



# Variable Effects of Exposure to Formulated Microbicides on Antibiotic Susceptibility in Firmicutes and Proteobacteria

DOI:  
[10.1128/AEM.00701-16](https://doi.org/10.1128/AEM.00701-16)

**Document Version**  
Accepted author manuscript

[Link to publication record in Manchester Research Explorer](#)

## Citation for published version (APA):

Forbes, S., Knight, C., Cowley, N., Amézquita, A., McClure, P., Humphreys, G., & Mcbain, A. (2016). Variable Effects of Exposure to Formulated Microbicides on Antibiotic Susceptibility in Firmicutes and Proteobacteria. *Applied and Environmental Microbiology|A E M*, 82(12), 3591-3598. <https://doi.org/10.1128/AEM.00701-16>

**Published in:**  
*Applied and Environmental Microbiology|A E M*

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1 **Variable Effects of Exposure to Formulated**  
2 **Microbicides on Antibiotic Susceptibility in**  
3 **Firmicutes and Proteobacteria**

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5  
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17 Key words Microbicides, biocides, antibiotics, susceptibility, resistance, formulation.

18 Running title: Antibiotic susceptibility following exposure to microbicides  
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33 **ABSTRACT**

34 Microbicides are broad-spectrum antimicrobial agents that generally interact with multiple  
35 pharmacological targets. Whilst they are widely deployed in disinfectant, antiseptic and  
36 preservative formulations, data relating to their potential to select for microbicide or antibiotic  
37 resistance have been generated mainly by testing the compounds in much simpler aqueous  
38 solutions. In the current investigation, antibiotic susceptibility was determined for bacteria  
39 that had previously exhibited decreased microbicide susceptibility following repeated  
40 exposure to microbicides either in formulation with sequestrants and surfactants or in simple  
41 aqueous solution. Statistically significant increases in antibiotic susceptibility occurred  
42 for 12% of bacteria after exposure to microbicides in formulation *vs* 20% after exposure to  
43 aqueous solutions, whilst 22% became significantly less susceptible to the antibiotics,  
44 regardless of formulation. Of the combinations of bacterium and antibiotic for which British  
45 Society for Antimicrobial Chemotherapy breakpoints are available, none became resistant.  
46 Linear modeling, taking into account phylogeny, microbicide, antibiotic and formulation  
47 identified small but significant effects of formulation that varied depending on bacterium and  
48 microbicide. Adaptation to formulated benzalkonium chloride in particular was more likely to  
49 increase antibiotic susceptibility than the simple aqueous solution. In conclusion, bacterial  
50 adaptation through repeated microbicide-exposure was associated with both increases and  
51 decreases in antibiotic susceptibility. Formulation of the microbicide to which the bacteria had  
52 previously adapted had an identifiable effect on antibiotic susceptibility but this was typically  
53 small relative to the differences observed among microbicides. Susceptibility changes  
54 resulting in resistance were not observed.

55

56 **IMPORTANCE**

57 The safety of certain microbicide applications has been questioned due to the possibility microbicide  
58 exposure could select for microbicide and antibiotic resistance. Evidence that this may happen is based  
59 mainly on *in vitro* experiments where bacteria have been exposed to microbicides in aqueous solution.  
60 Microbicides are however normally deployed in products formulated with surfactants, sequestrants  
61 and other compounds. Whilst this may influence the frequency and extent of susceptibility changes,  
62 few reports in the literature have assessed this. In the current investigation therefore we have  
63 investigated changes in antibiotic susceptibility in bacteria, which exhibited decreased microbicide  
64 susceptibility following repeated exposure to microbicides in simple aqueous solutions and in  
65 formulation. We report that microbicide formulation had an identifiable effect on antibiotic  
66 susceptibility but this was typically small relative to the differences observed among microbicides.  
67 Susceptibility changes resulting in resistance were not observed.

68

69

70 **INTRODUCTION**

71 Microbicides are broad-spectrum antimicrobial compounds that are widely deployed to  
72 control the growth of microorganisms or eliminate them. Applications include the control of  
73 biofouling and microbial contamination in industry (1) as well as clinical antiseptics (2-4).  
74 They are also used extensively in the domestic environment as hygiene adjuncts and  
75 preservatives in a range of formulations including oral care products (5), hand sanitizers (6)  
76 and hard surface cleaners (7).

77 The safety of certain microbicide applications has been questioned due to the possibility that  
78 long-term microbicide exposure could select for reduced antimicrobial susceptibility in  
79 bacteria (8-10). Reduced microbicide susceptibility has been reported for some combinations  
80 of bacterium and microbicide (11) and changes in bacterial susceptibility to chemically  
81 unrelated antimicrobials such as antibiotics or other microbicides have been reported  
82 following laboratory microbicide exposure (12, 13). The mechanisms involved in such cross-  
83 resistance include selection for mutations in shared cellular target sites, upregulation of efflux  
84 pumps (14), reductions in cell permeability (15) and in some cases, sporulation (16).

85 Evidence that microbicides can select for reduced microbicide susceptibility in the  
86 environment is limited, with the majority of reports relating to *in vitro* exposure (17).  
87 Similarly, little evidence has emerged to firmly link microbicide/antibiotic cross-resistance to  
88 microbicide use (18-21). The majority of studies aiming to better understand the potential  
89 risks of resistance through microbicide exposure have exposed bacteria to microbicides in  
90 aqueous solution with or without the addition of co-solvents such as dimethyl sulfoxide (22)  
91 or ethanol (23). In real use however, microbicides are deployed in products formulated with  
92 surfactants, sequestrants and other compounds that can interact with cellular targets to  
93 influence antimicrobial potency. As previously reported, such formulation can decrease the  
94 frequency and extent of the acquisition of reduced microbicide susceptibility in bacteria (24).

95 Accordingly, evaluating the effects of bacterial exposure to microbicides within a formulation  
96 chassis containing surfactants and sequestrants may generate more realistic data on which to  
97 base risk assessments on the induction of changes in bacterial susceptibility. In the current  
98 investigation we have therefore assessed changes in antibiotic susceptibility in bacteria which  
99 have previously exhibited decreases in microbicide susceptibility following repeated exposure  
100 to a range of microbicides in simple aqueous solutions and in formulations containing  
101 commonly used non-ionic surfactants and sequestrants (24). The microbicides tested reflect  
102 those frequently used in consumer products such as laundry detergents, hard surface  
103 disinfectants and personal care products. The antibiotics were selected on the basis of their  
104 common therapeutic use and their inclusion in a US investigation of links between domestic  
105 microbicide use and antibiotic resistance (25).

## 106 MATERIALS AND METHODS

107 **Bacteria.** *Pseudomonas aeruginosa* ATCC 9027, *Staphylococcus aureus* ATCC 6538,  
108 and *Escherichia coli* ATCC 25922 were obtained from Oxoid (Basingstoke, United  
109 Kingdom). *Acinetobacter baumannii* MBRG15.1, *Pseudomonas putida* MBRG15.2,  
110 *Escherichia coli* MBRG15.4 and *Cronobacter sakazakii* MBRG15.5, were isolated from a  
111 domestic kitchen drain biofilm. *Enterococcus faecalis* MRBG15.6 is a wound isolate provided  
112 by Angela Oates, The University of Manchester.

113 **Chemicals reagents and growth media.** Bacteriological growth media were  
114 purchased from Oxoid (Basingstoke, United Kingdom). All other chemical reagents were  
115 purchased from Sigma-Aldrich (Dorset, United Kingdom) unless otherwise stated. Bacterial  
116 growth media were sterilized at 121°C and 15 lb/in<sup>2</sup> for 15 min prior to use. *Pseudomonas*  
117 *aeruginosa*, *Staphylococcus aureus*, *Escherichia coli*, and *Enterococcus faecalis* were  
118 cultured on Tryptone Soy agar and broth. *Acinetobacter baumannii*, *Pseudomonas putida* and

119 *Cronobacter sakazakii* were grown on Wilkins Chalgren agar and broth containing 2%  
120 sucrose. All bacteria were incubated aerobically at 37°C for 18 h unless stated otherwise.

121 **Antimicrobials.** The microbicides benzalkonium chloride (BAC), chlorhexidine  
122 digluconate (CHX 20% v/v), thymol and triclosan were purchased from Sigma-Aldrich  
123 (Dorset, UK). Didecylmethyl ammonium chloride (DDAC 50% v/v) was purchased from  
124 Merck Millipore (Durham, UK). Vantocil (a 20% v/v aqueous solution of polyhexamethylene  
125 biguanide (PHMB) was obtained from Arch Chemicals Inc. (Manchester, UK). Glydant (1,3-  
126 Dimethylol-5,5-dimethylhydantoin; DMDM hydantoin at 54% v/v) was obtained from Lonza  
127 (Bishops Stortford, UK) whilst benzisothiazolinone (BIT) was supplied by Unilever (Port  
128 Sunlight, UK). All microbicides were prepared in aqueous solution or added to a microbicide-  
129 free formulation chassis containing sequestrants and surfactants as previously described (24),  
130 at concentrations reflective of their normal deployment in consumer products. BAC, CHX,  
131 DDAC, DMDM hydantoin, PHMB and thymol were prepared at 1% (v/v) in a general  
132 purpose cleaner. Triclosan was added to a laundry detergent at 0.0066% (w/v).  
133 Benzisothiazolinone was formulated into a laundry detergent at 0.02% (v/v). Ampicillin  
134 (10µg), cephalothin (20µg), ciprofloxacin (1µg), kanamycin (5µg) and tetracycline (10µg)  
135 antibiotic discs were obtained from Oxoid (Basingstoke, UK).

136 **16S rRNA gene sequencing.** Single bacterial colonies were dispersed in 100µl of  
137 nanopure water, vortexed for 30 sec. and boiled at 100°C for 15min. to lyse cells.  
138 Microcentrifuge tubes were centrifuged at 16, 000 x g for 1 min to remove cellular debris and  
139 the resulting supernatant was retained as DNA template. PCR was performed using the  
140 primers 8FLP (5'-GAG TTT GAT CCT GGS TCA G-3') and 806R (5'-GGA CTA CCA  
141 GGG TAT CTA AT-3') at 5µM per reaction. PCR was conducted using a Biometra  
142 TGradient thermocycler (Analytik Jena, Germany) and run for 35 thermal cycles: 94°C (1  
143 min), 53°C (1 min) and 72°C (1min). A 15 min. elongation step was included in the final

144 cycle. PCR products were purified using a QIAquick PCR purification kit (Qiagen, West  
145 Sussex, UK) according to manufacturer's instructions and the resulting DNA yield was  
146 quantified using a NanoDrop 2000c UV-vis spectrophotometer (Thermo Scientific,  
147 Wilmington, USA). A reaction mixture containing 4pM forward or reverse primer and 40-  
148 50ng of DNA in 10µl total volume was used for DNA sequencing. DNA sequencing was  
149 performed using the Applied Biosystems 3730 DNA Analyzer (ThermoFisher, Paisley, UK).

150 **Microbicide exposure in aqueous solution and formulation.** A system previously  
151 validated as highly selective for changes in antimicrobial susceptibility (26, 27) was used.  
152 Reproducible *c.* 100-fold-concentration gradients of the antimicrobial compounds were  
153 generated on Tryptone Soy or Wilkins Chalgren agar plates using an automated spiral plater  
154 (Don Whitley Scientific, Shipley, United Kingdom). Antimicrobials in aqueous solution or in  
155 formulation (50µl) were deposited on the agar surface. Plates were dried for 1h at room  
156 temperature prior to radial deposition of bacterial pure cultures and then incubated (4d; 37°C)  
157 in an aerobic incubator. After incubation, growth observed at the highest microbicide  
158 concentration was aseptically removed and streaked onto a fresh plate containing the same  
159 antimicrobial compound concentration gradient. Where growth was observed across the  
160 whole antimicrobial gradient, a new plate produced with a 5-fold-higher microbicide  
161 concentration was used. This process was repeated until 14 passages had occurred (P14).  
162 Bacteria at P0 and P14 were archived for subsequent susceptibility testing.

163 **Determination of antibiotic susceptibility.** Bacteria showing  $\geq 4$ -fold increases in  
164 minimum bactericidal concentration (MBC) after microbicide/formulation exposure were  
165 investigated for changes in antibiotic susceptibility. Antibiotic susceptibilities were  
166 determined for ciprofloxacin (1µg), cephalothin (20µg), ampicillin (10µg), kanamycin (5µg)  
167 and tetracycline (10µg). Disc diffusion assays were performed according to the British

168 Society for Antimicrobial Chemotherapy (BSAC) disc diffusion method for antimicrobial  
169 susceptibility testing (28).

170 **Statistical analyses.** Antibiotic zone of inhibition sizes were compared before and  
171 after adaptation to microbicides using Mann-Whitney U tests and in the cross-resistance  
172 assays using linear mixed effect models (LMMs). LMMs were required to simultaneously  
173 compare and account for the effects on the inhibition zone of: a) microbicidal environment to  
174 which the bacterium was adapted, b) the antibiotic against which it was tested and c) the  
175 interaction of microbicidal environment and antibiotic (each fitted as fixed effects) plus d) the  
176 different bacteria (fitted as a random effect), allowing the variation among bacteria to differ  
177 for different antibiotics. Initial models with this structure violated the statistical assumptions  
178 of normality of residuals and homogeneity of variance. Box-Cox transformation indicated that  
179 a transformation with a power of 0.5 (square root) was approximately optimal to address the  
180 non-normality and was therefore used. A wide range of different models accounting for non-  
181 homogeneity of variance in response to different variables was tested. Models allowing  
182 different variances for different bacteria and different variances for different microbicidal  
183 environments were superior to all others tested (lowest Akaike information criterion). To  
184 account for the fact that closely related bacteria are likely to respond more similarly than  
185 others just through having a more recent common ancestor, a correlation term was included  
186 based on the 16S-based phylogenetic tree of the strains used. Testing different weightings on  
187 this correlation term (Pagel's  $\lambda$  (29)) determined that a Brownian model (i.e. Pagel's  $\lambda = 1$ )  
188 was best. In addition, a LMM was fitted for the subset of data involving microbicides where  
189 bacteria were tested that had adapted to both formulated and unformulated versions of the  
190 microbicidal environment. In this case, accounting for non-homogenous variance was best  
191 done by allowing different variances for different microbicidal environments and for variance  
192 to increase at higher values according to the formula  $e^{(0.65 * \text{zone of clearance value})}$ . All models were

193 fitted using the NLME package (Version 3.1) (30) in R version 3.2 (31) with phylogenetic  
194 correlation structures created using the APE package (version 3.3) (32). Where p-values are  
195 not explicitly given, statistical significance was deemed to be  $p < 0.05$ .

## 196 RESULTS

197 After exposure to microbicides in simple aqueous solution, out of 90 possible combinations of  
198 bacterium and antibiotic, 22% significantly ( $P < 0.05$ ) reduced in antibiotic susceptibility (8%  
199 towards ciprofloxacin, 6% to ampicillin, 4% to kanamycin, 2% to tetracycline and 2% to  
200 cephalothin). In comparison, 20% significantly increased in antibiotic susceptibility (6%  
201 towards ciprofloxacin, 4% to kanamycin, 4% to tetracycline, 3% to cephalothin and 2% to  
202 ampicillin). After exposure to the formulated microbicides, out of 50 possible combinations of  
203 bacterium and antibiotic, 22% significantly decreased in antibiotic susceptibility (6%  
204 ciprofloxacin, 6% kanamycin, 4% cephalothin and 4% tetracycline and 2% ampicillin). In  
205 comparison, 12% significantly increased in antibiotic susceptibility (8% ciprofloxacin 2%  
206 kanamycin and 2% tetracycline). Importantly, whilst statistically significant increases and  
207 decreases in antibiotic susceptibility occurred, generation of resistance as defined by BSAC  
208 breakpoints was not observed in any previously susceptible bacterium.

209 The frequency of reduction in antibiotic susceptibility was highest in organisms exhibiting  
210 previously reduced susceptibility towards DMDM hydantoin (80%), followed by BAC, CHX,  
211 DDAC (20%), triclosan (20%) and PHMB (16%). Bacteria with reduced susceptibility to  
212 triclosan showed the highest frequency of increased antibiotic susceptibility (45%), followed  
213 by CHX (30%), DDAC (27%), DMDM hydantoin (20%) and PHMB (4%). In comparison,  
214 after exposure to the formulations, 27% of thymol formulation and 20% of DDAC  
215 formulation-adapted isolates exhibited increased antibiotic susceptibility, whilst 40% of  
216 DDAC formulation, 33% of thymol formulation, 10% of BAC formulation and 7% of PHMB

217 formulation-adapted bacteria had significantly decreased antibiotic susceptibility. The  
218 following section details the effects of each microbicide on antibiotic susceptibility.

219 **Benzalkonium chloride.** When comparing unexposed to BAC-adapted organisms  
220 there was a significant decrease in susceptibility of *S. aureus* to ciprofloxacin and kanamycin  
221 (Table 1). *E. coli* also showed a significant reduction in kanamycin susceptibility after  
222 exposure to BAC. After repeated exposure to BAC formulation *S. aureus* showed a  
223 significantly decreased susceptibility to ciprofloxacin (Table 1).

224 **Chlorhexidine.** *S. aureus* showed a significant decrease in susceptibility to ampicillin  
225 and ciprofloxacin after CHX exposure as well as an increase in susceptibility to tetracycline  
226 (Table 1). *E. coli* demonstrated increased susceptibility to ciprofloxacin and ampicillin after  
227 repeated exposure to chlorhexidine.

228 **Didecydimethyl ammonium chloride.** After exposure to DDAC, *A. baumannii*  
229 showed a significant increase in susceptibility to ciprofloxacin and kanamycin and decreased  
230 susceptibility to tetracycline when compared to the bacterium before microbicide exposure  
231 (Table 1). Increased susceptibility to ciprofloxacin, kanamycin and cephalothin was observed  
232 for the *E. coli* drain isolate, whilst a significant reduction in tetracycline susceptibility was  
233 also evident in this bacterium. After exposure to DDAC in formulation, the *E. coli* drain  
234 isolate underwent a significant reduction in kanamycin, cephalothin, tetracycline and  
235 ampicillin susceptibility, and an increase in susceptibility to ciprofloxacin. *P. aeruginosa*  
236 showed a significant increase in ciprofloxacin susceptibility after long-term exposure to  
237 DDAC formulation (Table 1).

238 **DMDM hydantoin.** After repeated exposure to DMDM hydantoin the *E. coli* drain  
239 isolate demonstrated a significant reduction in ciprofloxacin, kanamycin, cephalothin and  
240 ampicillin susceptibility and an increase in tetracycline susceptibility when compared to its  
241 pre-exposed counterpart (Table 1).

242           **Polyhexamethylene biguanide.** Following adaptation to PHMB, the *E. coli* drain  
243 isolate exhibited a decrease in kanamycin and ciprofloxacin susceptibility (Table 1). *S. aureus*  
244 developed a significantly reduced susceptibility to ampicillin and ciprofloxacin after repeated  
245 PHMB exposure but higher tetracycline susceptibility when compared to the unexposed  
246 parent strain. After exposure to PHMB formulation *S. aureus* also showed a significant  
247 reduction in ciprofloxacin susceptibility.

248           **Thymol.** None of the test bacteria demonstrated a significant change in antibiotic  
249 susceptibility after exposure to thymol in aqueous solution. Following exposure to the  
250 thymol-containing formulation however, *P. putida* underwent significant decreases in  
251 susceptibility to ciprofloxacin and kanamycin (Table 1), whilst *E. coli* showed significant  
252 increases in ciprofloxacin and cephalothin susceptibility but decreases in susceptibility to  
253 kanamycin and tetracycline. *A. baumannii* increased in susceptibility to ciprofloxacin,  
254 kanamycin and tetracycline compared to its unexposed counterpart (Table 1).

255           **Triclosan.** Following exposure to triclosan, *S. aureus* exhibited significant reductions  
256 in ciprofloxacin and ampicillin susceptibility whilst susceptibility to kanamycin, tetracycline  
257 and cephalothin increased (Table 1). *E. coli* showed increased susceptibility to ampicillin and  
258 ciprofloxacin for this bacterium after triclosan exposure, whilst the *E. coli* drain isolate  
259 showed decreased ciprofloxacin susceptibility but increased cephalothin susceptibility, when  
260 compared to the parent strain. Comparatively *C. sakazakii* showed a significant increase in  
261 ciprofloxacin, cephalothin and kanamycin susceptibility, and a decrease in ampicillin  
262 susceptibility after repeated triclosan exposure (Table 1).

263 To gain an overview of the statistical significance of the observed changes in antibiotic  
264 susceptibility and ask whether it was possible to identify consistent patterns in susceptibility,  
265 linear mixed-effects models were fitted for how the susceptibility to particular antibiotics  
266 varied, dependent on the antibiotic in question, the bacterium and the microbicidal

267 environment previously adapted to. A highly significant interaction ( $F_{40, 298} = 15$ ,  $P < 2 \times 10^{-16}$ )  
268 <sup>16</sup>) indicative of different responses to particular antibiotics dependent on the microbicidal  
269 environment to which the organism had previously adapted (Fig. 1) was observed. Bacterial  
270 strains differed most in their response to ampicillin (standard deviation among strains = 5.1)  
271 and least in their response to tetracycline (standard deviation among strains = 2.7), with the  
272 responses of different strains to some antibiotics being associated either positively  
273 (cephalothin and ampicillin,  $r = 0.95$ ) or negatively (ciprofloxacin and ampicillin,  $r = -0.28$ ),  
274 (Table 2).

275 Data presented in Fig. 1 indicate differences in the antibiotic susceptibility of organisms  
276 previously adapted to either formulated or unformulated microbicides. The differences in  
277 susceptibility changes observed between microbicides in simple aqueous solution or in  
278 complex formulation were highly significant (likelihood ratio test of the full model against a  
279 model treating formulated and unformulated versions of microbicides as equivalent:  $LR_{88,70} =$   
280  $61$ ,  $P = 8.6 \times 10^{-10}$ ). To test whether there was any consistent effect of formulation; a second  
281 linear mixed-effects model was created for the subset of the data where strains had adapted to  
282 both formulated and unformulated versions of the same microbicide (PHMB, BAC and  
283 DDAC). This indicated that the way bacteria adapted to formulated versus non-formulated  
284 versions of a microbicide depended on the microbicide in question ( $F_{2, 145} = 4.5$ ,  $P = 0.012$ ),  
285 although that did not vary significantly among the antibiotics ( $F_{8, 145} = 0.70$ ,  $P = 0.69$ ). The  
286 effect of formulation was specific to BAC, with formulation giving a small increase in the  
287 antibiotic susceptibility of microbes adapted to it (Fig. 2).

288

## 289 DISCUSSION

290 Investigations into the potential of microbicides to select for reduced microbicide  
291 susceptibility in bacteria and induce cross-resistance to antibiotics have been largely

292 conducted by evaluating susceptibility changes following exposure of bacteria to microbicides  
293 in simple aqueous solution (17). In such experiments, susceptibility of the exposed bacteria  
294 has been reported to decrease for certain combinations of bacterium and microbicide either  
295 transiently or stably (26). In the real world however microbicides are deployed in complex  
296 formulations containing sequestrants, surfactants and other compounds. Recent investigations  
297 indicate that the formulation of microbicides can significantly enhance antibacterial potency  
298 and that decreases in microbicide susceptibility after sub-lethal microbicide exposure may be  
299 significantly lower in frequency and extent when the microbicides are incorporated into  
300 formulations reflecting application in the real world (24, 33). This highlights the value of risk  
301 assessments that more accurately reflect the way microbicides are deployed. In the current  
302 investigation we have evaluated whether the formulation of microbicides additionally  
303 mitigates the development of antibiotic insusceptibility in bacteria.

304 In order to investigate whether the formulation of microbicides affects cross-resistance to  
305 antibiotics, we studied the induction of changes in antibiotic susceptibility in bacteria that had  
306 been repeatedly exposed, using a highly selective system arguably representing a worst case  
307 scenario, to microbicides in simple aqueous solution and in formulation with ingredients that  
308 are used in consumer products such as laundry detergents, hard surface disinfectants and  
309 personal care products (24). It should be noted that whilst the majority of microbicides tested  
310 are widely used in domestic cleaning products, the use of triclosan in Europe is generally  
311 restricted to applications where its utility is greatest, such as oral care.

312 Out of 288 microbicide-exposed bacteria, 28 organisms previously demonstrated a  $\geq 4$ -fold  
313 decrease in microbicide susceptibility (18 organisms adapted to microbicides following  
314 exposure to simple aqueous solutions and 10 to microbicides in formulation). These were  
315 further evaluated for changes in antibiotic susceptibility in the current study. The difference in

316 the numbers of test bacteria between treatment groups results from the mitigating effects that  
317 the formulation of microbicides had on the development of microbicide insusceptibility.  
318 Increases in antibiotic susceptibility occurred at higher frequency following exposure to  
319 simple solutions in comparison to formulations (20% v 12%) whilst 22% became significantly  
320 less susceptible to the antibiotics regardless of formulation. Whilst both increases and  
321 decreases in antibiotic susceptibility were observed in the test bacteria after exposure to  
322 microbicide/formulation, no bacterium became resistant according to published BSAC  
323 breakpoints.

324 Changes in antibiotic susceptibility varied between the test antibiotics, bacteria and the  
325 microbicides that the bacteria had been previously adapted to, suggesting little correlative  
326 effect between the different variables. One positive correlation was however observed  
327 between the  $\beta$ -lactam antibiotics ampicillin and cephalothin (Table 2). In this case,  
328 microbicide exposure could have altered alteration transpeptidase expression or otherwise  
329 influenced cell wall permeability, subsequently impacting on the efficacy of these antibiotics  
330 which target cell wall synthesis.

331 In some cases, bacterial antibiotic susceptibility was increased following microbicide  
332 exposure. It is notable that such “cross-susceptibility” was associated with adaptation to at  
333 least some microbicides for all antibiotics except ampicillin (Fig. 1). The phenomenon of  
334 “cross-susceptibility” has been observed in several previous investigations (17, 22, 34, 35)  
335 where links between antibiotics and decreased microbicide susceptibility in bacteria have  
336 been demonstrated *in vitro* (14, 17). In a recent study, exposure of *Burkholderia cepacia* to  
337 low concentrations of either CHX or BAC resulted in variable reductions in antibiotic  
338 susceptibility (36). CHX exposure was reportedly associated with significant decreases in  
339 susceptibility to ceftazidime, ciprofloxacin and imipenem, whilst short-term exposure to BAC

340 resulted in significant decreases in ceftazidime, ciprofloxacin and meropenem susceptibility.  
341 These effects were however highly variable between biological replicates in a manner  
342 suggestive of stochastic effects. In another recent investigation, six *S. aureus* strains including  
343 methicillin-resistant *S. aureus* were repeatedly exposed to triclosan. Susceptibility to triclosan  
344 was significantly decreased in all exposed bacteria, whereas antibiotic susceptibility was  
345 significantly increased in the majority of cases. Whilst the reasons for cross-susceptibility  
346 have not been elucidated, they are likely to include general fitness costs of adaptation and  
347 transient cellular damage as previously hypothesized (37).

348 Mechanisms of cross-resistance have been more extensively investigated and include non-  
349 specific reductions in cell permeability, active efflux of the compound from the bacterial cell  
350 or acquired mutations in shared target sites (14, 17). Antibiotics such as aminoglycosides  
351 enter the cell through a mechanism of self-promoted uptake (38) whereby they displace  
352 cations in the bacterial cell envelope leading to the reorganisation of lipopolysaccharide,  
353 which may facilitate antibiotic entry. This mechanism of self-promoted uptake mirrors that of  
354 polymeric biguanides, such as PHMB and CHX (39) which has led to the question as to  
355 whether any adaptation to reduce biguanide uptake may have a resulting effect on the uptake  
356 of aminoglycosides into the bacterial cell. The current investigation included the evaluation of  
357 any changes in susceptibility to the aminoglycoside antibiotic kanamycin in bacteria that had  
358 previously shown reduced susceptibility to both CHX and PHMB. However, we found no  
359 evidence of a systematic effect of this sort (indeed adaptation to CHX typically led to an  
360 increase in susceptibility to kanamycin; Fig. 1) and only the PHMB adapted *E. coli* drain  
361 isolate showed any significant reduction in antibiotic susceptibility (Table 1).

362 Cross-resistance between quaternary ammonium compounds (QACs), such as BAC and  
363 DDAC and antibiotics has been attributed to the expression of broad-range efflux systems

364 capable of removing both the microbicide as well as certain antibiotics from the bacterial cell  
365 (40-42). It has additionally been noted that genes encoding QAC-specific efflux pumps such  
366 as *qacA/B* may be detected on plasmids bearing  $\beta$ -lactamases in certain clinical isolates,  
367 suggesting another cause for correlation between QACs and penicillins, such as ampicillin  
368 (43). Furthermore, the *qacE* gene has been detected in the 3' conserved structure (3'-CS) of  
369 certain class 1 integrons found in many Gram-negative bacteria. Class 1 integrons often  
370 contain multiple antibiotic resistance genes and since they are commonly located on plasmids  
371 this makes them highly mobile via the action of plasmid-mediated conjugation. This  
372 consequentially facilitates the dissemination of both QAC and antibiotic resistance genes  
373 through a population via horizontal gene transfer (44). Our data indicate that 20% of bacterial  
374 isolates with reduced BAC and DDAC susceptibility in addition to 40% and 10% of isolates  
375 with reduced DDAC or BAC formulation susceptibility, were also significantly reduced in  
376 their antibiotic susceptibility. Linear mixed effect modelling revealed that the formulation of  
377 BAC conferred a moderate protective effect on the development of antibiotic cross-resistance  
378 (Fig. 2), possibly suggesting a regulatory impact of the formulation excipients on the  
379 induction of the aforementioned efflux mechanisms, due to non-specific effects on cell  
380 permeability or through other cellular changes.

381 Triclosan exposure may select for mutations in the target enzyme *fabI*, an enoyl-acyl carrier  
382 protein reductase that participates in bacterial fatty acid synthesis (45). There has been  
383 concern over the induction of cross-resistance between triclosan and therapeutic agents that  
384 also share this target enzyme, such as isoniazid used to treat *Mycobacterium tuberculosis*.  
385 Cross-resistance between triclosan and certain antibiotics has been reported in *P. aeruginosa*  
386 and is largely believed to be due to increased expression of the MexAB-OprM efflux system  
387 (14). In the current investigation, data show reductions in ciprofloxacin susceptibility in *S.*  
388 *aureus* and the *E. coli* drain isolate together with reductions in ampicillin susceptibility in *S.*

389 *aureus* and *C. sakazakii* after repeated triclosan exposure, which may potentially be mediated  
390 through regulation of efflux or cell permeability.

391 Whilst the induction of cross-resistance between microbicides and antibiotics has been  
392 previously investigated, little information is available concerning any effect of incorporation  
393 of microbicides into formulations containing surfactants and sequestrants on antibiotic  
394 susceptibility in adapted bacteria. Data presented here indicate that both decreases and  
395 increases in antibiotic susceptibility can occur in bacteria following exposure to microbicides  
396 in simple solution and in formulations using a highly selective system. A rigorous statistical  
397 analysis demonstrated that formulation significantly affected the development of cross-  
398 resistance but that this was variable with the only consistently identified formulation effect  
399 being a small increase in susceptibility across antibiotics in strains adapted to the formulated,  
400 relative to the unformulated version of the microbicide benzalkonium chloride.

401 In conclusion, whilst both increases and decreases in antibiotic susceptibility were observed in  
402 microbicide and formulation adapted bacteria, these were not sufficient to confer clinical  
403 resistance according to published BSAC breakpoints.

#### 404 **ACKNOWLEDGEMENTS**

405 The authors thank Joanne O’Keeffe and Andrew Jamieson from Unilever R&D, Port  
406 Sunlight, for their advice regarding the selection of microbicides and formulations.

#### 407 **FUNDING**

408 This project was funded by Unilever’s Safety & Environmental Assurance Centre (SEAC).

#### 409 **TRANSPARENCY DECLARATION**

410 Alejandro Amézquita is an employee of Unilever. Peter McClure was an employee of  
411 Unilever when this project was initiated. All other authors: none to declare.

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Table 1. Antibiotic susceptibility of bacterial isolates that showed a  $\geq 4$ -fold decrease in microbicide/formulation susceptibility following exposure to microbicides in simple aqueous solution or formulated with surfactants and sequestrants.

Microbicide	Bacterium	Ciprofloxacin			Kanamycin			Cephalothin			Ampicillin			Tetracycline		
		UE	UF	F	UE	UF	F	UE	UF	F	UE	UF	F	UE	UF	F
		P0	P14	P14	P0	P14	P14	P0	P14	P14	P0	P14	P14	P0	P14	P14
BAC	<i>S. aureus</i> <sup>f</sup>	22	<b>14 (0.5)</b>	<b>18 (0.5)</b>	17 (1.5)	<b>14 (0.6)</b>	17 (0.5)	45 (0.5)	<b>43</b>	45	<b>47 (0.5)</b>	<b>45 (0.5)</b>	46	26 (0.5)	<b>25 (0.5)</b>	<b>27 (0.5)</b>
	<i>E. coli</i> <sup>f</sup>	29 (1.5)	<b>31</b>	<b>31 (0.5)</b>	15 (1.2)	<b>12 (0.5)</b>	14 (0.4)	18 (0.5)	<b>16 (2.1)</b>	18	21	<b>22 (0.5)</b>	21	21 (0.5)	<b>21 (0.5)</b>	<b>20 (0.5)</b>
	<i>P. aeruginosa</i> <sup>f</sup>	25 (1.5)	25	na	ns	ns	na	ns	ns	na	ns	ns	na	ns	ns	na
DDAC	<i>P. aeruginosa</i> <sup>f</sup>	25 (1.5)	25	<b>28 (0.6)</b>	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns
	<i>A. baumannii</i> <sup>*</sup>	19	<b>27</b>	na	19	<b>21</b>	na	ns	ns	na	ns	ns	na	15	<b>13</b>	na
	<i>E. coli</i> <sup>*</sup>	37	<b>42 (1.5)</b>	<b>40 (0.6)</b>	14	<b>18</b>	<b>11</b>	19	24 (2.1)	<b>15 (0.5)</b>	25	26 (1.5)	<b>21 (0.6)</b>	20	<b>11 (0.5)</b>	<b>11 (0.5)</b>
CHX	<i>S. aureus</i> <sup>f</sup>	22	<b>19 (0.5)</b>	na	17 (1.5)	18	na	45 (0.6)	45 (0.5)	na	<b>47 (0.5)</b>	<b>29 (1)</b>	na	26 (0.6)	<b>35 (2.2)</b>	na
	<i>E. coli</i> <sup>f</sup>	29 (1.5)	<b>35 (0.5)</b>	na	15 (1.2)	16 (0.5)	na	18 (0.5)	20 (2.1)	na	21	<b>24 (0.5)</b>	na	21 (0.5)	<b>23 (1.5)</b>	na
PHMB	<i>S. aureus</i> <sup>f</sup>	22	<b>20 (0.5)</b>	<b>21</b>	17 (1.5)	17 (1.2)	16 (0.5)	45 (0.6)	45 (0.5)	45	<b>47 (0.5)</b>	<b>35 (0.5)</b>	<b>45 (1.5)</b>	26 (0.8)	<b>36 (1.5)</b>	<b>25 (0.5)</b>
	<i>E. coli</i> <sup>f</sup>	29 (1.5)	29	na	15 (1.2)	16 (0.5)	na	18 (0.5)	18 (2.1)	na	21	20 (1.5)	na	21 (0.5)	<b>22 (0.5)</b>	na
	<i>P. aeruginosa</i> <sup>f</sup>	25 (1.5)	25	25 (0.9)	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns	ns
	<i>E. faecalis</i> <sup>f</sup>	ns	ns	ns	ns	ns	ns	12	13 (0.5)	12 (0.5)	33	33	<b>33 (1.3)</b>	8	8	9 (0.5)
DMDM	<i>E. coli</i> <sup>*</sup>	37	<b>35</b>	na	14	<b>12 (1.5)</b>	na	19	16	na	25	<b>20 (0.5)</b>	na	20	<b>24</b>	na
	<i>E. coli</i> <sup>*</sup>	37	<b>28 (0.6)</b>	na	14	<b>12 (1.5)</b>	na	19	18 (2.2)	na	25	25 (0.5)	na	20	20 (0.5)	na
Thymol	<i>E. coli</i> <sup>f</sup>	29 (1.5)	na	<b>33</b>	15 (1.2)	na	<b>14</b>	18 (0.5)	na	<b>19</b>	21	na	21	21 (0.5)	na	<b>20</b>
	<i>P. putida</i> <sup>*</sup>	27	na	<b>19.5 (0.5)</b>	30	na	<b>27 (0.5)</b>	ns	na	ns	ns	na	ns	14	na	12 (2.1)
	<i>A. baumannii</i> <sup>*</sup>	19	na	<b>33 (0.5)</b>	19	na	<b>22</b>	ns	na	ns	ns	na	ns	15	na	<b>16 (0.5)</b>
Triclosan	<i>S. aureus</i> <sup>f</sup>	22	<b>21 (0.5)</b>	na	17 (1.5)	<b>21 (0.5)</b>	na	45 (0.5)	<b>51 (2.5)</b>	na	<b>47 (0.5)</b>	<b>44 (0.5)</b>	na	26 (0.5)	<b>34</b>	na
	<i>E. coli</i> <sup>f</sup>	29 (1.5)	<b>41 (1.5)</b>	na	15 (1.2)	13 (0.5)	na	18 (0.5)	18 (0.5)	na	21	<b>28 (0.5)</b>	na	21 (0.6)	20 (1.5)	na
	<i>C. sakazakii</i> <sup>*</sup>	28	<b>32 (0.6)</b>	na	17	<b>20 (0.5)</b>	na	11	<b>12</b>	na	25	<b>21 (0.5)</b>	na	17	17 (0.5)	na
	<i>E. coli</i> <sup>*</sup>	37	<b>35</b>	na	14	15 (1.3)	na	19	<b>20</b>	na	25	24 (1.2)	na	20	23 (2.1)	na

Data show growth inhibition zones (mm) representative of antibiotic susceptibility before (P0) and after 14 passages (P14) in the presence of microbicide/formulation. Antibiotic zones of inhibition were determined before antimicrobial exposure (unexposed, UE) and after antimicrobial exposure to both unformulated (UF) (i.e. simple aqueous solution) and formulated (F) (i.e. with surfactants and sequestrants) microbicides. †, non-drain isolates; \*, drain isolates. Statistically significant changes are bold text ( $P < 0.05$ ). Bacteria that did not undergo a  $\geq 4$ -fold change in MBC were not assessed for changes in antibiotic susceptibility. Where data varied between biological replicates, standard deviations have been given in parentheses (n=6). Combinations of bacterium and antibiotic for which BSAC breakpoints are available are indicated in blue text. According to these, no susceptible bacterium became antibiotic resistant following microbicide adaptation.

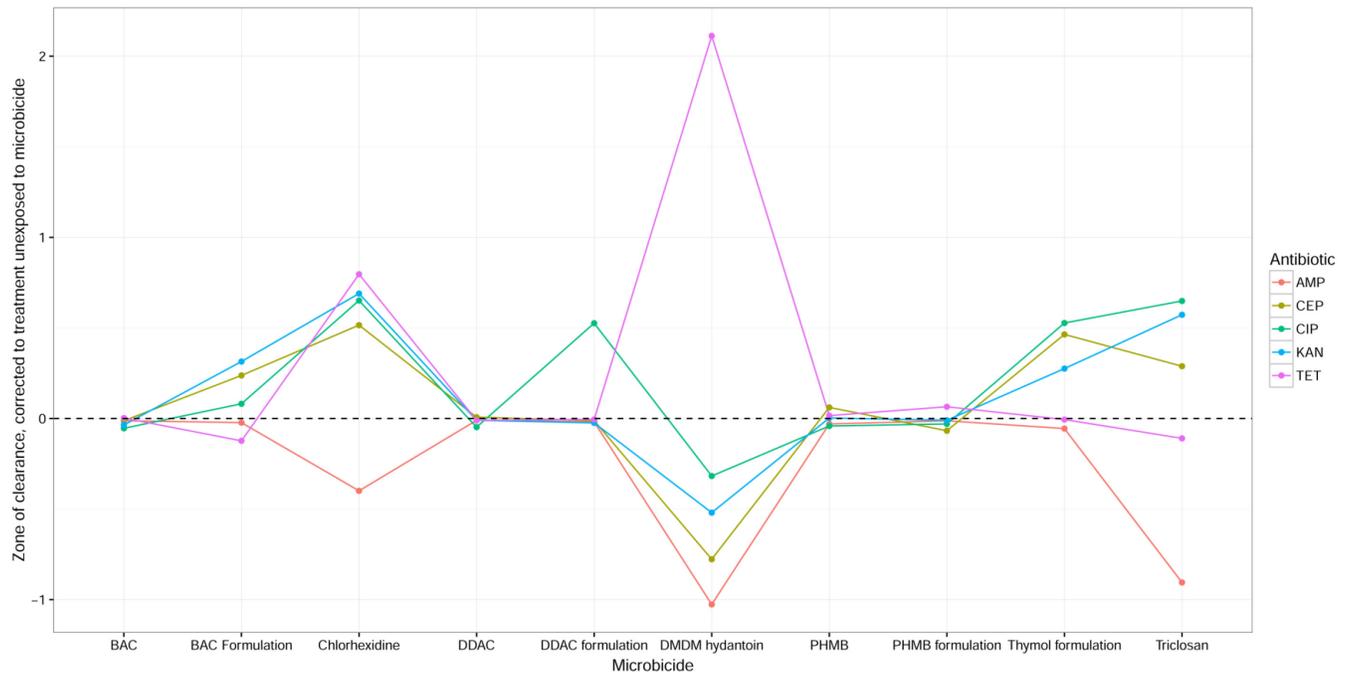


Fig. 1. Antibiotic susceptibility of strains adapted to different microbicides. The values plotted are the difference in the average zone of clearance across strains before and after adaptation to the given microbicide as estimated by the linear mixed effects model (arbitrary scale, see methods). i.e. values above zero indicate antibiotic cross-susceptibility arising from adaptation to microbicide and values below zero indicate cross-resistance. Points are connected for ease of comparison only. See footnote to Tables 1 and 2.

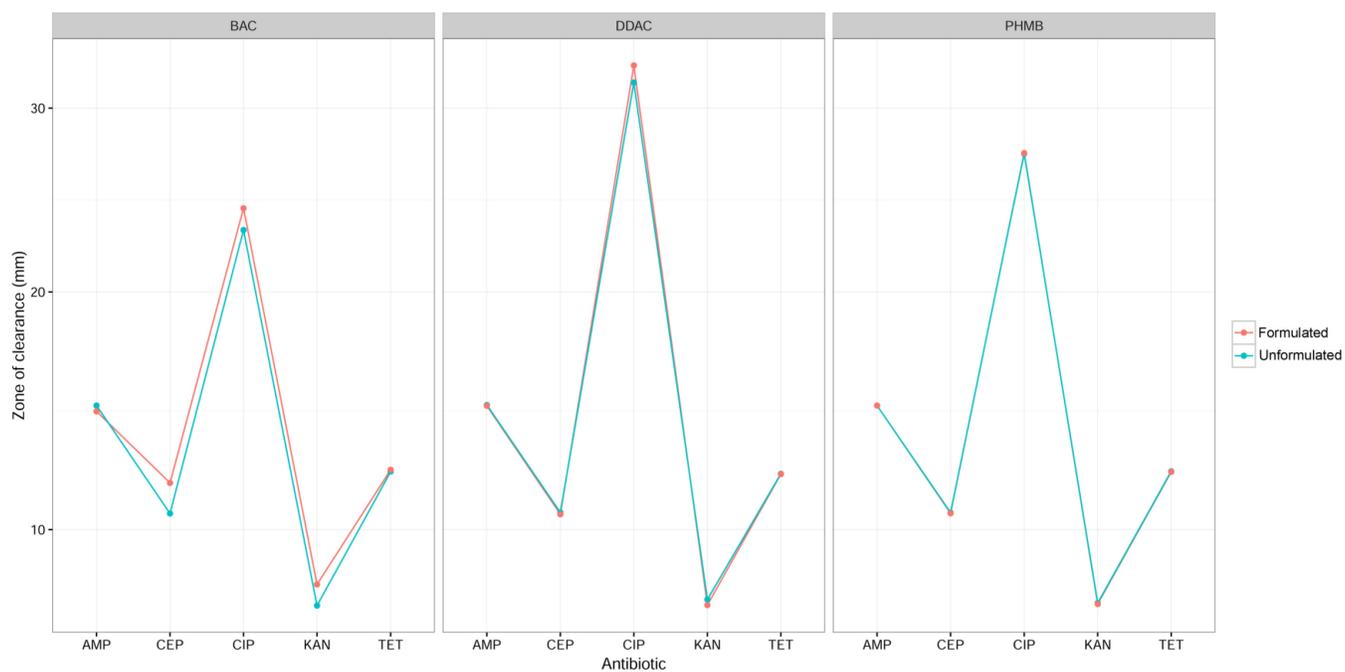


Fig. 2. Antibiotic susceptibility of strains exposed to different microbicides in formulation with surfactants and sequestrants) and simple aqueous solution (unformulated). A significant difference is only apparent for BAC. The values plotted are the average zone of clearance, in mm, as estimated in the linear mixed effects model (note the transformed scale as used by the model, see methods). See footnote to Table 1.

Table 2. Correlation across strains in the responses to different antibiotics in the linear mixed effects model.

	AMP	CEP	CIP	KAN	TET
AMP	1	0.95	-0.28	-0.08	0.54
CEP	0.95	1	-0.09	0.03	0.61
CIP	-0.28	-0.09	1	0.54	0.17
KAN	-0.08	0.03	0.54	1	0.73
TET	0.55	0.61	0.17	0.73	1

Key:



A value of 1 indicates that all organisms respond in a perfectly correlated way to the two antibiotics indicated (either more or less sensitive to both), a value of -1 would indicate a perfect negative correlation with organisms that are more sensitive to one antibiotic. Amp, ampicillin; cep, cephalothin; cip, ciprofloxacin; kan, kanamycin; tet, tetracycline.