubiquitous driver *Act5C-Gal4/CyO* (*Act-Gal4*; stock #4414), and wing-specific driver *MS1096-Gal4* (stock #8860) fly lines were obtained from the Bloomington Drosophila Stock Center. A second *UAS-Utx-RNAi* (*Utx^{RNAi2}*; stock #37664) and its genetic background control line (control 2; stock #60000) were obtained from Vienna Drosophila Research Center. Control 1 was used as a control because it shares a common genetic background with *Utx^{RNAi1}* and expresses a non-targeting double stranded RNA that controls for any nonspecific effects of a RNAi in general. Null mutations in *Utx* are known to cause lethality in flies³⁷. In agreement, expression of *Utx^{RNAi}* lines with a ubiquitous *Act-Gal4* driver resulted in lethality, suggesting that the RNAi lines are effective at inducing knockdown.

UAS-KDM6B transgenic flies were generated through Gateway cloning of the reference *KDM6B* cDNA from KIAA0346 in *pENTR3C-KDM6B* (a gift from Professor Kristian Helin³⁸) into *pGW-HA.attB* (GenBank #KC896838) to create *pGW-UAS-KDM6B.attB* (*UAS-KDM6B^{ref}*). Nineteen different PAVs (**Table S3**) were introduced into *pGW-UAS-KDM6B.attB* using PCR-based site directed mutagenesis. The JmJC domain deletion of KDM6B (*KDM6B^{ΔJmJC}*) was completed using the ligation method and primers adapted from Xiang et al.³⁹. A similar ligation method was used to generate domain deletions of the N-terminus (*KDM6B^{ΔNterm}*; p.Met1_Pro1100) and the Zn containing domain (*KDM6B^{ΔZndom}*; p.Tyr1563_Leu1619). All 23 *pGW-UAS-KDM6B.attB* constructs were validated by Sanger sequencing and inserted into the third chromosome *attP2* landing site through phiC31-mediated transgenesis at Genome Prolab (Sherbrooke, Quebec, Canada).

Drosophila memory, activity, and sleep assays

Utx^{RNAi} and genetic control fly lines were crossed to *R14H06-Gal4*, and the resulting progeny were analyzed in memory, activity and sleep assays. Short-term memory (STM) and long-term memory (LTM) were assessed using courtship conditioning in 5 day old male flies, as previously described⁴⁰. Briefly, for each fly pair a courtship index (CI) was calculated, which is the proportion of time spent courting over 10 minutes. A minimum of 30 flies were assayed for each genotype in short-term and long-term memory assays. Within each genotype, naïve flies were compared to trained flies using Kruskal-Wallis test with uncorrected Dunnett's test for multiple comparisons. To assess naïve courting behavior, CI from naïve short- and long-term experiments

were pooled for each genotype. *Utx^{RNAi}* flies were compared to their genetic control using Kruskal-Wallis test with uncorrected Dunnett's test for multiple comparisons.

Total activity and sleep of flies were monitored as previously described⁴¹. Briefly, a total of 32 flies for each phenotype, males aged 1-4 days, were loaded into activity monitor chambers (Trikinetics, MA, USA). After 1 day of acclimation, fly locomotion was recorded over a 48-hour period of 12h/12h light/dark cycle, and averaged for each fly to reveal typical 24-hour locomotion patterns. Total beam breaks/day were compared between genetic control and corresponding *Utx^{RNAi}* using t-test with two tailed distribution and unequal variance. A 5-minute period of no activity is defined as 'sleep'^{42,43}. Total minutes of sleep over a 48-hour period were averaged for each fly to reveal typical 24-hour sleep patterns and compared using t-test with two tailed distributions and unequal variance.

Drosophila mushroom body morphology

To determine whether morphological defects could be responsible for observed memory and behavioral phenotypes, we visualized the structural morphology of the *Drosophila* mushroom body. *Utx^{RNAi}* and genetic control fly lines were crossed to *R14H06-Gal4* and males and females aged 2-5 days of the resulting progeny were examined for mushroom body morphology. Brains were dissected in PBS, fixed with 4% paraformaldehyde for 45 minutes at room temperature, and mounted in Vectashield (Vector Laboratories). Brains were imaged using a Zeiss LSM800 confocal microscope at 200X magnification. Confocal stacks were processed using ImageJ software⁴⁴. Gross mushroom body morphology was assessed qualitatively and were consistent between at least 10 brains for each genotype.

Drosophila Gain of Function assays

Gain of function (GoF) phenotypes were observed upon ectopic expression of *UAS-KDM6B^{ref}* using the ubiquitous *Act-Gal4* driver and the *MS1096-Gal4* wing driver. Ubiquitous overexpression of *KDM6B^{ref}* causes lethality. *Act-Gal4/CyO* flies were crossed to all *UAS-KDM6B* variants, and the percentage lethality was calculated by comparing the number of progeny receiving *Act-Gal4* to those receiving the *CyO* balancer chromosome (% lethality = $(1 - \# \text{Act-Gal4} / \# \text{CyO}) \times 100\%$). For each ubiquitous *UAS-KDM6B* variant cross, between 50-350 progeny were assessed. Percent lethality of *UAS-KDM6B* variant transgenes was compared to *UAS-KDM6B^{ref}* using a Chi-square two-sample test for equality of proportions. Expression of *UAS-KDM6B^{ref}* with *MS1096-Gal4* wing driver causes a defect in the formation of the L5 vein in the posterior compartment of the wing. This leads to splitting of L5 at the distal end and results in the appearance of an extra vein

protruding into the third posterior cell. A range of 18-35 male flies, aged 2-5 days, were analyzed in wing-specific overexpression for each *pGW-UAS-KDM6B.attB* variant. Fly wings were mounted in glycerol and imaged using Nikon SMZ800N stereo microscope under 40X magnification. The length of the extra vein was measured and quantified using ImageJ software⁴⁴. Statistical comparison of wing vein length was performed using ANOVA with Dunnett's test for multiple comparisons.

Since $KDM6B^{\Delta JmJC}$ and pathogenic PAVs cannot induce GoF effects in either assay (i.e. no lethality and no extra vein protrusion), only PAVs that showed effects on both GoF assays were interpreted as functionally disruptive.

Results

The spectrum of identified KDM6B variants

To define the clinical and molecular spectrum of the *KDM6B*-related neurodevelopmental disorder, we summarized clinical and genetic information from 85 individuals presenting with a NDD with rare heterozygous (mostly *de novo*) variants in *KDM6B*. When combined with the previously reported 12 individuals¹⁰, the total cohort of 97 individuals included information about 81 unique variants in *KDM6B* (**Figure 1**). The vast majority of variants are present in a single individual, with only seven variants (three nonsense, three frameshifts and one in-frame indel) being recurrent in two or three unrelated individuals (as *de novo* and/or inherited). The variants included 60 PTVs (32 frameshift, 21 nonsense, and 7 canonical splicing variants) and 21 PAVs, including 18 missense variants and 3 in-frame indels. Based on ACMG guidelines, all PTVs (n=60) were classified as likely pathogenic (**Figure 1**). For PAVs (n=21), classification was refined with protein structure data and functional analysis in *Drosophila* models with 11 being classified as (likely) pathogenic and 10 as VUS (see below).

Predicted effect of PAVs on 3D protein structure

KDM6B has two known functional domains, the JmJC domain (p.1157–1485), which is required for the enzymatic activity of the protein (demethylating H3K27me3/2) and a Zn-containing domain (p.1563–1620). The Zn-containing domain is structurally similar to GATA-type zinc fingers, but, unlike zinc fingers, it is responsible for the specific binding to the H3 tail⁶. The interaction between the Zn-domain and H3 ensures the specificity of *KDM6B* to demethylate H3K27. Adjacent to the Zn-containing and JmJC domains, there are two linker regions (p.1490–1558 and p.1623–1635) that interact with and are predicted to stabilize the domains⁶. While PTVs are scattered throughout the gene (including the last and penultimate exons) (corrected

p value = 1 for clustering), 18 of 21 identified PAVs significantly cluster at the C-terminus of the protein, in or near the JmJC and Zn-containing domains (**Figure 1B**) (corrected p value = 2.0×10^{-6}), at positions that are predicted to be intolerant to missense variation (**Figure S1**). The remaining 3 PAVs (c.283G>A p.(Gly95Ser); c.1264G>A p.(Ala422Thr); c.1645_1650del p.(Pro549_Thr550del)) are located outside of the defined KDM6B protein structure: c.1264G>A p.(Ala422Thr) and c.1645_1650del p.(Pro549_Thr550del) are located in a disordered (without structure) region of the protein, without known functions, while p.(Gly95Ser) is located in the tetratricopeptide repeat (TPR) domain (predicted based on sequence with AlphaFold model and amino acid homology with other TPR domains), whose function in KDM6B is currently also unknown.

Available KDM6B and KDM6A protein structures for the C-terminal region spanning amino acids 1147-1640^{6,31} were used to predict the effect of PAVs on KDM6B function. Of the 21 identified KDM6B PAVs, 18 are located in this region of the protein, allowing for prediction of the effect of each amino acid substitution on protein function. Based on the analysis, 16 of the PAVs are predicted to have a disruptive effect on KDM6B protein structure: nine variants are predicted to disrupt the JmJC domain structure or active site; three PAVs are predicted to disrupt the Zn-containing domain structure or H3 binding; and four stabilizing domain variants were predicted to have a significant impact on the structure of the linker or local structure of the C-terminal region, while the remaining two stabilizing linker variants (c.3444T>G p.(Asn1148Lys) and c.4895A>G p.(Asp1632Gly)) are predicted to have a minimal effect (**Figure 2A**). **Table S3** contains a detailed description of the structural predictions (in addition to ACMG classification) for all 21 *KDM6B* PAVs.

Experimental testing of KDM6B PAVs using a dual Drosophila Gain of Function assay

A robust dual GoF assay using *Drosophila melanogaster* was developed to experimentally assess the damaging effect of *KDM6B* PAVs on protein function. A *UAS-KDM6B^{ref}* transgene was generated which revealed that overexpression of human KDM6B in different tissues in flies can induce highly consistent GoF phenotypes. Expression of *UAS-KDM6B^{ref}* with the ubiquitous *Actin-Gal4* driver results in lethality, while expression in the wing with *MS1096-Gal4* results in the formation of an extra vein protruding into the third posterior cell (**Figure 2B**). Overexpression of KDM6B mutants lacking the enzymatic JmJC domain (KDM6B Δ JmJC) and/or the Zn-containing domain (KDM6B Δ Zndom) did not induce lethality or the formation of an extra wing vein. This demonstrates that these GoF phenotypes can be used to detect loss-of-function related to absence of KDM6B enzymatic activity (mediated by the JmJC domain), and/or histone binding (mediated

by the Zn-containing domain). In contrast, expression of a *KDM6B* construct with a deletion of the entire N-terminal region of the protein (*KDM6B*^{ΔNterm}) was able to induce lethality (similar to *KDM6B*^{ref}), and extra wing vein formation was only mildly reduced when compared to the *KDM6B* reference protein. This shows that our GoF assay can robustly assess *KDM6B* functionality related to the C-terminal portion of the protein including the JmJC domain and the Zn-containing domain, while the role of the *KDM6B* N-terminal region is either dispensable or cannot be reliably assessed using this assay.

We used our dual GoF assay to assess the functional effects of all 18 identified *KDM6B* PAVs that were present in the C-terminal region of the protein. One benign variant: c.1244C>A p.(Pro415Gln) (*KDM6B*^{P415Q}), was used as a negative control based on a frequent occurrence in the gnomAD database (allele frequency: 3.62e-5)⁵⁶. Expression of *KDM6B*^{P415Q} induced lethality and extra wing vein protrusions similar to *KDM6B*^{ref}, indicating a functional protein as expected (**Figure 2B**). Of the 18 PAVs tested, eight of the nine variants located in the JmJC domain failed to induce the GoF phenotypes or showed significantly reduced magnitude of the phenotypes compared to the controls, indicating a clear loss of *KDM6B* function associated with these variants. Variants located in the Zn-containing domain and the domain stabilizing linkers showed less consistent loss-of-function phenotypes. Variants in the Zn-containing domain showed diverse effects from complete loss of function (c.4724G>C p.(Cys1575Ser)) to reduced function (c.4696C>A p.(Arg1566Ser) and c.4708G>C p.(Glu1570Gln)), or no loss of function (c.4750A>C p.(Asn1584His)). The p.(Glu1570Gln) variant shows only effects on lethality, but not on the wing vein suggesting a different (or mild) effect. Variants in the domain stabilizing linkers showed little effect on *KDM6B* function, with only the wing phenotypes being moderately reduced for some alleles. Importantly, the only JmJC domain variant that did not show loss of *KDM6B* function (c.4254G>T p.(Trp1418Cys)) is predicted to disrupt a interactions with a linker region, and not the JmJC catalytic site (**Figure 2A and Table S3**), which is consistent with the GoF assay results. These data highlight the sensitivity of the JmJC and Zn-containing domain to missense variants and suggest that the stabilizing function of the linkers is more tolerant to missense variation in general.

Taken together, these data provide evidence for 11 *KDM6B* PAVs (found in 12 individuals) to be classified as (likely) pathogenic, based on the ACMG guidelines. The remaining 10 PAVs are classified as VUS, including the untested 3 PAVs located in the *KDM6B* N-terminal region, and 6 alleles that did not show reduced functionality in the dual GoF assay. Details of the ACMG classification for all PAVs are provided in **Table S3**.

The Drosophila KDM6B ortholog Utx is required in neurons for normal cognition and behavior

We aimed to understand the potential fundamental role of KDM6B in the brain using a *Drosophila* loss-of-function model. *Drosophila* has a single ortholog of KDM6A and KDM6B, *Utx*, which is ubiquitously expressed in the fly brain. Germline loss of *Utx* is lethal³⁷, and so RNAi knockdown was used to deplete *Utx* in *Drosophila* memory neurons of the mushroom body (MB). MB-specific RNAi knockdown was achieved using the *R14H06-Gal4* driver line, which is highly specific for post-mitotic MB neurons in the adult and larval fly brain⁴⁵. *Utx* MB knockdown flies were assessed for memory, courtship behavior, activity, and sleep. Two unique *Utx* RNAi lines both caused defects in short- and long-term memory and overall courtship behavior (**Figures 3A and 3B**). In addition, overall daily activity and sleep were affected modestly, with one of two RNAi lines showing significant increase in sleep and a significant reduction in activity (**Figures 3C and 3D**).

The *Drosophila* MB undergoes extensive postmitotic morphological remodeling during fly development, and disruption of these morphogenic processes could underly the observed memory and behavior defects. However, confocal imaging of *Utx* RNAi knockdown flies showed normal morphology (**Figure 3E**) suggesting that *Utx*-dependent memory and behavior defects are not caused by disrupted MB morphogenesis. These findings reflect the broad behavioral effects of the *KDM6B*-haploinsufficiency described in our cohort, confirming a role for this protein family in regulating cognition.

The clinical spectrum of the KDM6B-related NDD

In total, the genetic and functional analyses presented in this study confirmed the likely pathogenic effect of 71 different *KDM6B* variants identified in 85 individuals (**Figure 1A**). For 64/85 (75%) of these individuals, *de novo* occurrence of the variant was demonstrated, but nine of the individuals inherited the variant (five maternal, four paternal) from a mildly affected (DD, learning problems, ASD) or clinically unaffected parent. All variants, their classifications, and their location within the protein are shown in **Figure 1B**.

For comprehensive characterization of the *KDM6B*-related NDD clinical spectrum, we assessed clinical information only from 85 individuals with *KDM6B* variants that we classified as (likely) pathogenic: 73 described in this study and 12 published previously¹⁰. For 16/73 newly identified individuals recruited from large cohort research studies, only limited clinical data were available. Proportional statistics along with detailed clinical information for the individuals with the (likely) pathogenic variants are provided in **Table 1** and **Table S1**, respectively. To focus on the *KDM6B* phenotype, one of 73 individuals was not included in the calculation of the clinical features because of an additional pathogenic variant in *HNRNPU*. As the effects of the identified

VUSs are currently unknown, the clinical characteristics of these individuals are provided separately (**Table S2**) and were not included in the clinical feature description or frequency calculations.

Neurodevelopmental abnormalities were present in all individuals with likely pathogenic *KDM6B* variants. Developmental delay (speech-language, motor, or global) was the most common feature, present in all except two individuals. However, at age ≥ 5 years, when more objective developmental parameters can be assessed, neurodevelopmental problems were less prevalent. Most individuals had intellectual disability (ID), autism spectrum disorder (ASD), or both. The level of ID was mostly mild and was present in 63% of individuals. Importantly, severe ID was reported in only two individuals, with one of the individuals having a second diagnosis due to a pathogenic *HNRNPU* variant (NM_031844.2:c.970A>G p.(Arg324Gly))⁴⁶. ASD was reported in 61% of individuals, and other behavioral problems were reported commonly (60%). A psychotic disorder was present in 20% (4/20) of individuals ≥ 12 years of age.

A significant proportion of the individuals showed various neurological abnormalities, including hypotonia (57%), sleep disturbances (32%), seizures (13%), and movement disorders (24%), including gait abnormalities, dystonia-like movement, spasticity, and hypertonia with toe walking. In several individuals, these movement disorders were the main presenting feature and reason for performing genetic testing. Movement disorders resolved over time in two individuals, while one individual required treatment with botulinum toxin injections due to spasticity. Similarly, in several individuals, severe hypotonia was the main presenting feature, leading to muscle biopsy and/or muscle disorder gene panel sequencing to exclude primary myopathies.

Approximately one third (30%) of individuals with likely pathogenic *KDM6B* variants displayed features of postnatal overgrowth, with tall stature reported in 8% of individuals, and macrocephaly in 26%. Increased weight was reported in 14% of individuals, and 16% (10/63) of individuals had increased birth weight, of whom 7/10 showed overgrowth features later in life. None of the individuals had short stature and the majority have normal growth parameters.

Gastrointestinal issues were common and sometimes severe with a significant impact on the individuals' care. Neonatal feeding difficulties, or gastroesophageal reflux was present in half (51%). For several individuals, severe neonatal feeding difficulties required nasogastric tube feeding or even resulted in admission to neonatal intensive care. Constipation, often chronic, was reported in 18% of individuals and, in some, was the major health concern requiring active treatment and regular follow-ups.

Congenital anomalies of different organ systems were also seen in this cohort. Congenital heart disease affected 13% of individuals. Other congenital abnormalities included cleft lip and/or

palate, affecting 4%, and congenital genitourinary system anomalies, observed in 10% of individuals. Musculoskeletal system and limb abnormalities were relatively common but mild and variable, with cutaneous (II, III and sometimes IV toe) syndactyly reported in 9% of individuals, spine curvature abnormalities in 13%, short fingers and/or toes present in 9%, and broad fingers and hands or broad toes and feet in 20%.

Dysmorphic facial features were noted for most of the individuals (**Figure 4**) and included anteverted nares with depressed nasal bridge, deep-set eyes with down-slanting and narrow palpebral fissures, and prominent forehead. Additionally, some individuals presented with flat face, synophrys, and overfolded helices. Coarse facial features were uncommon and were reported only in four individuals from this study.

KDM6B-related clinical features described by OMIM (Neurodevelopmental disorder with coarse facies and mild distal skeletal abnormalities (MIM: 618505)), were found to be rare in our large cohort with only 4% incidence of coarse facies, and 9% incidence of very mild distal skeletal abnormalities identified. Overall, the phenotype of the affected individuals was extremely variable, without clear genotype-phenotype correlation for PAVs vs. PTVs (**Table 1**), ranging from isolated developmental delay or neuropsychiatric problems with normal IQ to severe NDD associated with severe ID and/or multiple affected organ systems.

Discussion

In this study, we describe the molecular and clinical spectrum of the *KDM6B*-related NDD using a large cohort of individuals possessing heterozygous PTVs and PAVs in *KDM6B*. Analyses of *KDM6B* 3D-protein structure combined with an innovative dual GoF assay in *Drosophila*, proved effective for classifying *KDM6B* PAVs. Pathogenic variants in *KDM6B* result in loss of one allele, likely reducing the enzymatic demethylation function of the protein. Our large cohort analysis redefines the *KDM6B*-related clinical spectrum, which includes ID, ASD, facial dysmorphisms, macrocephaly, various neurological and gastrointestinal problems, congenital anomalies, and a relatively high prevalence of psychotic disorders among adult individuals. The neurodevelopmental phenotype observed in our cohort was recapitulated in a *Drosophila* neuronal knockdown model, confirming a conserved role of this family of histone demethylases in cognition and behavior and providing a system to further elucidate the underlying molecular mechanisms.

Analysis of *KDM6B* protein structure largely explains the effect of the identified PAVs on protein function. The C-terminal region of the protein contains a JmJC and Zn-containing domain in addition to domain-stabilizing linker regions, which are required for normal catalytic activity⁶. According to ACMG variant interpretation guidelines²⁹, pathogenic moderate (PM1) criteria can

be applied for variants located in a functional domain and/or mutational hot-spot. Not surprisingly, pathogenic *de novo* *KDM6B* PAVs significantly cluster at the *KDM6B* C-terminal region (hot-spot), disrupting the catalytic JmJC domain and the Zn-containing domain, which is required for interaction with histones. Therefore, variants located in these regions could result in loss of H3K27 demethylase activity. To test this, we developed a GoF overexpression assay that can detect loss of *KDM6B* function associated with its JmJC and Zn-containing domains. Experimental testing of identified PAVs using this *Drosophila* dual GoF assay confirmed the detrimental effects on *KDM6B* for PAVs occurring in the JmJC domain. However, variable effects were observed for PAVs in the Zn-containing domain and the predicted domain stabilizing linkers. Our assay identified a strong loss-of-function for the p.Cys1575Ser variant, which directly effects a cysteine in the Zn-containing domain that directly interacts with the Zn ion. In contrast, moderate loss-of-function was observed for PAVs predicted to stabilize loops in the Zn-containing domain (p.Arg1566Ser and p.Glu1570Gln), while no loss of function was observed for a PAV present on the surface of the Zn-containing domain that interacts with the domain stabilizing linkers. These results suggests that core amino acids of the domain are more important for protein function than those playing a role in domain stabilization. Indeed, for all four PAVs located in the domain stabilizing linkers, we observed only a minimal (if any) effect on *KDM6B* function. These results raise doubts about the pathogenicity of these variants, which we classify as VUSs. One limitation of our dual GoF assay is that it might be not sensitive to defects in the N-terminal region of the protein as we did not have any clearly pathogenic variant to validate the assay and the N-terminal deletion showed effect only a mild effect on the wing vein phenotype. Since this region of the protein is disordered, it was not possible to classify PAVs near the N-terminus of *KDM6B*. On one hand, N-terminal variants are expected to be benign because this region is mostly disordered, its deletion did affect lethality in our *Drosophila* GoF assay, it does not have a known tertiary structure (except for a short predicted TPR domain), and is predicted to be mostly tolerant to missense variants on a populational level (**Figures 2 and S1**)⁴⁷. However, we cannot exclude that this region is important for the *KDM6B* non-enzymatic activity (e.g. binding to other proteins) and the variants may act by a different mechanism.

Truncating variants in the last and penultimate exons are usually interpreted with caution as they can escape nonsense-mediated decay (NMD), resulting in translation of a truncated protein. In this study, three individuals with likely pathogenic truncating variants predicted to escape NMD were identified, which were predicted to result in a protein lacking the critical (Zn-containing) domain⁵⁰ and predicted to result in functional loss. Supporting this, our GoF assay results show loss of *KDM6B* function due to deletion of the Zn-containing domain (**Figure 2B**).

Individuals with pathogenic *KDM6B* variants display a wide spectrum of symptoms with variable expressivity. Developmental delay was present in almost all individuals being the most common clinical feature. In total, most reported individuals (~90%) had ID, ASD, or both. This highlights that cognitive deficits are the main consistent clinical feature resulting from *KDM6B* pathogenic variants. Other frequent clinical features included behavioral and psychiatric problems, features of overgrowth, neonatal feeding difficulties, constipation, hypotonia, or movement disorders (spasticity, hypertonia, or ataxia). These features occurred in ~20-60% of individuals and showed variable expressivity. Additionally, most of the individuals also presented with some facial dysmorphism, but most of the dysmorphic features are mild and variable among the individuals and the condition does not have a recognizable facial gestalt. Considering highly variable expressivity, it is not surprising that 9/85 (11%) of individuals had a pathogenic variant inherited from a mildly affected or clinically unaffected parent. Taken together, this condition is unlikely to be recognized based on clinical and dysmorphic features alone. This is similar to other conditions recently described where the phenotype including facial dysmorphism is very broad, requiring additional evidence to prove causality^{41,51,52}.

Psychotic disorders were reported in four individuals in our study. While it may seem to be a rare feature, it corresponds to 20% of individuals older than 12 years, an age threshold used because psychotic disorders rarely manifest before that age⁵³. For the same reason, its true frequency may be underestimated, since only a minority (20/85) of the reported individuals are \geq 12 years. These findings are in line with other monogenic NDDs that manifest with DD/ID in childhood and psychotic disorders in adolescence/adulthood, e.g., *SETD1A* (MIM: 611052)⁴¹, *KMT2C* (MIM: 606833)⁵⁴, *SRCAP* (MIM: 611421)⁵¹, and *EHMT1* (MIM: 607001)⁵⁵. Additionally, *de novo* and rare *KDM6B* variants were recently reported to be associated with schizophrenia at false discovery rate $< 5\%$, especially among cases with developmental delay⁵³, thus confirming findings from our individual-based cohort. Psychotic disorders are not only complicated to identify and diagnose in such individuals, but they can also have therapeutic implications, as has been recently shown for Kleefstra syndrome, caused by *EHMT1* haploinsufficiency⁵⁵. Therefore, being aware of such risk is critical for accurately diagnosing and providing appropriate treatment and care for these individuals.

There was no genotype-phenotype correlation observed that could explain the variable expressivity of clinical phenotypes. Even though PAVs had different effect sizes in the *Drosophila* GoF assays, individuals with different *KDM6B* variant types (PAVs or PTVs) did not display clear differences in the phenotype. Therefore, we hypothesized that the main differences are likely explained by other genetic or environmental factors. For example, we have observed a significant

sex bias in the cohort, with $\sim\frac{3}{4}$ of the affected individuals being males. While the gnomAD database⁵⁶, which does not contain individuals with severe pediatric disorders, is depleted of protein truncating variants (pLI=1, LOEUF=0.14), 13 individuals with high quality truncating variants are present, with no sex bias (six females and seven males). These data suggest that the previously described^{57,58} female protective effect is also at play for the *KDM6B* pathogenic variants. It is likely that in addition to genetic background, rare variants in other NDD genes also contribute to this variability^{59,60}, as we have observed for one individual with a severe phenotype with two pathogenic variants (in *KDM6B* and *HNRNPU*) (**Table S2**).

Recently, *KDM6B* was independently described to be significantly enriched with *de novo* variants among $\sim 31,000$ individuals with NDDs⁶¹ and $\sim 11,000$ individuals with ASD¹⁶. These observations prove the causality of pathogenic heterozygous *KDM6B* variants in the development of different NDDs and suggests that they are a common NDD cause. Interestingly, in the study by Satterstrom et al., *KDM6B* is categorized as “ASD predominant” by virtue of having a higher frequency of disruptive *de novo* variants in ASD-ascertained probands than in NDD-ascertained probands¹⁶. However, in our cohort, collected from various sources (including both studies described above) developmental delay is present in almost all individuals, while ASD is present in about two thirds of the individuals. This shows the importance of gathering detailed clinical data to evaluate the findings of meta-analyses conducted by large consortia.

Based on the initial description of 12 individuals with *KDM6B* variants by Stolerman et al.¹⁰, the disorder has been named a “Neurodevelopmental disorder with coarse facies and mild distal skeletal abnormalities” by OMIM (MIM: 618505). However, after analyzing this large cohort of individuals with pathogenic *KDM6B* variants, we see that coarse facies, as well as mild distal skeletal abnormalities, are rare and not typical. As it currently stands, such designation could be misleading to professional and patient communities therefore urgent redefinition is required. Based on the wide array of symptoms caused by pathogenic *KDM6B* variants in our cohort, we propose that the name “*KDM6B*-related NDD” would better describe this condition.

While the literature on the role of *KDM6B* in development is extensive, most studies are limited to cell culture models and often *KDM6B* haploinsufficiency is used as the control condition in these cell culture studies^{62,63}. This suggests that *KDM6B* haploinsufficiency has a limited effect on cell development and differentiation. This is consistent with the low penetrance of developmental/morphological phenotypes observed in our cohort (**Tables 1 and S1**). Our analysis of *Utx* in *Drosophila* memory shows that *Utx* is required for the normal function of adult memory neurons, post development (**Figure 3**). Consistent with this, postnatal knockout of *Kdm6b* in excitatory neurons of mice impairs learning and memory through regulation of dendritic spine

formation in the adult mouse brain⁶⁴. Interestingly, a recent study identified autistic-like behavioral deficits in *Kdm6b* haploinsufficient mice⁶⁵ which seem to replicate some autistic and cognitive features seen on our cohort. Taken together these functional studies suggest that KDM6B-mediated demethylation of H3K27 may have an evolutionarily conserved role in adult brain function, which could underly the primary cognitive deficits observed in our cohort.

There are some limitations in this study. First, the cohort has ascertainment bias toward individuals who were genetically tested for NDDs and likely underrepresents mildly affected individuals. There is evidence that some individuals are mildly affected, for example 13 individuals with *KDM6B* PTVs are present in the gnomAD database that excluded cases with severe pediatric disorders. Additionally, for the majority of the parents with *KDM6B* pathogenic variants, an NDD phenotype (such as speech delay, learning problems, ASD) was reported, but they were not deeply phenotyped and could not be included in the study. However, they likely represent a milder spectrum of the condition. For better representation of the phenotypic spectrum of the *KDM6B*-related NDD and to reduce bias, we recruited a large cohort of individuals from various sources, both diagnostic testing and research cohorts focusing on various phenotypes. Next, even though we used a dual GoF assay, which allowed us to accurately evaluate the effects of multiple PAVs, the assay might be not sensitive to loss of the N-terminal region function, but the role and functions of this region are unknown. Lastly, *Utx* is the only H3K27 demethylase present in flies, with strong homology to both *KDM6B* and *KDM6A*. Behavioral results using a *Utx* knockdown model are, therefore, relevant to both *KDM6A* and *KDM6B*. Disorders cause by mutations in these two genes are both characterized by cognitive deficits, however, there are differences in other clinical phenotypes. As an example, *KDM6A* (MIM: 300128) pathogenic variants result in Kabuki syndrome type 2 (MIM: 300867), with specific facial features and short stature/microcephaly, while *KDM6B*-related NDD is associated with overgrowth⁶⁶. It is unclear whether the different clinical effect of KDM6A and KDM6B are due to different molecular functions of the two proteins, or different expression during human development. There is evidence that *KDM6A* and *KDM6B* have some redundancy, but also have unique roles, and differing expression patterns have been observed for the two genes. A recent study found that in the adult mouse brain *Kdm6b* is specifically expressed in neurons, while *Kdm6a* is expressed in neurons and different types of glia⁶⁴. While the expression patterns of the two are not well studied in humans, the detailed analysis of mouse expression suggests that clinical differences (for example high prevalence of ASD in our cohort, but not in individuals with *KDM6A* pathogenic variants) may arise from differing expression patterns. It will be interesting to compare future functional analysis of mouse *Kdm6a*, *Kdm6b*, and

fly *Utx* in the context of cognitive function to understand the true level of redundancy and evolutionary conservation in the brain.

Our study demonstrates the critical importance of international collaboration, sharing of genomic data, and rigorous functional analysis of genetic variants for an unbiased, accurate, and comprehensive definition of rare genetic disorders. Clinically, the *KDM6B*-related NDD is a neurodevelopmental disorder characterized by cognitive defects with broad clinical features of variable expressivity, requiring a molecular diagnosis.

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Declarations of Interest

S.W.S. is a scientific consultant of Population Bio and the King Abdullaziz University, and Athena Diagnostics has licensed intellectual property from his work held by the Hospital for Sick Children, Toronto. All other authors declare they have no competing interests.

Data and Materials Availability:

All data are available in the main text or the supplemental materials. All identified variants and their classification are submitted to ClinVar (accession numbers: SCV002570417 - SCV002570487)

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Figures Legends

Figure 1. Overview of the study design and the identified *KDM6B* variants.

(A) Schematic illustration of the study design. (B) *KDM6B* variants, and their positions, identified in independent families. JmJC = Jumonji C domain; Zn=Zinc; PTV = protein truncating (nonsense, frameshift, canonical splice) variants; PAV = protein altering (missense and in-frame indel) variants

Figure 2. Analysis of *KDM6B* PAVs using protein 3D structure analysis and a dual *Drosophila* gain-of-function assay.

(A) KDM6B fragment (PDB: 5OY3, p.1157-1639) bound to the H3 tail fragment (p.17-33). The JmJC domain is shown in cyan with 2-oxoglutaric acid (purple) bound with an Fe ion (magenta) which are necessary for the enzymatic demethylation of H3K27. The Zn-containing domain is shown in blue with Zn ion (magenta). Two out of three JmJC and Zn-containing domain stabilizing linkers are also visible in the structure (orange). The H3 tail with K27 residue positioned into the active center of the JmJC domain is shown in yellow. Amino acids affected by missense or in-frame indels are shown as balls (pathogenic – red, VUS – grey), affecting all shown domains, as well as binding to H3 tail (see **Table S3** for more details on specific variants). (B) A dual *Drosophila* gain-of-function assay was used to assess the disruptive potential of *KDM6B* PAVs. Ubiquitous overexpression (left) of *KDM6B*^{ref} using the UAS/Gal4 system results in complete lethality. Percent lethality assessed for *KDM6B*^{ΔNterm}, *KDM6B*^{ΔJmJC}, *KDM6B*^{ΔZndom}, *KDM6B*^{P415Q} as a benign control, and 18 *KDM6B* variants were compared to *KDM6B*^{ref} (Chi-squared test). N=50-230 flies for each genotype, data are represented as mean ± 95% confidence interval. Wing-specific overexpression (right) of *KDM6B*^{ref} in the fly wings results in the formation of an extra vein protruding off the L5 vein. The length of the extra vein was compared to *KDM6B*^{ref} (Dunnet's test). N = 18-35 flies for each sample, data are represented as mean ± SEM. PAVs are colored based on the domain (JmJC – cyan, Zn-containing – Blue, Stabilizing linkers – Orange; no domain – white, same as in Figure 1B and 2A). ** p<0.01, *** p<0.0001.

Figure 3. The *Drosophila KDM6B* ortholog, *Utx*, is required in neurons for normal memory and behavior.

(A) Short term (STM) and long term (LTM) courtship memory was assessed upon MB-specific expression (*R14H06-Gal4*) of two independent *Utx* RNAi lines (*Utx^{RNAi1}* and *Utx^{RNAi2}*) and their genetic controls (control 1 and control 2). Boxplots show the distribution of courtship indices (CI) for naïve (N) and trained (T) male flies aged 5 days. Memory was observed when a significant reduction in CI occurred between naïve and trained conditions of the same genotype (Kruskal Wallis Test). All controls show a significant reduction in courtship in trained vs naïve groups, while *Utx* RNAi knockdown flies did not. At least 30 flies were tested per condition. (B) Naïve courting behavior was pooled from short- and long-term memory assays and compared between MB-specific *Utx* RNAi knockdown flies and their genetic controls. At least 60 male flies aged 5 days were tested. MB specific *Utx* RNAi knockdown caused reduced daily activity (C) and increased sleep (D) compared to genetic controls, but these differences were only significant for *Utx^{RNAi1}* (t-test). N=32 flies for each genotype. (E) No morphological defects were found following MB specific knockdown of *Utx* compared to their genetic controls. MB morphology was consistent in at least 10 brains for each genotype. Scale bar= 50 μ m. Data is represented as mean \pm SEM. * $p < 0.05$, ** $p < 0.01$, *** $p < 0.0001$.

Figure 4. Photos of individuals with identified *KDM6B* variants.

Individuals with (likely) pathogenic variants are shown in the red box above, and those with a VUS are shown in the grey box.

Tables

Table 1. Main clinical features among individuals with (likely) pathogenic *KDM6B* variants.

Feature	PTVs N=73 ^a	PAVs N=12	P value (PTVs vs. PAVs)	Total N=85 ^a (%)
Sex (Males/Total)	51/72	10/12	0.50	61/84 (73%)
Growth				
Increased birth weight [$>2SD$]	10/50	0/8	0.33	10/58 (17%)
Increased weight [$>2SD$]	9/56	0/8	0.59	9/64 (14%)
Tall stature [$>2SD$]	5/58	0/8	1.0	5/66 (8%)
Macrocephaly [$>2SD$]	15/57	2/8	1.0	17/65 (26%)
At least one feature of overgrowth	18/59	3/10	1.0	21/69 (30%)
Neurodevelopmental and psychiatric issues				
Language/speech delay	63/66	9/11	0.15	72/77 (94%)
Motor delay	56/63	10/11	1.0	66/74 (89%)
ID or learning problems	37/56	3/8	0.14	40/64 (63%)
ASD	38/65	8/11	0.51	46/76 (61%)
Behavior problems, non-ASD	40/65	4/8	0.70	44/73 (60%)
Psychotic disorders [≥ 12 y.o.]	4/18	0/2	1.0	4/20 (20%)
Neurological issues				
Seizures	9/62	0/7	0.58	9/69 (13%)
Sleep disturbances	21/59	0/7	0.09	21/66 (32%)
Movement disorder/ gait disturbances/hypertonia/ataxia	15/59	1/8	0.67	16/67 (24%)
Hypotonia	36/63	4/6	1.0	40/70 (57%)
Gastrointestinal issues				
Neonatal feeding difficulties or gastroesophageal reflux	29/58	4/7	1.0	33/65 (51%)
Constipation	10/55	1/6	1.0	11/61 (18%)
Congenital anomalies				
Congenital heart disease	8/57	0/7	0.58	8/64 (13%)
Cleft lip/palate/uvula	1/60	2/7	0.03 ^b	3/67 (4%)
Genitourinary abnormalities	6/55	0/7	1.0	6/62 (10%)
Musculoskeletal and limb abnormalities				
Joint hypermobility	24/56	2/6	1.0	26/62 (42%)
Scoliosis/kyphosis/lordosis	8/57	0/7	0.58	8/64 (13%)
Syndactyly	4/58	2/8	0.15	6/66 (9%)

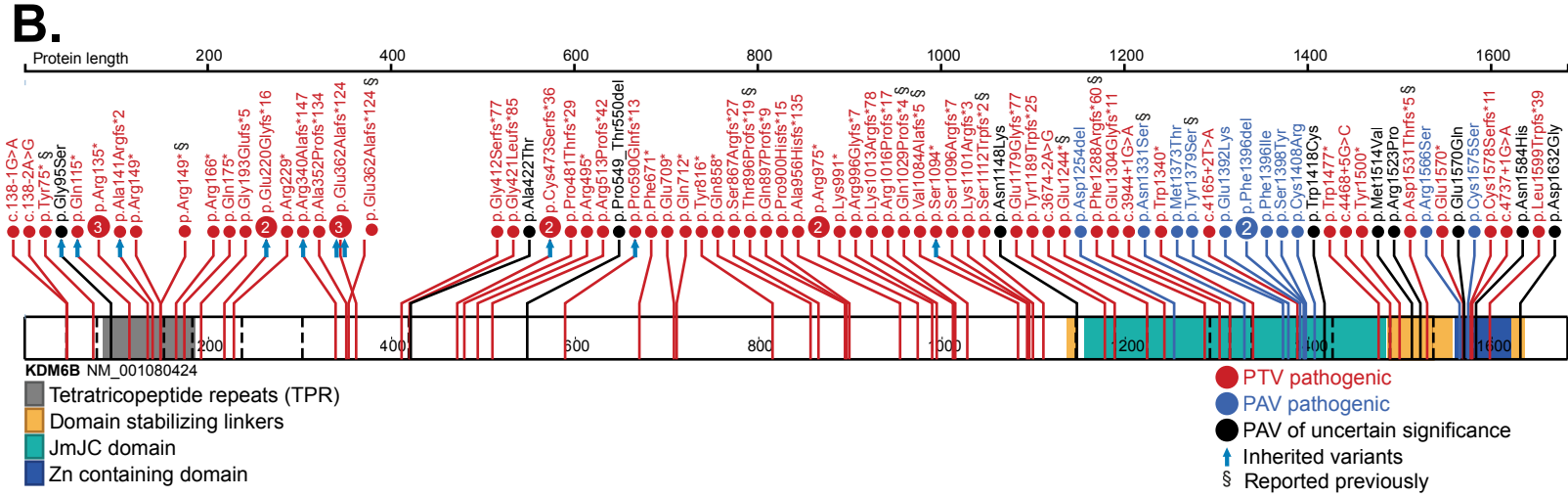
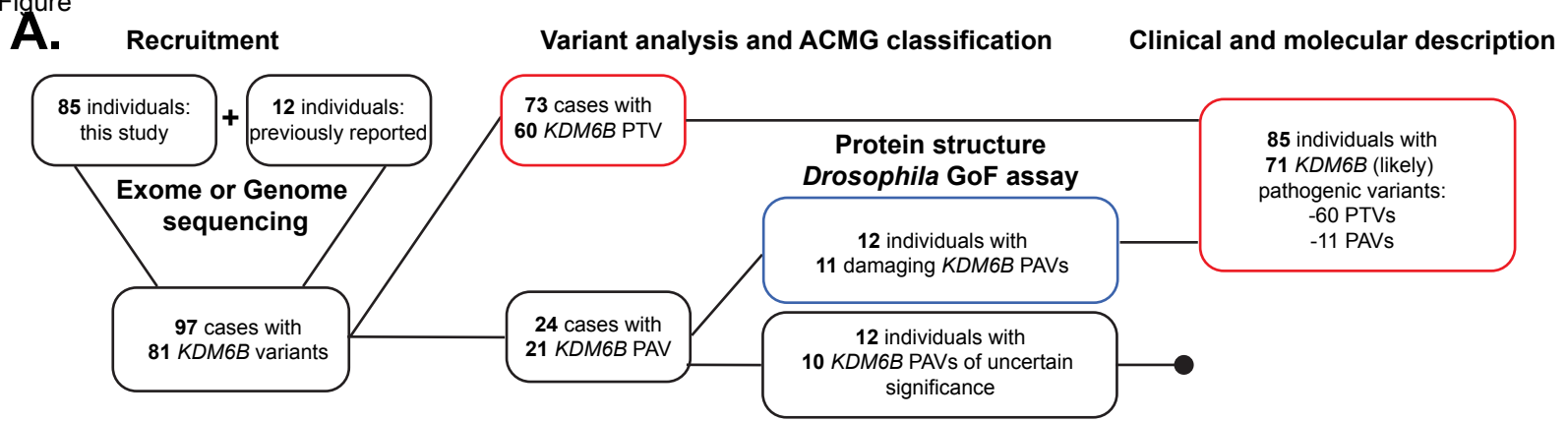
Short fingers or toes	6/57	0/7	1.0	6/64 (9%)
Broad fingers/fingertips/hands/toes/feet	12/58	1/7	1.0	13/65 (20%)
Sensory issues				
Myopia/Amblyopia	20/54	0/7	0.08	20/61 (33%)
Strabismus	8/57	0/7	0.58	8/64 (13%)
Hearing loss	1/55	0/7	1.0	1/62 (2%)
Recurrent ear infections	7/54	0/5	1.0	7/59 (12%)

PTVs = protein truncating variants; PAVs = protein altering variants (only (likely) pathogenic variants included); ID – intellectual disability; ASD – autism spectrum disorder; SD – standard deviation

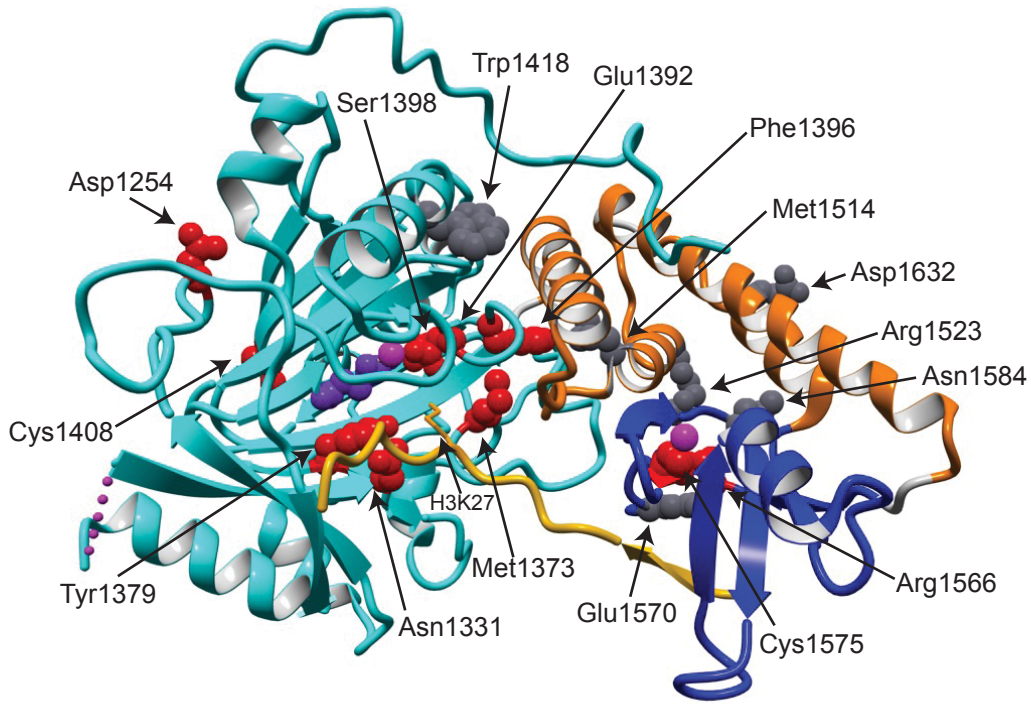
^a Single individual with a second pathogenic variant in *HNRNPU* gene was not included in the calculations.

^b Not significant after correction for multiple testing.

Figure



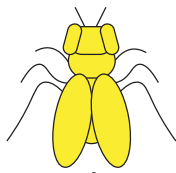
Figure



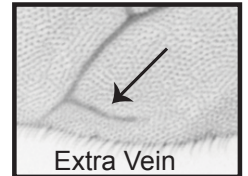
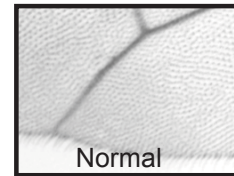
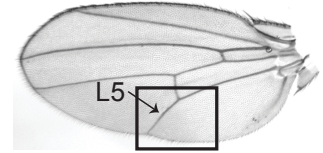
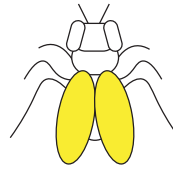
B.

Ubiquitous Overexpression

Wing Specific Overexpression



% Lethality



Normal

Extra Vein

