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# **Oxygen-enhanced MRI detects incidence, onset and heterogeneity of radiation-induced hypoxia modification in HPV-associated oropharyngeal cancer**

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## **Running Title**

Oxygen-enhanced MRI in HPV-associated oropharyngeal cancer

## **Conflict of Interest Statement**

Geoff JM Parker is an employee of and holds ownership interest (including patents) in Bioxydyn Limited. All other authors declare no potential conflicts of interest.

## **Statement of Translational Relevance**

Tumor hypoxia reduces the effectiveness of radiotherapy, chemotherapy, and immunotherapy, leading to poorer outcomes. Recent studies have suggested that patients with HPV-associated oropharyngeal carcinoma may benefit from radiation dose de-escalation guided by the persistence of hypoxia. We show here that oxygen-enhanced (OE)-MRI can map the variable onset and duration of radiotherapy-induced hypoxia modification, demonstrating that early scanning could identify which patients will benefit from dose de-escalation. Half of all patients with both a primary and nodal tumor had discordant hypoxia modification where only one lesion changed with therapy, emphasizing that personalized therapeutic approaches should consider all measurable disease rather than one target lesion. Hypoxic volumes were not simple surrogates of overall tumor volume, confirming the value of measuring hypoxia as an outcome variable. Collectively, these data support using OE-MRI in larger studies to evaluate dose de-escalation.

## Abstract

*Background:* Hypoxia mediates treatment resistance in solid tumors. We evaluated if oxygen-enhanced (OE)-MRI-derived hypoxic volume ( $HV_{MRI}$ ) is repeatable and can detect radiotherapy-induced hypoxia modification in HPV-associated oropharyngeal head and neck squamous cell cancer (HNSCC).

*Patients and Methods:* 27 patients were recruited prospectively between March 2021 and January 2024.  $HV_{MRI}$  was measured in primary and nodal tumors prior to standard-of-care (chemo)radiotherapy then at weeks 2 and 4 (W2, W4) into therapy. Two pre-treatment scans assessed biomarker within-subject coefficient of variation (wCV) and repeatability coefficient (RC). Cohort treatment response was measured using mixed-effects modelling. Responding lesions were identified by comparing  $HV_{MRI}$  change to RC limits of agreement (LOA).

*Results:* OE-MRI identified hypoxia in all lesions.  $HV_{MRI}$  wCV was 24.6% and RC LOA were -45.7% to 84.1%. Cohort median pre-treatment  $HV_{MRI}$  of 11.3 cm<sup>3</sup> reduced to 6.9 cm<sup>3</sup> at W2 and 5.9 cm<sup>3</sup> at W4 (both  $p < 0.001$ ).  $HV_{MRI}$  was reduced in 54.5% of individual lesions by W2 and in 88.2% by W4. All lesions with W2 hypoxia reduction showed persistent modification at W4.  $HV_{MRI}$  reduced in some lesions that showed no overall volume change. Hypoxia modification was discordant between primary and nodal tumors in 50.0% of patients.

*Conclusions:* Radiation-induced hypoxia modification can occur as early as W2, but onset varies between patients and was not necessarily associated with overall size change. Half of all patients had discordant changes in primary and nodal tumors. These findings have implications for patient selection and timing of dose de-escalation strategies in HPV-associated oropharyngeal carcinoma.

## Introduction

Hypoxia is a feature of nearly all solid tumors, including head and neck squamous cell carcinoma (HNSCC) (1). The presence and extent of hypoxia indicates both poor prognosis and resistance to radiotherapy (2), chemotherapy (3), targeted therapies, and immunotherapy (4). Imaging can be used to identify whether patients have hypoxic tumors prior to therapy, and to quantify the extent, spatial and temporal variation of hypoxia (5). This has the potential to assist adaptive radiotherapy. Specifically, there is evidence that identifying hypoxia modification early in therapy can guide dose de-escalation in patients with human papillomavirus (HPV)-associated oropharyngeal carcinoma (OPC) (6-8) to reduce normal tissue toxicity, or dose escalation in HNSCC patients with persistent hypoxic sub-regions (9).

Questions remain over when and how imaging should be used to assist management of HNSCC patients with tumor hypoxia. Positron emission tomography (PET) data from patients with HNSCC have shown that high pre-treatment hypoxic volume indicate an increased risk of treatment failure (10). Furthermore – since imaging can monitor serial evolution of hypoxia during treatment – multiple independent PET studies have reported that persistence of hypoxic sub-volumes during chemoradiotherapy at 1-5 weeks may be most predictive of treatment failure (11-13) in patients with a variety of HNSCC subtypes, including HPV-associated OPC. Persistence of hypoxia following one week of chemoradiotherapy has been shown to occur in up to 50% of patients with HPV-associated OPC in studies using PET hypoxia imaging (7).

These data suggest that hypoxic volume may be a more useful clinical biomarker than hypoxic fraction, which is the favored biomarker used in preclinical studies (14), and may assist in future adaptive radiotherapy strategies. However, few studies have compared the hypoxia modification observed in both primary tumor and nodal metastases following treatment, or the timing of these changes (15). This is potentially important to determine optimum radiotherapy planning.

Oxygen-enhanced (OE)-MRI is a non-invasive hypoxia imaging technique, with spatial resolution comparable to PET, that can be performed on standard MRI systems (16). In the majority of OE-MRI studies, subjects inhale high-concentration oxygen (i.e. 100% O<sub>2</sub> gas) while T<sub>1</sub>-weighted MRI is acquired. Well-oxygenated tissues exhibit increases in longitudinal relaxation rate (R<sub>1</sub>) when breathing the hyperoxic gas whereas hypoxic regions have no significant change in R<sub>1</sub> (17). Changes in tissue R<sub>1</sub> (termed  $\Delta R_1$ ) and related OE-MRI biomarkers that measure MRI hypoxic fraction (HF<sub>MRI</sub>) and hypoxic volume (HV<sub>MRI</sub>) have identified and mapped hypoxia in animal models (18-21) and may predict outcome (22). The same OE-MRI biomarkers have detected hypoxia modification from chemoradiotherapy in animal models and in patients with lung cancer (23).

Previous work has shown that OE-MRI is feasible in patients with HNSCC (24). The primary purpose of this study was to determine if OE-MRI derived HV<sub>MRI</sub> was repeatable in patients with HPV-associated OPC. The second purpose was to characterize the onset, duration, and within-patient variation of radiotherapy-induced changes in HV<sub>MRI</sub> and other OE-MRI-derived biomarkers including  $\Delta R_1$  and HF<sub>MRI</sub> as well as lesion whole tumor volume (WTV).

## Methods

Patients with p16-positive OPC were recruited into a prospective clinical trial (ClinicalTrials.gov NCT03646747) with institutional review board approval (REC 18/NW/0563), in accordance with the Declaration of Helsinki. Patients provided written informed consent and were scanned at The Christie NHS Foundation Trust between March 2021 and January 2024.

Inclusion criteria were patients aged 18 or over with biopsy-proven OPC who were due to start definitive (chemo)radiotherapy with no metastatic disease outside of the local neck nodes. Biopsy samples showing strong, diffuse cytoplasmic and nuclear staining in >70% of tumor cells were classified as p16-positive, where p-16 immunohistochemistry represents a surrogate marker of previous HPV infection (25). Patients were also required to have ECOG performance status 0-2, creatinine clearance (Cockcroft-Gault)  $\geq 30$  mL/min, be able to lie comfortably for up to 60 minutes, no history of severe COPD, and be willing and able to consent to the study. Exclusion criteria were previous cancer therapy, pregnancy, history of gadolinium allergy or contraindication to MRI scanning.

MRI was performed on either a 1.5 T diagnostic MR (Philips Ingenia MR-RT, Philips Medical Systems, Best) or a 1.5 T MR Linac system (Elekta Unity, Elekta, Sweden), as both systems perform OE-MRI equivalently (24). Patients underwent MR imaging prior to radiotherapy (baseline 1, BL1), followed by scans at week 2 (W2) and/or week 4 (W4) into commencing radiation treatment. A subset of patients had two pre-treatment scans to enable repeatability assessment, baseline 0 and 1 (BL0 and BL1) at one week apart. All patients received radiotherapy prescriptions between 55 Gy in 20 fractions (#) to 70 Gy in 35#. Concurrent platinum-based therapy was given to eligible patients, following international practice.

MRI sequences were harmonised between the two MR systems (Supplementary Figure S1; Supplementary Table S1 for receive coil information and additional sequence parameter details). Patients were set up in the treatment position on a flat table top, without thermoplastic shell, on

both MR systems. Imaging was acquired in the transverse plane covering the neck region (11.2 cm craniocaudal coverage), and MR imaging sequences included:

1.  $T_2$ -weighted fast-spin echo (FSE) multi-slice anatomical imaging with Dixon-based fat suppression.
2.  $T_1$  relaxation time measurement (3D inversion recovery turbo field echo (IRTFE),  $3 \times 3 \times 5 \text{ mm}^3$ , inversion pre-pulse delay times (TI) = 100, 500, 800, 1100, 4300 ms).
3. Dynamic OE-MR acquisition using the same 3D IRTFE sequence with TI = 1100 ms, 91 measurement time points, temporal resolution = 12 s. Gases were delivered at 15 L/min through a high-concentration, non-rebreathe oxygen mask (Ecolite™, Intersurgical Ltd). Initially medical air was given (dynamic time points 1-25, 5 mins) then 100% oxygen (dynamics 26-70, 9 mins), finally returning to medical air (dynamics 71-91, 4 mins).
4. DCE-MRI acquired using a 3D  $T_1$ -weighted fast field echo (FFE) Dixon sequence ( $3 \times 3 \times 5 \text{ mm}^3$ ) with IV contrast agent injection (Dotarem, 0.2 ml/kg (0.1 mmol/kg) at 3 ml/s with 20ml saline flush), delivered by contrast power injector (Experion, Bayer) at the 8<sup>th</sup> of 45 dynamic measurement time points.
5. Post-contrast 3D  $T_1$ -weighted FFE acquisition with spectral fat saturation to assist lesion delineation.

Image processing and analysis was carried out in MATLAB (R2018a, Mathworks, USA, RRID:SCR\_001622). Motion correction and registration was carried out using Elastix (v5.0.1, <https://elastix.lumc.nl>) (26, 27). Primary tumors (T) and regional neck metastatic nodal (N) lesions were delineated on post-contrast  $T_1$ -weighted images by a HNC clinical oncologist (7 years' experience) using JIM software (JIM 6, Xinapse Systems, UK, RRID:SCR\_009589). Lesion WTV was calculated in  $\text{cm}^3$ .

$T_1$  maps (units ms) obtained on air breathing (21%  $\text{O}_2$ ) were derived by non-linear least squares fitting to the IRTFE signal ( $S(\text{TI})$ ) acquired at the five TI values. This sequence employed  $\text{TR} > 5T_1$  and very short TE, such that the TR and TE terms can be ignored and the non-linear fit estimation of  $T_1$  is:



$$S(TI) = S_0 \left| 1 - 2\lambda \exp\left(\frac{-TI}{T_1}\right) \right|, \quad [\text{equation 1}]$$

where,  $S_0$  is the equilibrium signal, TI is the inversion pre-pulse delay time and  $\lambda$  is the inversion efficiency parameter.  $S_0$ ,  $T_1$  and  $\lambda$  were set as free parameters during fitting. Measurement of native  $T_1$  permitted estimation of  $R_1(t)$  ( $= 1/T_1(t)$  (units  $s^{-1}$ ) during the dynamic OE-MRI acquisition as:

$$R_1(t) = -\frac{1}{TI} \ln \left\{ \frac{1 - \left[ \frac{S(t)}{S_{air}} \left( 1 - 2\lambda \exp\left(\frac{-TI}{T_1}\right) \right) \right]}{2\lambda} \right\}, \quad [\text{equation 2}]$$

where,  $S(t)$  is the raw signal intensity and  $S_{air}$  is the median of  $S(t)$  measurement time points 2-25, acquired during the air phase. Per-voxel change in  $R_1$  was calculated by  $\Delta R_1 = R_{1,O_2} - R_{1,air}$  (28), with  $R_{1,air}$  as the median of  $R_1(t)$  measurement time points 2-25, acquired during the air phase and  $R_{1,O_2}$  as the median of  $R_1(t)$  over time points 60-70, acquired at the end of the period of 100% oxygen inhalation. Lesion  $\Delta R_1$  was calculated as the median of voxel-wise  $\Delta R_1$  values per lesion.

Next, dynamic OE-MRI identified voxels where the signal intensity enhanced significantly ( $p < 0.05$ ) between air (time points 2-25) and 100% oxygen (time points 60-70) breathing phases using a paired t-test (29). Similarly, DCE-MRI data identified voxels where signal enhanced significantly ( $p < 0.05$ ) between pre- (time points 2-8) and post-contrast (time points 15-45) measurements. Voxels which enhanced on DCE-MRI but not on OE-MRI data were classed as hypoxic (19), enabling calculation of MRI hypoxic fraction ( $HF_{MRI}$ ; unitless) and hypoxic volume ( $HV_{MRI}$ ; units  $cm^3$ ) (Supplementary Figure S2). Voxels that enhanced on both OE-MRI and DCE-MRI were classed as normoxic, allowing estimation of the normoxic volume ( $NV_{MRI}$ ;  $cm^3$ ). Voxels that did not enhance on DCE-MRI or OE-MRI were classed non-perfused (19). Quality control steps included checking for protocol adherence, acceptable native  $T_1$  value, and absence of motion following motion correction.

No formal sample size calculation was performed in this exploratory study. OE-MRI derived parameters  $\Delta R_1$ ,  $HF_{MRI}$ ,  $HV_{MRI}$ ,  $NV_{MRI}$  as well as WTV were assessed for distribution normality using a Shapiro-Wilk test. The within-subject coefficient of variation (wCV) and repeatability coefficient (RC), with limits of agreement (LOA), were calculated, and where data were not normal, data underwent log-transformation (30). Back-transformed data provided asymmetric upper ( $RC_U$ ) and lower ( $RC_L$ ) LOA on RC.

Cohort change was assessed using mixed effects modelling to account for multiple lesions with patient clustering as a random effect; analysis was performed in STATA (BE 17.0, StataCorp, USA, RRID:SCR\_012763) (31). Multiple comparisons between baseline and W2 and/or W4 were considered. In cases where patients had two baseline visits, the mean of the parameter values for the two baseline visits (BL0, BL1) was taken. Per-lesion level analysis was assessed if change in parameter values from baseline exceeded the calculated RC LOA, and in doing so were considered as real change (30).  $P < 0.05$  was considered significant in all statistical assessments.

### **Data Availability**

Data were generated by the authors and available on request, since an appropriate recognized platform for sharing the study data does not exist.

## Results

### ***OE-MRI is well-tolerated in patients with oropharyngeal carcinoma***

In total, 27 patients with confirmed p16-positive OPC were recruited, as summarised in Supplementary Figure S3. Data were not included from three patients (one patient had no measurable disease on MRI, one had data acquired with protocol deviations at baseline and one patient had gas inhalation failure at baseline). Therefore, 24 patients (median age, 67 years [59 – 75 interquartile range], 21 males) were included in the main study for subsequent analysis.

The number of days (mean ( $\pm$  standard deviation) between double baseline imaging sessions was 6 ( $\pm$  2) days. There were 12 ( $\pm$  4) days from radiotherapy start to W2 imaging and 30 ( $\pm$  8) days between radiotherapy start to W4 imaging.

Motion correction was successful in all but four lesion datasets which could not be corrected (patients 11 (tumor) & 20 (tumor) one of two baseline scans, patient 13 W4 (tumor and node) scan). Example motion corrected  $\Delta R_1$  time-courses are shown in Supplementary Figure S4A-C. Additionally, contrast agent delivery was not successful in patient 31 at W2 and so data at this time point is also not included. The primary tumor of patient 37 had responded to become non-measurable by W4 due to excellent clinical response and so it was only possible to include nodal data at this time point for this patient. Additional imaging visits are absent at W2 and W4 relating to four patients unable to attend due to COVID19 infection and isolation or department closure during the pandemic and other patients being unable to attend imaging as they became too unwell, during standard of care treatment.

Details of patient demographics, tumor site, stage, treatment regimen, target lesions imaged and imaging timepoints (i.e. BL0, BL1, W2 and W4) which had useable data are provided in Table 1. The scan session lasted 50-60 minutes, including patient setup. No patient adverse events were reported.

Baseline WTV are listed for all lesions in Supplementary Table S2. Of the 24 patients (44 lesions), included in the main study, baseline (BL)  $HV_{MRI}$  ranged from 1.3 to 82.1  $cm^3$  with a median [interquartile range (IQR)]  $HV_{MRI}$  of 10.3  $cm^3$  [5.7, 24.6].

### ***OE-MRI biomarkers are repeatable***

Repeatability assessment was performed in 12 patients (21 lesions; 11T, 10N) (Supplementary Figure S5A-E) who attended BL0 and BL1 imaging sessions. None of the imaging biomarkers were normally distributed and so all underwent log transformation (parameter histograms and Shapiro-Wilk test results provided in Supplementary Figure S6A-E and Supplementary Table S3 respectively). The median [IQR] of the  $HV_{MRI}$  values at the two baseline time points were 16.0  $cm^3$  [6.4, 36.0] and 10.5  $cm^3$  [6.6, 43.6]. The  $HV_{MRI}$  wCV was 24.6% and the RC limits of agreement (LOA) were  $RC_L = -45.7\%$  and  $RC_U = 84.1\%$ .

Repeatability information for other imaging biomarkers is listed for comparison in Table 2. Non-perfused volumes of tumor were negligible for all except two patients and are not included further in the analyses.

### ***$HV_{MRI}$ detects hypoxia modification following therapy across the cohort***

Biological response to therapy – here hypoxia modification – was examined in the cohort by assessing the change in  $HV_{MRI}$  from pre-treatment baseline (BL) to W2 and W4. BL was defined as either BL1, for those with one baseline visit, or as the mean of baseline measurements, for those with two baseline visits (i.e. BL0 and BL1). In all, 20 patients (36 lesions: 19 primary tumors, 17 nodal lesions), with a BL scan and at least a W2 or W4 scan or both, were evaluated.

Example  $\Delta R_1$  data (Supplementary Figure S7A-C) and hypoxia maps are provided (Figure 1A) for the nodal tumor in patient 7. In this example,  $HV_{MRI}$  shows reduction beyond the RC LOA threshold during treatment (i.e. reduction beyond  $RC_L = -45.7\%$  from BL). Comparative lack of change results for  $NV_{MRI}$  and non-perfused tissue are shown (Figure 1B).

At W2, 18 patients (33 lesions: 17 primary tumors, 16 nodal lesions) had imaging. A cohort-level reduction in  $HV_{MRI}$  was observed, with median baseline hypoxic volume of  $11.3 \text{ cm}^3$  [6.8, 28.3] that reduced at W2 to  $6.9 \text{ cm}^3$  [3.5, 13.0] ( $p < 0.001$ ) (Supplementary Table S4). At W4, imaging was only obtained in 12 patients, but a significant cohort-level reduction in  $HV_{MRI}$  was detected (20 lesions: 10 primary tumors, 10 nodal lesions) from baseline down to  $5.9 \text{ cm}^3$  [2.4, 8.6] ( $p < 0.001$ ). The corresponding mean ( $\pm$  standard error) values of  $HV_{MRI}$  are  $20.2 (\pm 3.5) \text{ cm}^3$  (BL),  $10.3 (\pm 1.7) \text{ cm}^3$  (W2) and  $6.5 (\pm 1.2) \text{ cm}^3$  (W4).

For comparison, a significant increase in  $\Delta R_1$  and decrease in  $HF_{MRI}$  were observed at W2 and W4 ( $p \leq 0.001$ ) (Supplementary Table S4). In distinction, the  $NV_{MRI}$  did not change at W2, whereas the overall WTV was reduced ( $p < 0.001$ ). Cohort changes for all imaging biomarkers are displayed as plots of the standard error on the mean (SEM) in Figure 1C and change in individual lesions are also provided (Supplementary Figure S8A-E).

### ***$HV_{MRI}$ identifies the incidence and onset of hypoxia modification***

The change in  $HV_{MRI}$  was calculated for each lesion. This was compared to the RC LOA, ( $\%RC_L$ ,  $\%RC_U = -45.7\%$ ,  $84.1\%$ ) (see Table 2) to determine if  $HV_{MRI}$  increased or decreased in an individual lesion more than could be expected by chance (30).

Hypoxia modification was identified. Data were assessed in 18 patients (with 33 lesions) at W2 and in 12 patients (20 lesions) at W4. At W2, 18/33 (54.5%) of all lesions had a significant reduction in  $HV_{MRI}$ . Overall, 10/17 (58.8%) primary tumors and 8/16 (50.0%) nodal lesions had lesion-specific reduction in  $HV_{MRI}$  (Figure 2A). At W4, there was even greater evidence of hypoxia change, with a significant reduction in  $HV_{MRI}$  in 15/17 (88.2%) of all lesions, comprising 6/8 (75.0%) primary tumors and 9/9 (100%) nodal lesions. In all, 36 lesions were evaluated at W2 and/or W4. Of these, 26/36 (72.2%) showed reduction in  $HV_{MRI}$  by their last scan.

The persistence of hypoxia modification was examined in 10 patients (comprising 17 lesions) who had scans at both W2 and W4. Of these, 2/17 (11.8%) lesions had no reduction in  $HV_{MRI}$  at W2 or

W4; 5/17 (29.4%) lesions had reduction in  $HV_{MRI}$  that was only significant by W4; 10/17 (58.8%) lesions had reduction in  $HV_{MRI}$  by W2, all of which showed persistent hypoxia modification at W4 (Figure 2B).

***$HV_{MRI}$  characterizes concordance in hypoxia modification in primary and nodal tumors***

Change in  $HV_{MRI}$  were examined at W2 or W4 for the 14 patients who had both primary and nodal lesions. Presence or absence of  $HV_{MRI}$  change beyond the RC LOA was limits were recorded. Fully concordant change – where both primary and nodal lesions behaved in the same manner at all available image timepoints – was seen in 7/14 (50.0%) patients.

Notably, fully discordant changes occurred in 6/14 patients (42.9%) which was marked in four patients (Table 3). This included examples both of primary tumors having hypoxia modification while nodal tumors remained unchanged (patients 7 and 20) and, conversely, of primary tumors remaining unchanged while nodal tumors showed hypoxia modification (patients 9 and 37). In two of the cases, discordant changes were more marginal (patients 12 and 18). Finally, one patient (patient 29) had initial discordant change in their primary and nodal lesions at W2, followed by concordant change (reduction in  $HV_{MRI}$ ) at W4.

### ***HV<sub>MRI</sub> and WTV reduction have multiple distinct patterns***

The change in HV<sub>MRI</sub> at W2 was compared to changes in normoxic volume (NV<sub>MRI</sub>) and WTV. At W2, the 18/33 lesions with hypoxia modification had two distinct patterns of change. Eleven lesions had significant reduction in NV<sub>MRI</sub> and therefore had associated reduction in overall WTV (Figure 3A). In distinction, seven lesions had no significant change in WTV despite reduction in HV<sub>MRI</sub> because the NV<sub>MRI</sub> did not reduce significantly and in some cases increased beyond the RC LOA (Figure 3B).

The remaining 15/33 lesions had no hypoxia modification at W2 (i.e. HV<sub>MRI</sub> did not reduce beyond the RC LOA). Of these, four lesions had significant reduction in WTV despite lack of hypoxia modification, driven by significant reduction in NV<sub>MRI</sub> (Figure 3C). Eleven lesions had no reduction in WTV relating to no significant reduction in either HV<sub>MRI</sub> or NV<sub>MRI</sub> (indeed, one lesion had significant increase in WTV, driven by increase in the NV<sub>MRI</sub>) (Figure 3D).

We also compared the hypoxia change induced by therapy by measuring hypoxic fraction (HF<sub>MRI</sub>) as well as HV<sub>MRI</sub>. Changes in HF<sub>MRI</sub> mirrored changes in HV<sub>MRI</sub> except for 6 lesions where the HF<sub>MRI</sub> did not change despite reduction in HV<sub>MRI</sub>. In these 6 lesions, the WTV, HV<sub>MRI</sub> and NV<sub>MRI</sub> all reduced in similar proportions, thereby not affecting the proportion of hypoxic to normoxic tissue and rendering HF<sub>MRI</sub> insensitive to radiation-induced treatment effects.

## Discussion and Conclusion

Hypoxia is a major driver of resistance to therapy in HNSCC patients including those with HPV-associated OPC (2). Data from hypoxia PET, the most common modality used to image hypoxia (32) suggests that persistent low tumor oxygenation during early treatment with radiotherapy predicts treatment failure (11, 12). Prospective trials of adaptive radiotherapy based on early change in PET hypoxia status, for example when identified from FMISO-PET imaging, suggest a potential strategy to personalize dose delivery and improve disease control while reducing unnecessary radiotherapy-related side-effects (9, 33). In particular, recent data from the 30 ROC trial suggest that hypoxia measurement is important for the management of dose de-escalation strategies (8).

Sparse hypoxia tracer availability, high cost and limited infrastructure capable of performing PET hypoxia imaging have hindered widespread clinical adoption. OE-MRI is an affordable and practical alternative to PET for the assessment of radiation-induced hypoxia modification in patients with NSCLC (23). Here, we sought to determine if OE-MRI  $HV_{MRI}$  was repeatable in patients with newly diagnosed p16-positive OPC. We then aimed to evaluate the incidence, onset and variation in hypoxia modification induced by (chemo)radiotherapy.

Our data provide evidence that OE-MRI, when combined with perfusion imaging, is feasible, tolerable and can detect cohort changes in hypoxia, thus offering an alternative to hypoxia PET imaging in patients with HNSCC. Oxygen-enhancement in tissues was measured by  $\Delta R_1$  which indicated technique success in all patients, consistent with an independent study (34) but contrary to findings in HNSCC from a different laboratory (35).  $\Delta R_1$  increase observed in our patient population is consistent with tissue re-oxygenation (36) following fractionated radiotherapy. Median values and ranges of  $\Delta R_1$ ,  $HV_{MRI}$  and  $HF_{MRI}$  were defined. Cohort level reductions were similar to those reported with OE-MRI  $HV_{MRI}$  in NSCLC (23) and in hypoxic volume using FMISO-PET (11, 12).



A key feature of this study was our examination of measurement precision. OE-MRI derived hypoxic volume ( $HV_{MRI}$ ) showed good repeatability with a wCV of 24.6%, comparable with previous data in NSCLC (where  $HV_{MRI}$  wCV = 25.9%) (23). Other OE-MRI parameters and measures of WTV also showed good repeatability that are comparable with other quantitative imaging biomarkers such as  $K^{trans}$  (37-39). The RC LOA determined if and when therapy-induced changes in the  $HV_{MRI}$  of individual lesions could be considered real at a 95% confidence level (26). Identifying those lesions which experienced significant changes in hypoxia and those which did not, then enabled **three key findings** to be noted, each with translational implications.

Firstly, we identified the variable onset of hypoxia modification in individual lesions. We showed that 54.5% of all lesions had reduced  $HV_{MRI}$  at W2, with similar proportions of primary tumors and nodal metastases changing. The proportion of lesions exhibiting hypoxia reduction increased to nearly 90% at W4, with the caveat that fewer lesions were examined at that timepoint. Notably, all lesions with hypoxia reduction by W2 had persistent change to W4 and of equal note, some lesions with significant hypoxia modification only manifested this change by W4. This information provides insight beyond that derived from cohort analysis alone (40) and implies that dose de-escalation may be performed in around half of patients within 2 weeks of radiation-based therapy to achieve maximal benefit. In addition, more moderate dose de-escalation could be of benefit to another group of patients who show detectable hypoxia modification between weeks 2 to 4 of radiotherapy, although larger studies will need to determine the optimum patient benefit and cost-effectiveness.

Secondly, we examined patients with both primary tumors and nodal metastases. It is known that patients can have varying levels of hypoxia in their primary and nodal HNSCC tumors (15). However, the relative incidence of concordance and discordance of lesion hypoxia between primary and nodal tumors is not well understood. We identified that only half of patients had concordant hypoxia modification in both lesions, and that primary tumor and nodal metastases behaved differently, in the other half of patients (lesion changes were discordant). This implies that sampling only a single lesion through imaging or biopsy may provide an inaccurate picture of the

change in hypoxic status in a substantial proportion of clinical cases. Clinical decisions – such as whether to dose de-escalate or not – require an assessment of all locoregional lesions rather than one index lesion and may require individual dosing to specific nodal levels. It is even possible that future strategies may allow de-escalated treatment in nodes that demonstrate biological response while maintaining dose in others that do not have hypoxia modification. Such approaches become possible in the era of functional imaging assessment performed at regular on-therapy intervals on systems such as an MR Linac (41).

Thirdly, we showed that hypoxic volumes reduced significantly in over 20% of lesions that did not demonstrate overall size reduction in the early response to therapy. This implies that a number of patients have biological changes in their lesions that are not detected through conventional assessment of tumor size. Further work in larger patient numbers is needed to assess the relative importance of hypoxia modification as an additional covariate in predicting clinical outcome. In addition, we highlight the potential limitations of solely measuring hypoxic fraction ( $HF_{MRI}$ ) as this measure can appear insensitive to treatment effects when both the hypoxic sub-volume and the overall tumor volume are reduced in an approximately equivalent ratio (42).

Some study limitations existed. While this study is the largest clinical OE-MRI study performed to date, several patients had missing data due to factors including scan cancellations during the COVID19 pandemic. It should also be noted that, in line with the general HNSCC population, patients recruited to this study were p16-positive which is considered an accepted method of identifying HPV-associated disease and these patients are known to respond superiorly to those with p16-negative HNSCC (43). Further work should assess whether similar OE-MRI data are obtained in patients with p16-negative disease.

Future studies are required to extend biological validation already obtained from multiple animal models (18-21), with hypoxia gene signatures and other methods in appropriate HNSCC clinical population. In addition, establishment of multicenter reproducibility in larger numbers of patients, across multiple vendor platforms and field strength will provide a more definitive estimate of RC

LOA for use in further clinical studies. Refinement of estimates of  $HV_{MRI}$  may also be required to distinguish acute transient hypoxia from established chronic hypoxia, the former of which may contribute to part of the variation in biomarker estimates between the two baseline scans.

Collectively, the data reported here add to our previous work in NSCLC and HNSCC (23, 24) to support the use of OE-MRI as a biological response assay. The technique can identify the onset, persistence, and variation in hypoxia modification in different lesions and different patients, making a strong case for the value of imaging assessment in studies that evaluate tumor hypoxia.

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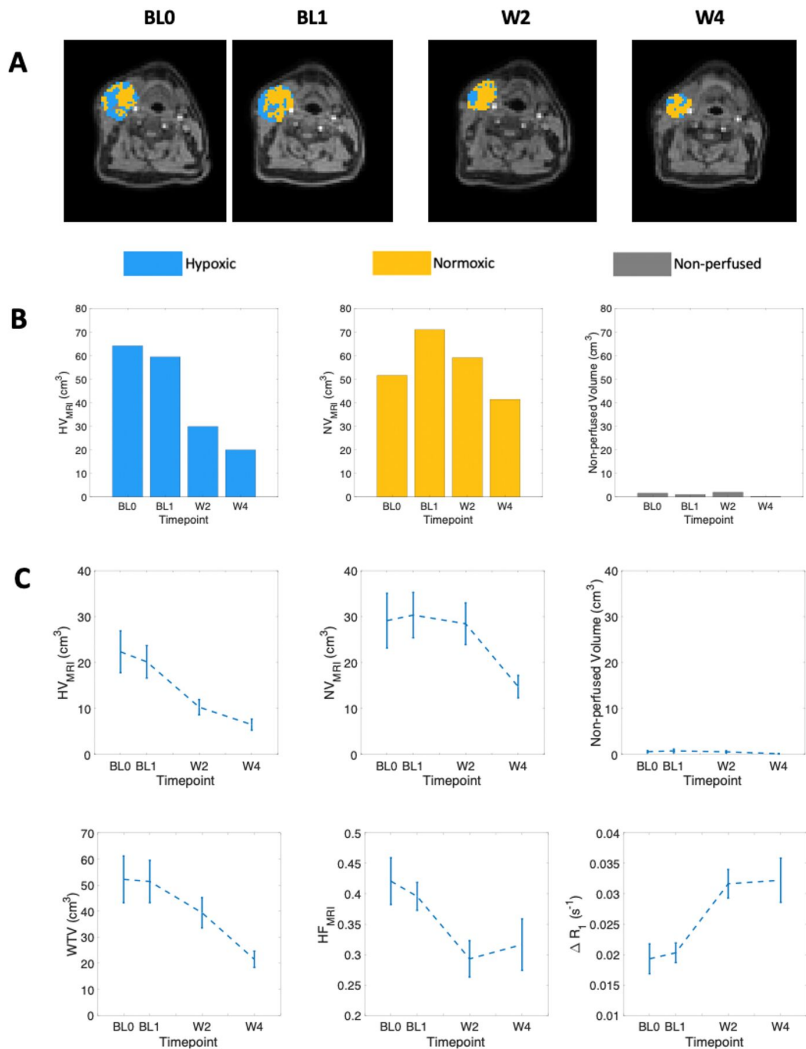


## Figure legends

**Figure 1.** Treatment-induced changes in OE-MRI derived biomarkers. (A) Example hypoxia maps for a large metastatic lymph node (Patient 7) obtained at two baseline timepoints (BL0, BL1) and weeks 2 (W2) and 4 (W4) of radiation treatment. Corresponding  $\Delta R_1$  maps are provided in Supplementary Figure S7A-C. (B) Bar charts plot the relative sizes of  $HV_{MRI}$  along with  $NV_{MRI}$  and non-perfused volume for this patient. Note – the combination of  $HV_{MRI}$ ,  $NV_{MRI}$  and non-perfused volume equate to the WTV. (C) Patient cohort assessment of treatment effects illustrated as plots of standard error on the mean (SEM) for (top left to bottom right)  $HV_{MRI}$ ,  $NV_{MRI}$ , non-perfused volume, WTV,  $HF_{MRI}$  and  $\Delta R_1$ .

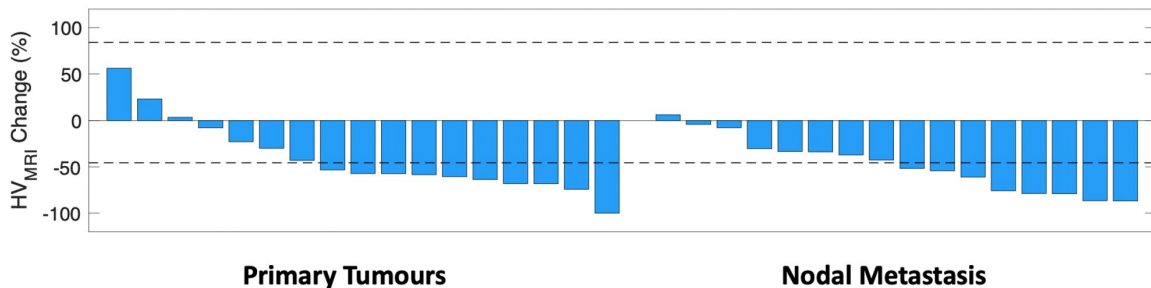
**Figure 2.** Hypoxic volume ( $HV_{MRI}$ ) changes at week 2 (W2). (A) Waterfall plot showing the percentage change in  $HV_{MRI}$  from baseline to W2 in all lesions, categorized as primary tumors or nodal metastases. (B) Analysis of the 17 lesions imaged at both W2 and W4 compares the reduction from baseline at W2 (light blue) and W4 (dark blue). Dashed lines are the asymmetrical RC LOA for  $HV_{MRI}$  (i.e. -45.7% and +84.1%).

**Figure 3:** Waterfall plots showing change in  $HV_{MRI}$ ,  $NV_{MRI}$  and WTV at week 2 (W2). Four patterns seen were (A) lesions with significant hypoxia modification as well as reduction in WTV. Diamonds indicate tumors where the hypoxic fraction remained unchanged; (B) tumors with significant hypoxia modification that did not have change in WTV; (C) tumors that did not have significant individual changes in hypoxia, but significant reduction in WTV was driven by reduction in  $NV_{MRI}$ ; (D) tumors with no reduction in  $HV_{MRI}$ ,  $NV_{MRI}$  or WTV.



**Figure 2**

**A**



**B**

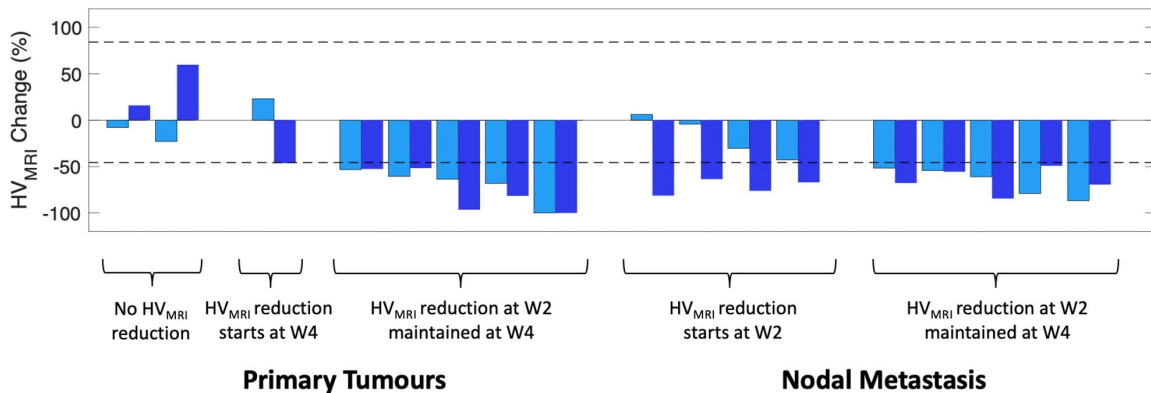
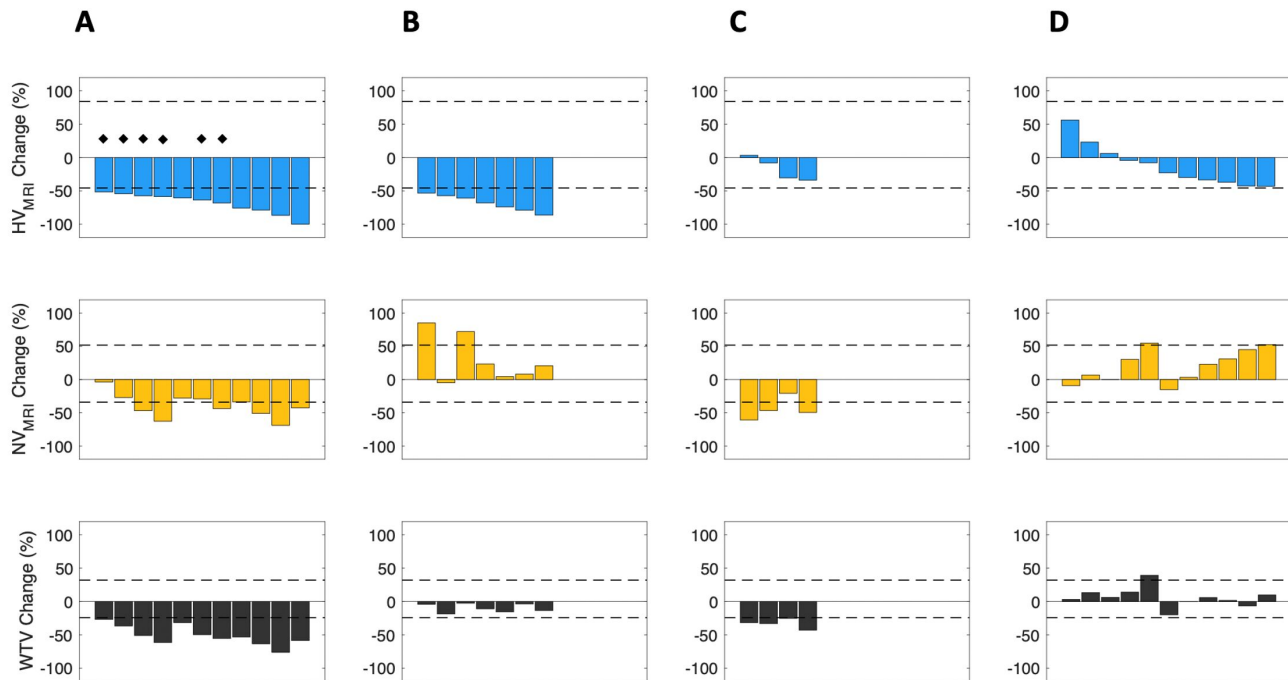


Figure 3



| ID | Sex | Age | Disease Sub-site | TNMv8 Stage | Treatment (dose(Gy)/fractions, (chemotherapy)) | Target Lesion | Imaging Acquired |     |    |    | MR System     |
|----|-----|-----|------------------|-------------|--|---------------|------------------|-----|----|----|---------------|
|    |     |     |                  |             |  |               | BL0              | BL1 | W2 | W4 |               |
| 2  | F   | 74  | Tonsil           | T3 N1       | 55/20  | T             | ✓                | ✓   | ✓  |    | Diagnostic MR |
| 3  | F   | 56  | Tonsil           | T4 N0       | 70/35 and cisplatin (weekly)                   | T             |                  | ✓   | ✓  |    | Diagnostic MR |
| 4  | M   | 72  | Tonsil           | T2 N1       | 55/20  | T, N          | ✓                | ✓   | ✓  | ✓  | Diagnostic MR |
| 7  | M   | 64  | Tonsil           | T3 N1       | 66/30 and carboplatin (weekly)                 | T, N          | ✓                | ✓   | ✓  | ✓  | Diagnostic MR |
| 9  | M   | 76  | Tonsil           | T3 N2       | 55/20  | T, N, N       |                  | ✓   | ✓  |    | Diagnostic MR |
| 10 | M   | 79  | Tonsil           | T2 N1       | 55/20  | T, N          |                  | ✓   |    |    | Diagnostic MR |
| 11 | F   | 61  | Tonsil           | T4 N0       | 66/30 and cisplatin (3-weekly)                 | T             | *                | ✓   | ✓  |    | Diagnostic MR |
| 12 | M   | 58  | Tonsil           | T3 N1       | 66/30 and cisplatin (3-weekly)                 | T, N, N       | ✓                | ✓   | ✓  |    | Diagnostic MR |
| 13 | M   | 71  | Tonsil           | T4 N1       | 70/35 and cisplatin (weekly)                   | T, N          |                  | ✓   | ✓  | *  | Diagnostic MR |
| 14 | M   | 65  | Soft palate      | T2 N0       | 66/30  | T             | ✓                | ✓   |    | ✓  | MR Linac      |
| 16 | M   | 66  | Tongue base      | T1 N3       | 66/30 and cisplatin (3-weekly)                 | T             | ✓                | ✓   | ✓  | ✓  | MR Linac      |
| 18 | M   | 60  | Tonsil           | T3 N1       | 66/30 and cisplatin (3-weekly)                 | T, N          | ✓                | ✓   | ✓  |    | MR Linac      |
| 19 | M   | 77  | Tongue base      | T4 N2       | 66/30  | T, N          |                  | ✓   | ✓  | ✓  | Diagnostic MR |
| 20 | M   | 67  | Tongue base      | T2 N2       | 66/30 and cisplatin (3-weekly)                 | T, N          | ✓                | ✓   | ✓  | ✓  | Diagnostic MR |
| 21 | M   | 74  | Tongue base      | T4 N1       | 66/30  | T, N          | ✓                | ✓   | ✓  | ✓  | Diagnostic MR |
| 22 | M   | 67  | Tongue base      | T2 N3       | 66/30 and carboplatin (3-weekly)               | T, N          |                  | ✓   |    |    | Diagnostic MR |
| 23 | M   | 77  | Tongue base      | T1 N1       | 55/20  | T, N          | ✓                | ✓   | ✓  |    | MR Linac      |
| 24 | M   | 53  | Tonsil           | T4 N1       | 55/20  | T, N          |                  | ✓   |    |    | Diagnostic MR |
| 28 | M   | 57  | Tonsil           | T4 N1       | 66/30 and cisplatin (3-weekly)                 | N             |                  | ✓   | ✓  | ✓  | Diagnostic MR |
| 29 | M   | 75  | Tonsil           | T4 N1       | 55/20  | T, N          |                  | ✓   | ✓  | ✓  | MR Linac      |
| 30 | M   | 75  | Tongue base      | T1 N1       | 66/30  | N, N          |                  | ✓   |    |    | Diagnostic MR |
| 31 | M   | 53  | Tonsil           | T2 N1       | 66/30 and cisplatin (3-weekly)                 | T, N          |                  | ✓   | ‡  | ✓  | MR Linac      |
| 35 | M   | 63  | Tonsil           | T3 N1       | 66/30 and cisplatin (3-weekly)                 | T, N          | ✓                | ✓   | ✓  | ✓  | MR Linac      |
| 37 | M   | 51  | Tongue base      | T2 N1       | 66/30 and cisplatin (3-weekly)                 | T, N          | ✓                | ✓   | ✓  | §  | MR Linac      |

**Table 1.** Clinical information and MRI scan details for image datasets from the 24 patients used in subsequent analysis. Target lesions imaged, T = Primary tumor, N = local metastatic lymph node. BL0, BL1, W2 and W4 refer to baseline 0 and 1 and week 2 and 4 of treatment, respectively. \*Datasets not included in analysis due to motion corruption included patient 11, tumor baseline, patient 13 tumor and node at W4, and patient 20 tumor at baseline. ‡Contrast agent delivery was not carried out on patient 31 at W2 and so data at this time point is not included. §Patient 37 tumor was non-measurable at W4 and not included.

| Parameter                            | BL0 (Median [IQR])   | BL1 (Median [IQR])   | wCV (95% CI)         | RC LOA (RC <sub>L</sub> , RC <sub>U</sub> ) |
|--------------------------------------|----------------------|----------------------|----------------------|---|
| $\Delta R$ , (s <sup>-1</sup> )      | 0.017 [0.011, 0.026] | 0.018 [0.013, 0.025] | 31.5% (23.5 – 48.0%) | -53.2%, 113.8%                              |
| HF <sub>MRI</sub>                    | 0.46 [0.30, 0.53]    | 0.45 [0.29, 0.54]    | 20.4% (15.3 – 30.4%) | -40.2%, 67.2%                               |
| HV <sub>MRI</sub> (cm <sup>3</sup> ) | 16.0 [6.4, 36.0]     | 10.5 [6.6, 43.6]     | 24.6% (18.5 – 37.0%) | -45.7%, 84.1%                               |
| NV <sub>MRI</sub> (cm <sup>3</sup> ) | 21.3 [9.2, 41.9]     | 20.6 [10.6, 46.2]    | 16.3% (12.3 – 24.0%) | -34.1%, 51.8%                               |
| WTV (cm <sup>3</sup> )               | 37.7 [17.6, 76.7]    | 35.0 [20.0, 87.2]    | 10.6% (8.0 – 15.4%)  | -24.3%, 32.1%                               |

**Table 2.** Pre-treatment repeatability data for 21 lesions from 12 patients acquired at two pre-treatment baseline timepoints (B0 and B1). IQR = inter-quartile range, wCV = within-subject coefficient of variation, 95% CI = 95% confidence intervals on wCV, RC = repeatability coefficient, LOA = limits of agreement, RC<sub>L</sub> = RC lower limit of agreement, RC<sub>U</sub> = RC upper limit of agreement.

| Patient ID | Lesion | HV <sub>MRI</sub> W2 | HV <sub>MRI</sub> W4 | Concordant change between lesions? | Comments   |
|------------|--------|----------------------|----------------------|------------------------------------|--|
| 4          | T      | ↓                    | ↓                    | Yes                                |  |
|            | N      | ↓                    | ↓                    |                                    |  |
| 7          | T      | NC                   | NC                   | No                                 | N had reduced HV <sub>MRI</sub> at both W2 and W4, but T did not                                     |
|            | N      | ↓                    | ↓                    |                                    |  |
| 9          | T      | ↓                    |                      | No                                 | T had reduced HV <sub>MRI</sub> at W2, but N1 and N2 did not   |
|            | N1     | NC                   |                      |                                    |  |
|            | N2     | NC                   |                      |                                    |  |
| 12         | T      | ↓                    |                      | No (but equivocal)                 | T and N2 reduced HV <sub>MRI</sub> at W2<br>N1 hypoxia decrease of 37.1% approached the RC of -45.7% |
|            | N1     | NC (↓)               |                      |                                    |  |
|            | N2     | ↓                    |                      |                                    |  |
| 13         | T      | ↓                    |                      | Yes                                |  |
|            | N      | ↓                    |                      |                                    |  |
| 18         | T      | NC (↓)               |                      | No (but equivocal)                 | N reduced HV <sub>MRI</sub> at W2<br>T hypoxia decrease of 43.1% approached the RC of -45.7%         |
|            | N      | ↓                    |                      |                                    |  |
| 19         | T      | NC                   | ↓                    | Yes                                |  |
|            | N      | NC                   | ↓                    |                                    |  |
| 20         | T      | NC                   | NC                   | No                                 | T hypoxia increased 59.7% at W4 whereas N reduced HV <sub>MRI</sub> ; neither lesion changed at W2   |
|            | N      | NC                   | ↓                    |                                    |  |
| 21         | T      | ↓                    | ↓                    | Yes                                |  |
|            | N      | ↓                    | ↓                    |                                    |  |
| 23         | T      | NC                   |                      | Yes                                |  |
|            | N      | NC                   |                      |                                    |  |
| 29         | T      | ↓                    | ↓                    | No (at W2) Yes (at W4)             | Concordance does not manifest until W4   |
|            | N      | NC                   | ↓                    |                                    |  |
| 31         | T      |                      | ↓                    | Yes                                |  |
|            | N      |                      | ↓                    |                                    |  |
| 35         | T      | ↓                    | ↓                    | Yes                                |  |
|            | N      | ↓                    | ↓                    |                                    |  |
| 37         | T      | ↓                    |                      | No                                 | T had reduced HV <sub>MRI</sub> at W2, but N did not   |
|            | N      | NC                   |                      |                                    |  |

**Table 3:** Evaluation of concordance of hypoxia modification in patients with two or more lesions, by assessing serial values of HV<sub>MRI</sub> at pre-treatment and W2 and W4. If HV<sub>MRI</sub> was reduced beyond the RC of -45.7% then HV<sub>MRI</sub> for that lesion is reduced (↓) otherwise there is no change (NC) measured.