

1 **Microstructure-informed modelling of damage evolution in cement paste**

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5
6 **Abstract:** Cement paste is a binder for cementitious materials and plays a critical role in their
7 engineering-scale properties. Understanding fracture processes in such materials requires
8 knowledge of damage evolution in cement paste. A site-bond model with elastic-brittle spring
9 bundles is developed here for analysis of the mechanical behaviour of cement paste. It
10 incorporates key microstructure information obtained from high resolution micro-CT. Volume
11 fraction and size distribution of anhydrous cement grains are used for calculating model length
12 scale and elasticity. Porosity and pore size distribution are used to allocate local failure
13 energies. Macroscopic damage emerges from the generation of micro-crack population
14 represented by bond removals. Effects of spatial distribution, porosity and sizes of pores on
15 tensile strength and damage are investigated quantitatively. Results show a good agreement
16 with experiment data, demonstrating that the proposed technology can predict mechanical and
17 fracture behaviour of cementitious materials based exclusively on microstructure information.

18
19 **Keywords:** Cement paste; Microstructure; Image analysis; Micromechanics; Brittle ligament;
20 Damage evolution

21 22 **1. Introduction**

23 Concrete is the most popular and widely used construction material in the world. The
24 fracture behaviour of concrete has been a great concern for many years and remains a challenge
25 due to concrete's complex and heterogeneous porous microstructure extending over wide range
26 of length scales from nanometres to millimetres [1]. At meso-scale, concrete can be considered
27 as a three-phase composite consisting of aggregate, matrix (i.e. cement paste) and interfacial
28 transition zone (ITZ) between aggregate and matrix. ITZ is a "special" cement paste that has a
29 higher initial water-to-cement mass ratio (w/c) compared to matrix [2]. Therefore, to study the
30 mechanical properties and failure of concrete, one must first understand the damage evolution
31 and fracture process in cement paste, which depends on its microstructure.

32 In order to characterize the 3D microstructure of cement paste, a variety of techniques
33 including computer-aided simulation and experimental tests have been proposed and developed
34 in the past few decades. Among them, computer-based cement hydration models, e.g.
35 CEMHYD3D [3], HYMOSTRUC3D [4,5] and the more recently proposed μ ic (pronounced
36 Mike) [6] are commonly applied to simulate the hydration process and gradual formation of the
37 microstructure of cement paste. As a non-destructive technique, X-ray micro-computed
38 tomography (micro-CT) has many advantages compared to other experimental techniques and

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1 has been successfully utilized to obtain the 3D microstructure of cement paste at a high
2 resolution of 0.5 $\mu\text{m}/\text{voxel}$ [7].

3 Many approaches have been proposed to develop the so-call micromechanical models by
4 taking into account the underlying microstructure and mechanical properties of components of
5 cement paste in recent years [8-20]. The important feature of the micromechanical models is
6 that the material damage at the continuous level is introduced by the nucleation and evolution of
7 micro-cracks. Discrete lattice models that represent a material by a lattice system of beam or
8 spring elements are the most popular micromechanical models and seem to offer promising
9 modelling strategy to explain fracture processes in cement paste [20]. Based on the simplest
10 regular lattice with cubic cells, a lattice beam model has been proposed by Schlangen and van
11 Mier [8], and further developed and adopted by Qian [19] to simulate the fracture processes in
12 cementitious materials at different length scales. However, it has been pointed out that this
13 lattice is not physically realistic in terms of shape of the represented phases in cement paste and
14 is unable to provide a linear elastic response with an appropriate elastic modulus and Poisson's
15 ratio [21]. Moreover, the obtained stress-strain curves of cement paste under uniaxial tests
16 remain not realistic [14]. Man [15] developed two more complex 3D lattice beam models based
17 on face-centred cubic packing (fcc) and hexagonal close packing (hcp) to investigate the
18 fracture behaviour of concrete at meso-scale. However, the effects of spatial and size
19 distribution of pores were not taken into account.

20 To overcome such limitations a site-bond model using a bi-regular lattice of truncated
21 octahedral cells for elasticity has been recently proposed by Jivkov and Yates [21] and
22 subsequently used to simulate the micro-crack population and damage evolution in concrete
23 accounting for pore size distribution [20,22,23]. The microstructure of concrete was
24 represented by truncated octahedral cells, which were regarded as the best choice for a regular
25 representation of a solid. The interactions between unit cells were modelled by structural beam
26 elements. One problem of this model is that the relationship between the global elasticity and
27 local element properties cannot be established analytically. To deal with this issue, the
28 site-bond model for elasticity was reformulated by Zhang et al. [24] by using elastic springs
29 instead of beams to represent the microscopic interactions between sites. The relationship
30 between spring constants and macroscopic elastic parameters was analytically derived and
31 validated.

32 The main purpose of this work is to develop the site-bond technology to study the
33 macroscopic behaviour and damage evolution of cement paste considering its underlying
34 microstructure attributes such as porosity, pore size distribution, volume fraction and particle
35 size distribution of unhydrated cement. X-ray micro-CT along with image processing and
36 analysis techniques is used to capture the microstructure features of cement paste. A site-bond
37 assembly with sites at centres of truncated octahedral cells and bonds connecting the
38 neighbouring cells is applied to represent the microstructure of cement paste, where unhydrated
39 cement particles are placed on each site and pores of different sizes are assigned to bonds
40 according to the measured microstructure features. The simulated microstructure of cement
41 paste is then subjected to different loading conditions. The fracture process and damage
42 evolution are simulated by removing failed bonds. A series of statistical analyses is performed

1 to quantitatively investigate the effects of pore spatial distribution, porosity and pore size
2 distribution on macroscopic mechanical properties and damage evolution. The simulation
3 results are compared with the available experimental data.

5 **2. 3D microstructure of cement paste**

6 This work is focused on pure Portland cement paste without any interfacial transition zone
7 between aggregate and matrix. The microstructure evolution of cement paste due to cement
8 hydration was investigated by using a non-destructive technique, X-ray micro-computed
9 tomography, which is different from other traditional experimental approaches, e.g. optical
10 microscope and scanning electron microscope where sample preparations, such as polishing
11 and drying, may damage the microstructure. Based on a series of image processing and
12 analyses, pore size distribution and particle size distribution of anhydrous cement grains were
13 measured. Details of the extraction techniques are given in the following three sub-sections.

15 2.1. X-ray micro-computed tomography data

16 The specimen used here was prepared using ASTM type I Portland cement. The w/c ratio of
17 cement paste specimen is 0.5. After drill mixing in a plastic beaker, small parts of the paste
18 were poured into the syringe and then injected into a micro circular plastic tube with an internal
19 diameter of 250 μm . The micro plastic tube filled with cement paste was sealed and cured
20 under standard conditions until testing. The specimen was scanned at curing ages of 7 and 28
21 days using a high resolution Xradia MicroXCT-200 CT machine at the Beckman Institute for
22 Advanced Science and Technology at University of Illinois at Urbana-Champaign (UIUC,
23 USA), operating at 50 keV/10W. The X-ray shadow projections of specimen were digitized as
24 2000 \times 2000 pixels with a resolution of 0.5 μm and were processed to obtain reconstructed
25 cross-section images using the algebraic method implemented in the Xradia reconstruction
26 software. This resulted in a 3D stack of virtual sections, each consisting of 512 \times 512 voxels
27 with a linear X-ray attenuation coefficient, displayed as an 8-bit image with gray scale values
28 from 0 (black) to 255 (white).

29 Fig. 1 shows the micro-CT image of a cylinder region with 200 μm in diameter and 100
30 μm in thickness extracted from the reconstructed 3D image of the 28 days old cement paste.
31 From Fig. 1 some characteristics of cement paste components can be seen. The darkest phases
32 correspond to pores. The brightest phases are anhydrous cement grains. Hydration products
33 are shown as grey.

35 **Fig. 1.** Micro-CT image of the 28 days old cement paste

37 2.2. Image segmentation

1 X-ray micro-CT images are composed of voxels, each of which has a unique gray scale
2 value. Prior to morphometrical analysis of the micro-CT images, image segmentation was
3 carried out to identify different phases in hardened cement paste, i.e. pore, hydration product
4 and anhydrous cement grain. A large number of segmentation techniques are available in
5 literature. The most used one is to define a global threshold value based on the gray-level
6 histogram [7]. Voxels that have gray scale values lower or higher than the defined threshold
7 value are considered as background or object, respectively. In this study, this thresholding
8 method is selected for segmentation purposes. A detailed description of this thresholding
9 method for cement paste can be found in [7].

10 Fig. 2a illustrates a typical micro-CT slice of cement paste. To avoid the possible edge
11 effects, a cylindrical region of interest (ROI) with a diameter of 476 voxels and thickness of
12 200 voxels is extracted from the centre of the slices where the cement paste is considered to
13 be the most homogeneous. The gray scale value at the inflection point in the cumulative
14 volume fraction curve of ROI is firstly defined as the threshold value (T_1) to segment pores
15 from solid phases, i.e. hydration products and anhydrous cement grains. This gives rise to a
16 binary image, where pores are shown as black and solid phases are shown as white, as seen in
17 Fig. 2b. Subsequently, a threshold value (T_2) corresponding to the transition points between the
18 two peaks, which are associated with hydration products and anhydrous cement, is determined
19 to separate anhydrous cement grains from other phases. As a consequence, another binary
20 image is obtained, as shown in Fig. 2c. Voxels with gray scale values lower than T_1 is treated as
21 pores. Voxels that have gray scale values higher than T_2 are considered to be anhydrous cement
22 grains. The remaining voxels represents hydration products. Thus, the microstructure of cement
23 paste consisting of pores, hydration products and anhydrous cement grains can be obtained. To
24 illustrate the acquired microstructure, a cubic volume of interest (VOI) of $100 \times 100 \times 100 \mu\text{m}^3$ is
25 taken from the centre of ROI. The 3D microstructure of VOI resulting from image
26 segmentation is shown in Fig. 2d. It can be seen that the original gray scale image is converted
27 into a ternary image of blue, grey and dark red phases which devotes pores, hydration
28 products and anhydrous cement grains, respectively.

29
30 **Fig. 2.** Illustration of image segmentation: (a) micro-CT image; (b) pore phase; (c) anhydrous
31 cement grain; (d) 3D microstructure of volume of interest ($100 \times 100 \times 100 \mu\text{m}^3$)

32 33 2.3. Microstructure features

34 After image segmentation, the 3D microstructure of cement paste can be quantitatively
35 characterized. In this study, attention is focused on several microstructure features such as
36 porosity, pore size distribution, volume fraction and size distribution of anhydrous cement
37 grains. To obtain these parameters, a series of image analyses is performed using the “Analyze
38 particles” function of ImageJ, a public domain Java-based image processing program (National
39 Institutes of Health, USA).

40 The binary image derived from image segmentation is replaced by a new 8-bit image
41 including simple outlines of the measured particles by capturing the outlines of phases of

1 interest, e.g., pores and anhydrous cement grains. Figs. 3a and 3b show the obtained images
2 containing outlines of pores and anhydrous cement grains corresponding to binary images
3 presented in Figs. 2b and 2c, respectively.

4 From this analysis, porosity and volume fraction of anhydrous cement grains are calculated
5 as the ratios of the area inside the outlines to the total area of ROI using area measurements
6 from the binary images. The results of porosity and volume fraction of anhydrous cement grains
7 for cement paste specimens with curing ages of 7 and 28 days are listed in Table 1. Both
8 porosity and volume fraction of unhydrated cement decrease gradually with increasing curing
9 age due to the progress of cement hydration.

10 The construction of the microstructure-informed site-bond model, Section 3, is based on a
11 random allocation of features, unhydrated cement particles and pores, with sizes belonging to
12 the experimentally measured distributions. Assuming spherical shapes for pores and particles,
13 the experimental sizes (radii) were calculated from the measured areas of the corresponding
14 segmented features, example in Fig. 3. The sizes of the features, c_i , were used to construct
15 cumulative probability distributions with standard median ranking, where for n features with
16 sizes ordered as $c_1 \leq c_2 \leq \dots \leq c_n$, the cumulative probability for features with sizes less than c_i is
17 given by $F(c < c_i) = (i - 0.3) / (n + 0.4)$. Figs 4 and 5 show the obtained cumulative probability
18 functions for pore and unhydrated cement particle sizes of cement paste specimens at ages of 7
19 and 28 days. It can be seen that both the sizes of largest pore and particle, and fractions of large
20 pores and unhydrated cement particles all decrease with the increase of curing age. For the
21 random allocation of pore and particle sizes to the model, a generator of uniformly distributed
22 random numbers $0 \leq p < 1$ is used. For a given p , the calculated size of a feature is $c = F^{-1}(p)$,
23 which is performed by interpolation between experimental data points. The process ensures that
24 the distribution of features sizes in the model comes from the same population as in the
25 experiment.

26
27 **Fig. 3.** Outlines of the measured phases: (a) pore; (b) anhydrous cement grain

28
29 Table 1 Porosity and volume fraction of anhydrous cement grains of cement pastes at various
30 curing ages

31
32 **Fig. 4.** Pore size distribution of cement pastes with various curing ages

33
34 **Fig. 5.** Particle size distribution of unhydrated cement of cement pastes with various curing
35 ages

36 37 **3. Site-bond model**

38 **3.1. Discrete representation of material volume**

39 In the site-bond model [20-24], a material volume is represented by an assembly of
40 truncated octahedral cells, each of which has six square and eight regular hexagonal faces, as

1 illustrated in Fig. 6a. The centre of each unit cell is regarded as a site, which is connected to its
 2 neighbouring sites by fourteen bonds. These bonds are classified into two groups: B_1 consists of
 3 six bonds in principal directions (normal to the square faces) and B_2 comprises eight bonds in
 4 octahedral directions (normal to the hexagonal faces), as illustrated in Fig. 6b. In this work, the
 5 bonds are modelled with elastic-brittle normal and shear springs to represent the relative
 6 deformations between two adjacent cells, as presented in Fig. 6c. This is sufficient for the
 7 loading cases used; the addition of angular-type springs resisting twist and bending
 8 deformations is under development for applications to more general loading cases.

9
 10 **Fig. 6.** Cellular lattice: (a) site-bond assembly; (b) unit cell with bonds; (c) normal and shear
 11 springs
 12

13 3.2. Spring elastic properties

14 The starting point for the derivation of the elastic spring constants is the equivalence of the
 15 strain energy stored in a unit cell of volume V between the discrete (U_{disc}) and the continuum
 16 system (U_{cont}),
 17

$$18 \quad U_{disc} = U_{cont} \quad (1)$$

19
 20 We use a linear homogeneous displacement field for deriving the spring constants, i.e. the
 21 components of the displacement vector are arbitrary linear functions of the coordinates.
 22 Non-linear displacement fields, introducing rotations and curvatures, would activate the
 23 potential angular springs, which is outside the scope of the present study. Under the assumed
 24 displacement field, the strain energy in the continuum cell is given by
 25

$$26 \quad U_{cont} = \frac{1}{2} \int_V \sigma \varepsilon dV = \frac{1}{2} C_{ijkl} \varepsilon_{ij} \varepsilon_{kl} V \quad (2)$$

27
 28 where C represents the stiffness tensor of the material, ε is the strain field. The strain energy
 29 stored in the discrete cell is
 30

$$31 \quad U_{disc} = \frac{1}{4} \sum_{b=1}^{14} \left(k_n^{(b)} u_n^{(b)} u_n^{(b)} + k_s^{(b)} u_s^{(b)} u_s^{(b)} \right)$$

$$32 \quad = \frac{1}{4} \sum_{b=1}^{14} \left(L^{(b)} \right)^2 \left(k_n^{(b)} \xi_i^{(b)} \varepsilon_{ij} \xi_j^{(b)} \xi_k^{(b)} \varepsilon_{kl} \xi_l^{(b)} + k_s^{(b)} \left(\varepsilon_{kl} \xi_l^{(b)} - \xi_i^{(b)} \varepsilon_{ij} \xi_j^{(b)} \xi_k^{(b)} \right) \left(\varepsilon_{km} \xi_m^{(b)} - \xi_n^{(b)} \varepsilon_{nm} \xi_m^{(b)} \xi_k^{(b)} \right) \right)$$

$$33 \quad (3)$$

1 where the superscript b represents the b_{th} bond (spring), N_b is the total number of bonds, $k_n^{(b)}$
2 and $k_s^{(b)}$ denotes the constants of normal and shear springs, $u_n^{(b)}$ and $u_s^{(b)}$ stand for the
3 corresponding relative displacements, $L^{(b)}$ is the length of bond b , $\xi_i^{(b)}$ is the direction vector.
4 Note that the factor is 1/4, because only half of the spring lengths belong to the unit cell.

5 From Eqns. (1)-(3), the following relation is easily derived
6

$$7 \quad C_{ijkl} = \frac{1}{2V} \sum_b^{N_b} \left(L^{(b)} \right)^2 \left(k_s^{(b)} \delta_{ik} \xi_j^{(b)} \xi_l^{(b)} + \left(k_n^{(b)} - k_s^{(b)} \right) \xi_i^{(b)} \xi_j^{(b)} \xi_k^{(b)} \xi_l^{(b)} \right) \quad (4)$$

8
9 where δ_{ik} is the Kronecker's delta.

10 For the site-bond assembly shown in Fig. 6, if the spacing between two adjacent sites in
11 principal directions is denoted by L , bonds B_1 and B_2 have lengths of L and $\sqrt{3}L/2$, respectively.
12 The volume of the unit cell V equals $L^3/2$. The model length scale, L , is dictated by
13 microstructure characteristics as described in Section 4. Each bond has one normal spring and
14 two shear springs. The two shear springs of one bond have the same stiffness coefficient. The
15 spring constants are denoted by k_n^p and k_s^p , k_n^o and k_s^o for principal bonds B_1 and octahedral
16 bonds B_2 , respectively. The unit cell bond vectors $\xi_i^{(b)}$ are given in Table 2.

17
18 Table 2 Direction vectors of bonds of the site-bond assembly

19
20 Substitution of these into Eq. (4) provides the following relation between the stiffness
21 tensor components and the spring constants
22

$$23 \quad C_{1111} = \frac{2}{3L} \left(3k_n^p + k_n^o + 2k_s^o \right) = C_{2222} = C_{3333} \quad (5)$$

$$24 \quad C_{1122} = \frac{2}{3L} \left(k_n^o - k_s^o \right) = C_{1133} = C_{2233} = C_{2211} = C_{3311} = C_{3322} \quad (6)$$

$$25 \quad C_{1212} = \frac{2}{3L} \left(3k_s^p + k_n^o + 2k_s^o \right) = C_{1313} = C_{2323} = C_{2121} = C_{3131} = C_{3232} \quad (7)$$

$$26 \quad \text{Other } C_{ijkl} = 0 \quad (8)$$

27
28 With the Voigt notation, the spring constants are can be expressed as
29

$$30 \quad k_n^p = -k_n^o + \frac{L}{2} \left(C_{11} + 2C_{12} \right) \quad (9)$$

$$k_s^p = -k_n^o + \frac{L}{2}(2C_{12} + C_{44}) \quad (10)$$

$$k_s^o = k_n^o - \frac{3L}{2}C_{12} \quad (11)$$

3

4 Thus, the four normal and shear stiffness coefficients of the bonds are related to three
 5 constants, representing cubic elasticity. For cubic elasticity, the stiffness tensors can be given in
 6 terms of the bulk modulus K and two shear moduli G_1 and G_2 as follows

7

$$C_{11} = K + \frac{4}{3}G_2 \quad (12)$$

$$C_{12} = K - \frac{2}{3}G_2 \quad (13)$$

$$C_{44} = G_1 \quad (14)$$

11

12 Hence in the most general case the proposed spring-based site-bond model could represent
 13 materials with cubic elasticity with prescribed bulk and shear moduli. The system for
 14 determining spring constants, however, is over-determined. Out of the infinitely many
 15 possibilities to resolve the over-determinacy, we select the stiffness coefficient for shear
 16 springs of bonds B_1 , k_s^p , to be zero, since the contribution of k_s^p to macroscopic elasticity can
 17 be represented in terms of k_s^o , as seen in Eqs. (9)-(11). From this all materials with cubic
 18 elasticity that can be represented by the model can be derived. Our interest is in isotropic
 19 materials, for which the bulk and shear moduli are related to Young's modulus E and Poisson's
 20 ratio ν as: $K = E/(3(1 - 2\nu))$ and $G_1 = G_2 = G = E/(2(1 + \nu))$. Thus the spring constants
 21 are determined as follows

22

$$k_s^p = 0; \quad k_n^p = \frac{EL}{4(1+\nu)(1-2\nu)}; \quad k_n^o = \frac{(1+2\nu)EL}{4(1+\nu)(1-2\nu)}; \quad k_s^o = \frac{(1-4\nu)EL}{4(1+\nu)(1-2\nu)} \quad (15)$$

24

25 The result shows that the proposed lattice can represent any isotropic elastic material with
 26 Poisson's ratio in the range $-1/2 \leq \nu \leq 1/4$, if all spring stiffness coefficients are required to
 27 be non-negative. This is significant improvement over previous regular lattices, where only
 28 isotropic materials with zero Poisson's ratio could be represented in [8,19]. For materials with
 29 Poisson's ratio higher than 1/4, the negative shear spring constant required seem to be
 30 non-physical. However, it was found that the negative stiffness coefficient has a physical
 31 explanation at the molecular level [25]. Therefore, a negative k_s^o in this scheme can be used to
 32 model a material with a Poisson's ratio higher than 1/4 but lower than 1/2, which covers most of
 33 engineering materials.

34 To validate the derived spring constants, two benchmark tests including uniaxial tension
 35 and plane-strain tension were performed in a previous work [24]. It was shown that the

1 simulated macroscopic Young's modulus, Poisson's ratio and shear modulus converged to the
2 theoretical values, i.e. the boundary effects became negligible, when the size of cubic site-bond
3 assembly was larger than $15L \times 15L \times 15L$. Hence, a model of cubic region with size of
4 $20L \times 20L \times 20L$ will be used in the following simulations.

6 3.3. Spring elastic-brittle behaviour

7 The spring elastic-brittle behaviour is represented by linear elastic and linear softening
8 branches separated by a damage initiation point. The elasticity is dictated by Eq. (16) for given
9 macroscopic elastic properties and microstructure-related length scale. The softening branch
10 approximates the local post-initiation resistance of the matrix to failure. The adopted
11 constitutive models for normal and shear springs are illustrated in Fig. 6, where $u_{t,max}$ and
12 $u_{s,max}$ represent the deformation of the normal and shear springs at damage initiation with
13 corresponding maximum normal $F_{t,max}$ and shear forces $F_{s,max}$; $w_{t,max}$ and $w_{s,max}$
14 represent the deformation of the normal and shear springs at failure (set to $2u_{t,max}$ and
15 $2u_{s,max}$, respectively); $k_n = F_{t,max}/u_{t,max}$ is the stiffness coefficient of the normal spring
16 and $k_s = F_{s,max}/u_{t,max}$ is the stiffness coefficient of the shear spring. For normal springs,
17 failure in compression is not allowed, which is achieved by setting the critical compressive
18 deformation as $u_{c,max} = -10u_{t,max}$ and the maximum compressive force as $F_{c,max} =$
19 $-10F_{t,max}$. With these settings, the spring behaviour is fully controlled by prescribed local
20 failure energy, G_f shaded in grey in Fig. 6.

21 The effect of cement porosity is introduced via the failure energies of the springs. The
22 bonds are assigned notional areas equal to the areas of their corresponding faces in the cellular
23 structure. For each bond of the model, the failure energy is calculated by $G_f = 2\gamma A_e$, where γ
24 denotes the surface energy of the material and A_e is the effective area of the face, i.e. the
25 difference between the original face area (A_0) and the cross-section area of pores assigned to
26 the face (A_p) as described in Section 4. The failure energy assigned to the normal and shear
27 springs in a bond is presently the same.

28
29 **Fig. 7.** Constitutive model and failure criteria for springs: (a) normal springs; (b) shear springs
30

31 4. Modelling and simulation

32 In this study, a material volume of size $20L \times 20L \times 20L$ is used. The corresponding cellular
33 structure contains 17261 cells; the site-bond model has the same number of sites and 113260
34 bonds. The microstructure of cement paste is modelled as a three-phase composite structure
35 consisting of anhydrous cement grains, hydration products and pores. Anhydrous cement grains
36 are located at the centres of all cells. Other places in cells are occupied by hydration products, in
37 which pores with sizes ranging from zero to the maximum pore size are involved and reside
38 notionally at the interfaces between cells. The anhydrous cement grains and the hydration
39 products provide a combined elastic response. The properties of hydration product are averaged
40 over all types of hydrates, including calcium silicate hydrates (C-S-H), portlandite (CH) and

1 ettringite (AFt) of different mass densities. The macroscopic elastic parameters, Young's
2 modulus E and Poisson's ratio ν , and the surface energy γ are taken from literature. These are
3 generally obtained from nano-indentation tests and X-ray photoelectron spectroscopy
4 measurements, respectively. The values used in our simulations are given in Table 3 with the
5 corresponding references.

7 Table 3 Macroscopic elastic constants and surface energy of different phases

9 4.1. Microstructure incorporation

10 The microstructure information obtained experimentally is introduced into the site-bond
11 model in two steps:

12
13 Step I: The volume fraction and particle size distribution of anhydrous cement grains
14 measured from X-ray micro-CT scans (Fig. 5 and Table 1) are used for calculating the model
15 length scale, L . Anhydrous cement grains of different sizes are assigned randomly to all sites of
16 the cellular structure according to the experimental particle size distribution. A generator of
17 uniformly distributed random numbers $0 \leq r < 1$ is used to assign grains with different sizes
18 to individual sites. For each site, a random number r is generated and the assigned grain size is
19 derived as $R_i = F^{-1}(r)$, where $F(R_i)$ is the cumulative probability of grain sizes presented in
20 Fig. 5. A comparison of simulated and experimental particle size distributions is shown in Fig 8.
21 This process ensures that the simulated grain size distribution of anhydrous cement fits the
22 measured size distribution from X-ray micro-CT scans very well. In terms of shape, anhydrous
23 cement grains are assumed to be spherical. As a result, each cell has one spherical anhydrous
24 cement grain with size of R_i .

25
26 **Fig. 8.** Comparison between the simulated and experimental particle size distributions of 28
27 days old cement paste

28
29 The cell size is calculated from the volume fraction of anhydrous cement grains, ϕ_a , and
30 the volume of the cellular structure with N cells via $\phi_a NL^3/2 = \sum_i 4\pi R_i^3/3$. The stiffness
31 coefficients of normal and shear springs in each bond are calculated from the given
32 macroscopic Young's modulus E , Poisson's ratio ν and the determined cell size L using Eq.
33 (15).

34
35 Step II: The porosity and pore size distribution measured from X-ray micro-CT scans (Fig.
36 4 and Table 1) are used for calculating the bond failure energies. Pores are assigned randomly to
37 the bonds using the same method described in Step I. Notionally, the assignment is to the faces
38 of the cellular structure, but the process does not constrain the pore positions; these could be
39 anywhere in the region belonging to a bond. The assignment continues until the prescribed
40 porosity in the modelled material volume is reached. The critical failure energy of bonds is

1 calculated from the prescribed surface energy and the intact area associated with the bond via
 2 $G_f = 2\gamma A_e$, as explained in Section 3.3. Thus, all bonds of given type have the same elastic
 3 spring constants but different critical failure energy due to the different pore sizes assigned.
 4 Due to the existence of pores with different sizes in bonds, the critical failure energy of each
 5 bond varies from the maximum failure energy $2\gamma A_0$ for pore size of zero to zero for pore area
 6 close to the intact area of the face, e.g. square face or hexagonal face. If the pore area in a bond
 7 is equal to or larger than the corresponding face area, this bond is removed before loading.

9 4.2. Boundary conditions

10 Two loading cases, uniaxial tension and plane strain, are considered in this work. The
 11 former is used to compare predictions for stress-strain behaviour to available experimental data.
 12 The latter is used to demonstrate expected behaviour of the material ahead of a macroscopic
 13 crack, where plain strain conditions prevail. The loads are applied via prescribed displacements
 14 to the boundary sites of the site-bond model. Considering a coordinate system (X_1, X_2, X_3) , the
 15 displacements and reaction forces of sites on the boundaries are referred to as (u_1, u_2, u_3) and $(F_1,$
 16 $F_2, F_3)$, respectively. For uniaxial tension, the sites on $X_1 = 0$, $X_2 = 0$ and $X_3 = 0$ are fixed in the
 17 X_1 -, X_2 - and X_3 -directions, respectively. A displacement of $u_1 = L$ which corresponds to a strain
 18 of $\varepsilon = L/20L = 0.05$ is imposed at $X_1 = 20L$. Other sites are free. For plane strain, the sites on X_1
 19 $= 0$, $X_2 = 0$, $X_3 = 0$ and $X_3 = 20L$ are fixed in the X_1 -, X_2 - and X_3 -directions, respectively.
 20 Constant displacements of $u_1 = L$ and $u_2 = L$ are applied at $X_1 = 20L$ and $X_2 = 20L$, respectively.

22 4.3. Numerical simulations and macroscopic damage measures

23 The simulations of damage evolution are performed by using an in-house code in
 24 association with Abaqus. The in-house code is used to control the failure of bonds. Abaqus is
 25 used as a solver to get repetitive solutions for equilibrium. At each load step, the in-house code
 26 obtains the forces, deformations and calculates bond energies. The bond fails when its energy
 27 reaches the assigned failure energy, mimicking the creation of a micro-crack along the interface
 28 between the two cells joined by the bond. Upon failure the bond is removed from the site-bond
 29 assembly. After this update the assembly is solved by Abaqus for equilibrium. This results in a
 30 redistribution of forces in the structure and consecutive failures of bonds. The simulation is
 31 continued until all bonds fail or the prescribed strain is met. The macroscopic damage is thus
 32 emerging from the generation and evolution of micro-crack population.

33 The macroscopic stresses at each load step are calculated by dividing the corresponding
 34 total reaction forces by the boundary area. To quantitatively describe the damage evolution,
 35 some scalar damage parameters are required. The standard damage variable, D_E is defined as
 36 the relative change in Young's modulus as follows

$$38 \quad D_E = 1 - \frac{E_i}{E_0} \quad (16)$$

1 where E_0 denotes the initial (undamaged) elastic modulus, and E_i stands for the current
 2 (damaged) modulus. In the beginning, D_E is equal to zero when the bonds are intact and finally
 3 turn into one when all of the bonds fail. To capture possible development of damage-induced
 4 anisotropy, four additional damage variables are introduced measuring relative changes in bulk
 5 and shear moduli

$$7 \quad D_K = 1 - \frac{K_i}{K_0} = \frac{(\sigma_h / \varepsilon_v)_i}{(\sigma_h / \varepsilon_v)_0} \quad (17)$$

$$8 \quad D_G = 1 - \frac{G_i}{G_0} = \frac{(s_j / e_j)_i}{(s_j / e_j)_0} \quad s_j = \sigma_j - \sigma_h; \quad e_j = \varepsilon_j - \varepsilon_v \quad (j=1,2,3) \quad (18)$$

9
 10 where σ_h and ε_v represent the hydrostatic stress and volumetric strain, respectively, s_j and
 11 e_j are the deviatoric stress and strain, respectively.

13 5. Results and discussion

14 5.1. Damage evolution under uniaxial tension

15 Fig. 9 shows the simulated stress-strain curve of a generated cement paste specimen at 28
 16 days of curing under uniaxial tension using the aforementioned modelling procedure. On a
 17 single 64-bit PC (Processor: 2.0 GHz, RAM memory: 32 GB), the simulation time for this case
 18 is about 3 hours. As seen in Fig. 9, the initial elastic part is perfectly linear followed by a
 19 “graceful” non-linear response prior to the peak point. From this curve, some important
 20 parameters such as global elastic modulus, tensile strength, strain at peak point and fracture
 21 energy of cement paste can be obtained, which can be used as input to estimate the mechanical
 22 properties and fracture process of cementitious materials at a coarser length scale, e.g. mortar
 23 and concrete. The elastic modulus is the slope of the stress-strain curve at the linear elastic stage.
 24 The tensile strength and peak strain correspond to tensile stress and strain at peak point,
 25 respectively. The fracture energy can be determined by integrating the area below the
 26 stress-strain curve. The fracture energy is a primary parameter for continuum-based fracture
 27 models, e.g. cohesive zone model. In this work, attention is placed on the tensile strength and
 28 damage evolution.

29 Fig. 10 shows the development of the damage variables, i.e. D_E , D_K and D_G , defined in
 30 Section 4.3 with the applied strain. It can be seen that the damage parameter D_E based on the
 31 relative reduction of the Young’s modulus is equal to the damage parameters D_K and D_G
 32 based on the relative changes of the hydrostatic stress and the three components of the
 33 deviatoric stress. This indicates that the simulated cement paste specimen maintains
 34 macroscopic isotropy during damage evolution under uniaxial tensile loading. When the
 35 deformation is small, the damage variables remain close to zero with few isolated local failures.
 36 With the increase of deformation, the growing population of micro-cracks drives the increase of
 37 the macroscopic damage. The initially slow damage growth is still associated with isolated

1 local failures. This regime is followed by a more rapid increase of damage after approximately
2 1×10^{-4} applied strain, associated with micro-crack coalescences. The failure of the specimen
3 occurs at approximately 8% damage, which is a result of an “avalanche”-like, i.e. nearly
4 instantaneous, failure of a set of bonds critical for the specimen integrity.

5
6 **Fig. 9.** Simulated stress-strain curve of 28 days old cement paste under uniaxial tension

7
8 **Fig. 10.** Damage evolution in 28 days old cement paste under uniaxial tension

9
10 Comparison between Fig. 9 and 10 suggests that the isolated failures have negligible effect
11 on the non-linear stress-strain response and observable non-linearity occurs with micro-crack
12 growth via coalescence. The avalanche-failure characterises the peak in the stress-strain
13 response. It should be noted that the post-peak softening response, sometimes demonstrated by
14 authors with different modelling approaches, was not achieved under tensile loading with the
15 proposed simulation methodology as it would require computationally expensive short
16 increments to separate failing bonds close to specimen failure. This was outside the purpose of
17 the work.

18 19 5.2. Damage evolution under plane strain

20 Fig. 11 shows the predicted stress-strain response of cement paste at 28 days of curing
21 under plane strain. Non-linearity is hardly observed and the specimen fails in an almost
22 perfectly brittle manner. The difference from uniaxial tension can be explained with the fact
23 that in the case of plane strain each bond in the site-bond assembly is subjected to a higher
24 combined action of transverse tension stress and shear stress at a same load step compared to
25 that under uniaxial tension, and the bonds are broken more rapidly and suddenly. As a result,
26 both the tensile strength and strain at peak point of the specimen are lower, as shown in Fig. 11.

27 The corresponding evolution of damage parameters is illustrated in Fig. 12. The damage
28 parameters D_{G1} , D_{G2} and D_{G3} denote the relative changes of the longitudinal shear moduli in
29 X_1 -, X_2 - and X_3 - directions, respectively. It can be seen that the values of the damage parameters
30 are low at the failure point, which determines the glass-like mechanical response. This results
31 from an early avalanche-like failure of bonds and implies more brittle characteristic of cement
32 paste under plane strain. In addition, the development of damage in different directions is
33 different, which illustrates that under plane strain the generated micro-crack population yields
34 damage-induced anisotropy in the cement paste specimen. The directional dependence of
35 damage evolution in the specimen can be explained by the fact that the generated
36 microstructure of cement paste specimen is heterogeneous due to the different assigned pore
37 sizes on different bonds. Further insight into this aspect is obtained by statistical analyses as
38 presented in the following sections.

39
40 **Fig. 11.** Simulated stress-strain curve of 28 days old cement paste under plane strain

1 **Fig. 12.** Damage evolution in 28 days old cement paste under plane strain
2

3 5.3. Influence of pore spatial distribution

4 Pores are considered as initial defects before mechanical loading. To investigate the
5 influence of random distribution of pores in location on mechanical properties and damage
6 evolution, a set of 40 cement paste samples with curing age of 28 days are generated. The
7 measured porosity and volume fraction of anhydrous cement grains are 12.58% and 8.65%,
8 respectively. The pore size distribution and particle size distribution of unhydrated cement are
9 shown in Figs. 4 and 5. These parameters are fixed for sample generation. Because the spatial
10 distribution of pores in the system is random, the corresponding simulated microstructures of
11 cement paste represented by the site-bond assembly are different. These samples are then
12 subjected to uniaxial tensile loading and the tensile strength is obtained.

13 Here, the statistical parameters such as mean value, standard deviation and coefficient of
14 variation of tensile strength for all the 40 cement paste samples are calculated from the
15 simulated results. An average tensile strength of 6.96 MPa is found for 28 days old cement
16 paste with w/c of 0.5 (porosity is 12.58%). This is consistent with the experimental results
17 reported by Robler and Odler [28], who measured the tensile strength of cement paste
18 specimens at different curing ages with various w/c ratios. It was presented that the tensile
19 strength of 28 days old specimens with w/c ratios of 0.47 and 0.52 is 9 MPa and 6 MPa,
20 respectively, the corresponding porosities of which are 11.1% and 13.3% [28]. The coefficient
21 of variation in tensile strength is approximately 5%, which indicates that the random spatial
22 distribution of initial defects (pores) in the specimen has a negligible effect on the mechanical
23 properties of cement paste and damage evolution.
24

25 5.4. Influence of porosity

26 To study the influence of initial defects amount on mechanical properties and damage
27 evolution in a quantitative manner, a series of 7 days old cement paste samples with identical
28 volume density and particle size distribution of unhydrated cement, and pore size distribution
29 (see Table 1 and Figs. 4 and 5) but different porosities ranging from 8% to 35% are generated.
30 For each porosity, a set of 40 cement paste samples are simulated. Fig. 13 shows the average
31 tensile strength as a function of the porosity of cement paste. As expected the tensile strength
32 decreases with the increase of porosity.

33 For the purpose of comparison, the experimental data of tensile strength against the porosity
34 of cement paste taken from Chen et al. [29] are also plotted in Fig. 13. The correlation
35 coefficient between the simulation results and experimental data equals to 0.98 which implies
36 that the simulation results show a very good agreement with the experimental data, especially
37 for the specimens with porosity higher than 20%.

38 In the past decades, several equations have been proposed to estimate the relationship
39 between tensile strength and porosity of cement-based materials. The four most commonly
40 used equations are listed as follows with the corresponding references
41

$$\begin{aligned}
f_t &= f_0(1 - \phi_p)^a && \text{Balshin [30]} \\
f_t &= f_0 e^{-a\phi_p} && \text{Ryshkewitch [31]} \\
f_t &= f_0 - a\phi_p && \text{Hasselman [32]} \\
f_t &= b \ln(\phi_0 / \phi_p) && \text{Schiller [33]}
\end{aligned}
\tag{19}$$

where f_t is the strength at zero porosity, a and b are empirical constants, and f_0 represents the porosity at zero strength.

These four equations are presented in Fig. 13 as well to demonstrate how the proposed model compares to previous studies. It is clear that strength-porosity curves resulted from any of the four equations are very similar in the range of the simulated porosities. An excellent relationship between the simulation results and calculated values was observed for each of the given equations. After fitting the simulation results it is found that the tensile strength-porosity relationship of cement paste can be expressed most accurately using the linear Hasselmann's equation ($f_t = 6.18 - 0.11\phi_p$) with a coefficient of correlation of 0.995.

Fig. 13. Relationship between tensile strength and porosity of cement paste

Fig. 14 illustrates the evolution of the damage parameter D_E with increasing applied strain for cement paste specimens with porosities of 8%, 18.72% and 35%. The value of D_E for all porosities initially remains steady at zero and then gradually increases with the increase of the applied strain. For specimens with higher porosities, the rate of damage evolution is greater and the specimen fails earlier, which can be attributed to the more rapid propagation and coalescence of micro-cracks in cement paste with increasing amount of pores. Moreover, there appears a similar damage evolution rate for specimens with porosities of 18.72% and 35% prior to final failure. When the applied strain reaches about $0.18 (\times 10^{-3})$, the 35% porosity specimen exhibits a sharp increase in the damage evolution rate. This corresponds to the sudden simultaneous rupture of bonds in the system.

Fig. 14. Damage evolution in cement paste specimens with various porosities

5.5. Influence of pore size distribution

Besides the random arrangement and amount of pores, other factors affecting potentially the mechanical behaviour the development of damage in cement paste are pore size distribution, volume density and particle size distribution of unhydrated cement. This information can be extracted from cement paste specimens with different curing ages. To estimate the effects of such factors, simulations are carried out on the specimens with curing ages of 7 and 28 days. It is found that the calculated cell size L according to the method presented in Section 4 for these two specimens is very similar, approximately $20 \mu\text{m}$, although their volume density and particle size distribution of unhydrated cement particles are different. It should be noted that this outcome is specific to the experimental data used, where the changes in particle size

1 distribution and volume density lead to a combined negligible effect on the model length scale.
2 The outcome could be different for different cement types.

3 Fig. 15 shows the simulated stress-strain curves for specimens under uniaxial tensile
4 loading. For the 7 days old specimen, very little non-linearity is observed and it tends to fail
5 suddenly and in a strictly brittle manner compared to the 28-day old specimen. The
6 corresponding development of D_E is presented in Fig. 16. The damage evolution in two
7 specimens follows a very similar path. However, the value of D_E prior to failure for 7-day old
8 specimen is much lower than that for 28-day old specimen. This result can be explained by the
9 fact that the 7-day specimen has a higher porosity than the 28-day old specimen and more large
10 pores are assigned to bonds. Hence, more bonds in the system have lower critical failure
11 energies and tend to fail more quickly. As a consequence, the 7-day specimen exhibits a more
12 brittle response than 28-day old specimen under uniaxial tension.

13
14 **Fig. 15.** Simulated stress-strain curve of 7 days and 28 days old cement pastes under uniaxial
15 tension

16
17 **Fig. 16.** Damage evolution in cement paste specimens with curing ages of 7 and 28 days

18
19 The main difference between the generated site-bond assemblies for these specimens is the
20 random distribution of pores in space, porosity and pore size distribution in the system. The
21 effects of the first two factors have been discussed above. Therefore, this section is focused on
22 the influence of pore size distribution. As presented in Section 5.3, the average tensile strength
23 of 28-day old cement paste is 6.96 MPa, the porosity of which is 12.58%. For comparison, the
24 porosity of 7-day old cement paste is set to 12.58% as well. According to the derived linear
25 relation between tensile strength and porosity, the strength of the 7-day old cement paste should
26 be the same as for the 28-day old cement. However, the simulations provided a tensile stress of
27 the 7-day old cement paste of 6.17 MPa, which is 11.4% lower than the tensile strength of
28 28-day old cement paste. This difference is entirely attributed to the different pore size
29 distribution in these two specimens. This result suggests that the linear porosity tensile strength
30 relation is valid only for media with identical distribution of pore sizes. More general relation
31 between porosity, pore size distribution and tensile strength (as well as fracture energy) is
32 subject of ongoing work.

33 Some quantitative assessment of the observed behaviour is offered with Fig. 17, which
34 shows the probability density of pore sizes in specimens with curing ages of 7 and 28 days. It is
35 clear that the volume fraction of large pores in the 7-day old specimen is much higher than that
36 in the 28-day old specimen. Moreover, the largest pore size in the 7-day old specimen is about
37 20 μm , which is greater than the maximum pore size of 13 μm in the 28-day old specimen.
38 The largest pore size is frequently of interest in investigation of fracture behaviour of
39 cementitious materials. Here, specimens with the same overall porosity but different pore size
40 distribution have different tensile strengths demonstrates that the size and volume fraction of
41 large pores play a critical role in overall rupture strength. This agrees very well with the basic
42 fracture theory suggesting that the largest flaw should determine the fracture strength.

1
2 **Fig. 17.** Probability density of pore sizes in specimens with curing ages of 7 and 28 days
3

4 5.6. General discussion

5 In this work, cement paste was considered as a three-phase composite, consisting of anhydrous
6 cement grains, hydration products and pores. The changes in the microstructure of cement paste
7 were reflected solely by the changes of volume fractions, size and spatial distribution of each
8 phase from tomography data at various curing ages. Although progress is continuously made in
9 X-ray CT technique, it is still a big challenge to identify different hydrates in hydration product,
10 such as high-/low-density calcium silicate hydrates (C-S-H), portlandite (CH) and ettringite
11 (AFt). It is even a bigger challenge to obtain the mechanical properties of different phases
12 required for our modelling approach. Therefore, in this study, the hydration product is assumed
13 to be a composite of these hydrates with constant mechanical properties, as described in Section
14 4. Clearly, the chemical changes occurring during hydration affect the mechanical properties of
15 the constituents. The incorporation of such time-dependent changes is a subject of ongoing
16 work on advancing the proposed model.

17 18 **6. Conclusions**

19 A strategy for linking key microstructure characteristics of cement paste to its macroscopic
20 behaviour is proposed as a development of the site-bond model. The strategy considers the
21 paste as a three-phase medium and incorporates: (1) the volume fraction and size distribution of
22 anhydrous cement particles as length-scale determining features; and (2) the porosity and pore
23 size distribution as failure determining features. Basic material properties are required to
24 accomplish the model: (1) engineering-scale elastic constants for calibration of local elasticity;
25 and (2) atomic scale surface energy for definition of local failure. The result is thus a
26 technology for predicting macroscopic properties from meso-scale principles. The following
27 conclusions can be drawn from the findings presented:

- 28 ● Damage development in cement paste, consequently the observed stress-strain response
29 and fracture energy, depends strongly on the loading mode – this has important
30 implications for the use of experimentally derived constitutive behaviours in e.g.
31 integrity assessment of structures with existing macroscopic defects.
- 32 ● Uniaxial tension generates distribution of local failures that maintains the material
33 response isotropic. More complex loading conditions result in damage-induced
34 anisotropic response with apparent embrittlement under equal other conditions.
- 35 ● Porosity affects strongly the mechanical properties and damage evolution. Higher
36 porosity yields more brittle response under equal other conditions. Tensile
37 strength-porosity relation of cement paste can be expressed using the linear
38 Hasselmann's equation and is in a good agreement with experimental results.

- Pore size distribution has an additional effect on the damage evolution and macroscopic behaviour. Larger fractions of large pores yield more brittle response. This result is consistent with basic fracture theory.

The work provides new insights into the failure behaviour of cement paste. The proposed technology can be used for the prediction of changes in mechanical properties and toughness with cement aging, so far as the changes in the microstructure are known. The site-bond modelling strategy can be extended to investigate the fracture processes and damage evolution in mortar and concrete, as well as in a large class of other quasi-brittle materials. Further, the strategy allows for the incorporation of time-dependent effects in cement-based materials. These opportunities are subject of ongoing works.

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