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DOI:

[10.1016/j.colsurfb.2018.08.041](https://doi.org/10.1016/j.colsurfb.2018.08.041)

Document Version

Accepted author manuscript

[Link to publication record in Manchester Research Explorer](#)

Citation for published version (APA):

Dols-perez, A., Fumagalli, L., & Gomila, G. (2018). Interdigitation in spin-coated lipid layers in air. *Colloids and Surfaces B: Biointerfaces*, 172, 400-406. <https://doi.org/10.1016/j.colsurfb.2018.08.041>

Published in:

Colloids and Surfaces B: Biointerfaces

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Interdigitation in spin-coated lipid layers in air

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ABSTRACT

In this study, we show that dry saturated phospholipid layers prepared by the spin-coating technique could present thinner regions associated to interdigitated phases under some conditions. The morphological characteristics of lipid layers of saturated phosphocholines, such as dilauroylphosphatidylcholine (DLPC), dimyristoylphosphatidylcholine (DMPC), dipalmitoylphosphatidylcholine (DPPC) and distearoylphosphatidylcholine (DSPC), have been measured by Atomic Force Microscopy and revealed that the presence of interdigitated regions is not induced by the same parameters that induce them in hydrated samples. To achieve these results the effect of the lipid hydrocarbonated chain length, the presence of alcohol in the coating solution, the spinning velocity and the presence of cholesterol were tested. We showed that DPPC and DSPC bilayers, on the one side, can show structures with similar height than interdigitated regions observed in hydrated samples, while, on the other side, DLPC and DMPC tend to show no evidence of interdigitation. Results indicate that the presence of interdigitated areas is due to the presence of lateral tensions and, hence, that they can be eliminated by releasing these tensions by, for instance, the addition of cholesterol. These results demonstrate that interdigitation in lipid layers is a rather general phenomena and can be observed in lipid bilayers in dry conditions.

KEYWORDS : Spin-coating, lipid layers, Atomic Force Microscopy, Interdigitation

1 **1. Introduction**

2 Model lipid membranes have been widely used to facilitate the comprehension of natural membranes
3 properties by reducing complexity and simplifying their preparation [1-7]. They allow, under
4 experimentally well controlled conditions, the reconstruction of membrane structures, the study of the
5 interactions between specific membrane components and also the effect of other elements (e.g. ions,
6 proteins, drugs, etc.).

7 Apart from these fundamentals studies, model lipid membranes have also been used as platforms for
8 other applications, such as lipid-assisted assays and biosensors [8-11]. In these applications, the
9 resistance and morphological stability in dried or low humidity environments is an important feature.
10 But, at present, relatively little information is available on the nanostructure of dry lipid bilayers, as most
11 of the studies performed so far have focused on the production and analysis of hydrated lipid bilayers.

12 In recent years, the use of the spin-coating technique has allowed obtaining high-quality and
13 morphologically stable dry lipid layers in air [12-17] on different supports [18-20]. This advancement
14 opened the possibility to address its nanoscale and nanomechanical properties in a reliable and
15 relatively simple way. Dry and stable single component lipid layers of DOPC and SM have been produced
16 as well as binary and ternary mixtures containing cholesterol, including lipid raft models such as DOPC/
17 SM/ Chol [21, 22]. The study of these systems showed the presence of liquid disordered, liquid ordered
18 and gel phases in dry lipid samples, with morphological properties (e.g. layer thicknesses) in similarity to
19 those observed on the same systems under hydrated conditions and prepared by different techniques
20 such as, the vesicle fusion [23], Langmuir-Blodgett/Schäfer [24], microcontact printing [25] or lipid dip-
21 pen nanolithography[26].

22 In the present study we investigate a subtler phenomena, i.e. the presence/absence of thinner regions
23 associated to interdigitated phase ($L_{\beta I}$) in saturated phosphocholines in dry conditions. Interdigitated
24 phases have been widely observed on hydrated lipid bilayers. This phase consists of a thinning of the
25 bilayer height, which could be partial or of the total area [27, 28], due to the interpenetration and
26 disorder or tilting of the acyl chains and tilt of their angle [27, 29-33]. Derived from that there is also an
27 expansion of the bilayer area laterally [29, 34, 35]. This phase is produced in phosphatidylcholines in
28 solution due the presence of alcohols [27, 28, 32, 34, 35], volatile anesthetics [36, 37] or by the presence
29 of an abnormal pressure, such as, the interaction with the substrate or the presence of lateral tensions

1 [28, 38, 39]. Moreover, it is known that Cholesterol and other sterols play a role in the interdigitating
2 process enhancing or reducing the effect of ethanol depending on the sterol content [38, 40-42].

3 The existence of an interdigitated phase in dry lipid layers has not been reported to date. In this study,
4 we precisely show that dry saturated phospholipid layers prepared by the spin-coating technique can
5 present thinner regions associated to interdigitated phase in some conditions. Atomic Force Microscopy
6 (AFM) offers the appropriate lateral and vertical resolution to characterize lipid bilayers in different
7 media, air or liquid, and to distinguish heights corresponding to different lipid phases [38, 43, 44]. In fact
8 the value of these characteristic heights, has been used extensively in literature to estimate the phase
9 present in a sample and also the presence of interdigitated regions[28, 35]. In this study, we
10 investigated by AFM the morphology of lipid layers prepared by the spin-coating technique in dry air and
11 the influence of different parameters in the presence of these thinner regions, such as, the phospholipid
12 chain length, and consequently of different transition temperatures T_m , the presence of alcohols in the
13 coating solution, the spinning velocity and the cholesterol concentration.

14

15 **2. Experimental section**

16 **2.1. Materials:** Lipid layers were prepared with 1,2-dilauroyl-*sn*-glycero-3-phosphocholine (DLPC), 1,2-
17 dimyristoyl-*sn*-glycero-3-phosphocholine (DMPC), 1,2-dipalmitoyl-*sn*-glycero-3-phosphocholine (DPPC)
18 and 1,2-distearoyl-*sn*-glycero-3-phosphocholine (DSPC) purchased from Sigma-Aldrich and used as
19 received without further purification. Hexane, LC-MS grade (Sigma-Aldrich), Isopropanol (Sigma-Aldrich)
20 and Methanol, HPLC grade (Sigma-Aldrich), were used as solvent in the experiments. Hi-grade freshly
21 cleaved mica substrates (Ted Pella, Inc) were used as support.

22 **2.2. Sample preparation and AFM imaging:** Air-stable lipid layers have been obtained by the spin-
23 coating technique following the methodology developed by Simonsen and Bagatolli [12] further
24 optimized to produce ultrathin (single) bilayer samples [21]. In here, the concentration of lipid used in
25 the coating solution is 1mM. Briefly, a small volume of lipid stock solution was deposited on the high-
26 grade freshly cleaved mica and spun with a spinner (WS-650MZ-23NPP/LITE, Laurell Technologies Corp.)
27 for 1 min immediately after the deposition of the solution. The speed used was 3000rpm unless is
28 directly specified in the text. Next, the samples were placed under vacuum in a desiccator during 15-20

1 h to fully evaporate the solvents. Fresh lipid solutions were prepared on the day of each experiment to
2 avoid solvent evaporation and change in the lipid concentration.

3 AFM imaging was performed at 25°C in dry environment in a closed chamber with N₂ stream and
4 relative humidity RH ~ 0%. Calibrated AFM probes (PPP-CONTR, Nanosensors, nominal spring constant
5 0.2 N/m, tip radius < 7 nm) and a commercial AFM (Nanotec Electronica S.L) were used. Images were
6 processed by using the WSxM software [45]. Height analysis was performed using histogram analysis of
7 the pixels over image areas of 1000 nm x 1000 nm (N = 3-7). The small size of the areas is selected to
8 avoid systematic errors in height determination associated with image flattening. The obtained value is
9 the mean of the values extracted at different areas and the error corresponds to the standard deviation
10 (SD) of the means. By using the spin-coating technique it is possible to form incomplete layers that allow
11 measuring directly the bilayer thickness. Bare mica was demonstrated to be not observable in samples
12 prepared by this method at these lipid concentrations, since the bottom layer consists of a uniform lipid
13 monolayer, as we showed earlier [21]. This fact does not affect the determination of the bilayer heights.

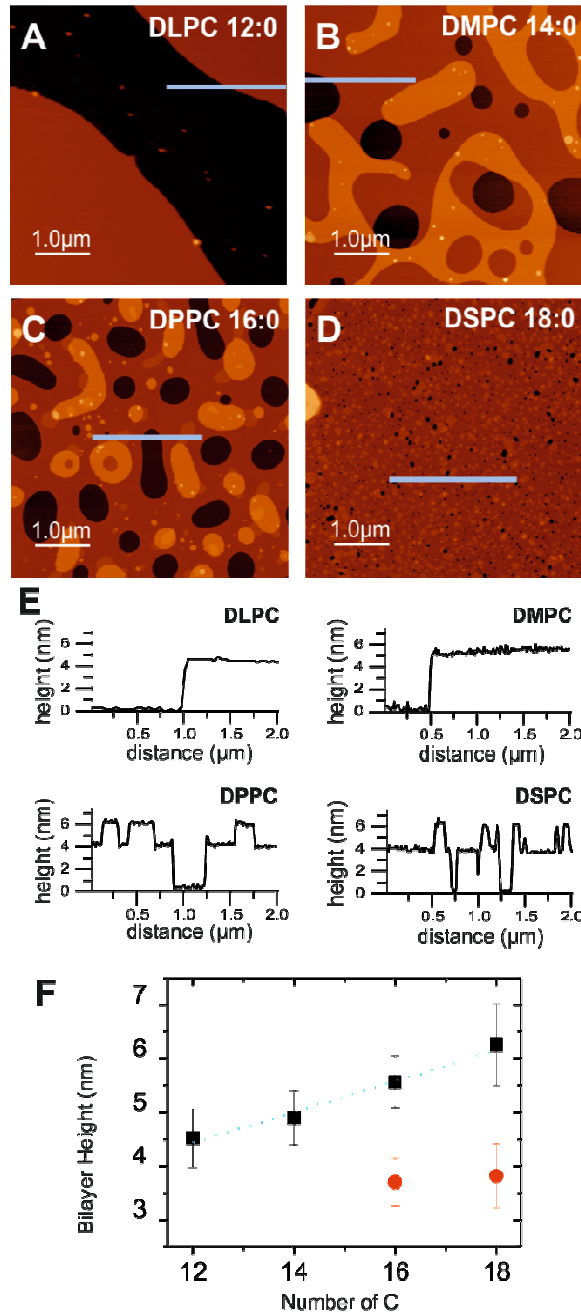
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15 **3. Results and discussion**

16 **3.1. Presence of interdigitated phases in dry lipid bilayers as a function of acyl chain length**

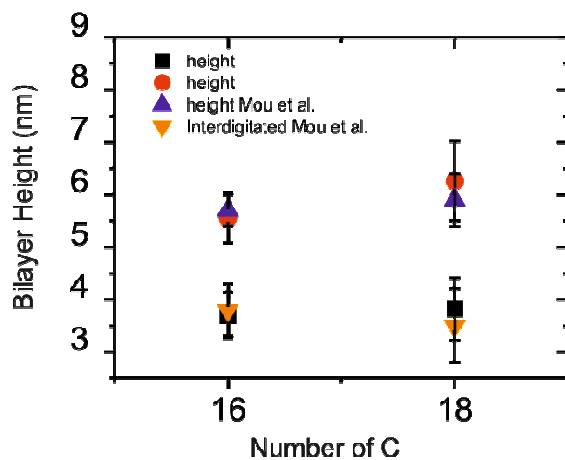
17 Different saturated phosphocholines, with different chain length (12:0, 14:0, 16:0 and 18:0) were
18 selected to evaluate their behavior in dry conditions. In Figures 1A-1D we show AFM topography images
19 of the dilauroylphosphatidylcholine DLPC (12:0), dimyristoylphosphatidylcholine DMPC (14:0),
20 dipalmitoylphosphatidylcholine DPPC (16:0) and distearoylphosphatidylcholine DSPC (18:0) samples,
21 respectively. Using 1mM of lipid in the stock solution, the spin-coated sample of lipids is composed by
22 an homogeneous monolayer background with a single inverted bilayer on top of which bilayer patches
23 or rims, and occasionally some multilayer patches, form [21]. At higher concentrations the number of
24 layers increases [12, 16, 21, 22]. DLPC sample presented a single bilayer on the homogenous monolayer
25 background while DMPC, DPPC and DSPC samples presented additional patches of a second bilayer
26 (Fig.1). Apart from the surface-covering dependence, described previously [21, 22, 46], the most
27 relevant feature of these images is the existence of some characteristic heights. In particular, the
28 histogram analysis reveals the presence of a single characteristic height equal to 4.5 ± 0.5 nm for DLPC
29 (Fig. 1A) and to 4.9 ± 0.5 nm for DMPC (Fig 1B), independently of the number of bilayers. These values

1 are in agreement with single bilayer thickness measurements performed on the samples with the same
2 composition under hydrated conditions even with different preparation method (vesicle fusion) [47, 48].
3 Instead, Figs. 1C and 1D corresponding to the DPPC and DSPC samples, respectively, exhibit bilayers with
4 two characteristic heights in each of them. The lower heights were 3.7 ± 0.4 nm and 3.8 ± 0.6 nm, while
5 the thicker ones were 5.6 ± 0.5 nm and 6.3 ± 0.7 nm (Fig.1F), for DPPC and DSPC, respectively. The later
6 values are in agreement, again, with the bilayer thickness values reported for DPPC and DSPC hydrated
7 samples from vesicle fusion [28, 43, 49, 50]. They also agree with the well-known linear relationship
8 between bilayer thickness and acyl chain length [50] (dashed line in Fig.1-F). Concerning the lower
9 height values observed in these samples, their values are higher than that of a monolayer, thus allowing
10 discarding the presence of partial delamination. These values perfectly match values reported in the
11 literature for interdigitated phases in hydrated supported lipid bilayers [28] (see Fig. 2). This indicate
12 that interdigitation could be also present in phospholipid bilayers in dry conditions.



1

2 **Figure 1.** A-D) AFM topography image of spin-coated samples of DLPC (A), DMPC (B), DPPC (C) and DSPC
 3 (D). Z-scale = 30nm. Figure E) Height profile of images A-D. Figure F) Plot representation of the bilayer
 4 height extracted from the topography images vs number of C of the acyl chain of the lipids used: DLPC
 5 (12C), DMPC (14), DPPC (16) and DSPC (18). Black squares= higher regions, red dots= lower regions,
 6 dashed line= bilayer height tendency as a function of the number of C.



1
 2 **Figure 2.** Characteristic bilayer thicknesses for the samples of DPPC and DSPC obtained here for dry
 3 samples (squares and circles) compared with the values reported in the literature for hydrated samples
 4 (triangles) (28).

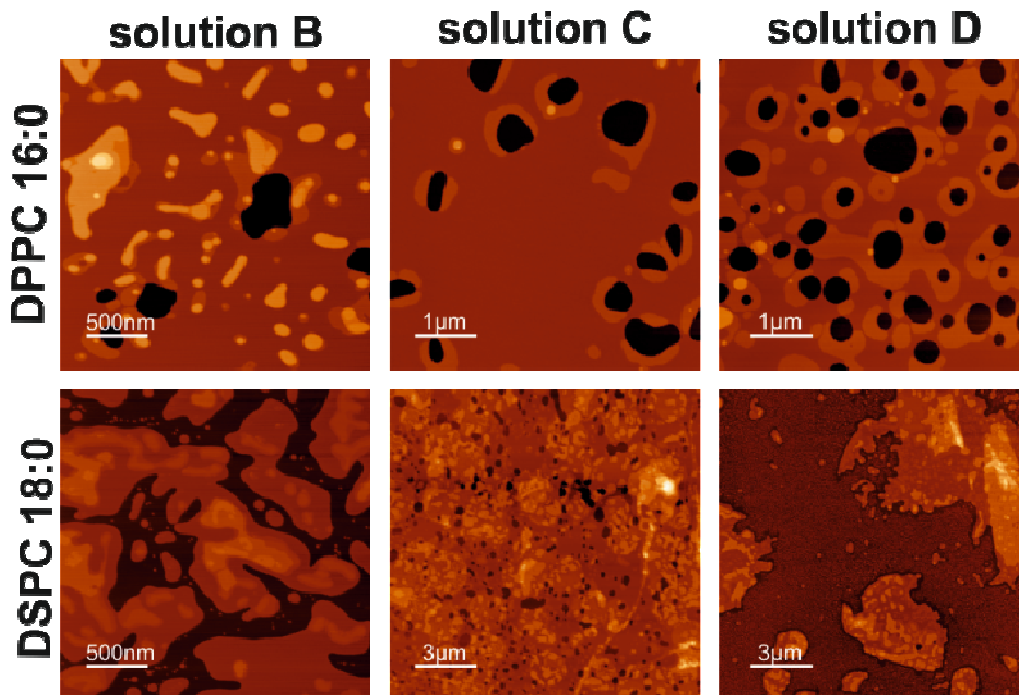
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6 **3.2. Effect of the presence of alcohol in the coating solutions in the interdigitated phases**

7 Alcohols trigger the interdigitation in hydrated samples and, although a threshold value exists, the
 8 proportion of alcohol used is linked to the amount of area interdigitated and may reach the total surface
 9 of the bilayer for higher concentrations [28]. Alcohols increase the inter-headgroup distance by the
 10 orientation of their hydroxyl near the lipid headgroups and, from a certain concentration, the increment
 11 of the headgroup distance causes the lipid tails interdigitation [31, 51]. Furthermore, isopropanol is
 12 known to be more effective in the inducement of interdigitation than other alcohols, such as ethanol
 13 [28]. These effects have been studied when these alcohols are in the liquid solution in contact with the
 14 hydrated lipid bilayers.

15 In spin-coated samples in air, the alcohol or solvent is not incorporated to the membrane already
 16 prepared. It is used for the preparation of the lipid samples to dilute the lipids. This solvent should wet
 17 the substrate surface in which the spin-coating sample is formed and dissolve the lipids [12]. Due to the
 18 difficulty to dissolve saturated phospholipids in hydrocarbonated solvents such as hexane, the presence
 19 of alcohols in the coating solutions is necessary. Simonsen and coworkers proposed ~3% of methanol in
 20 hexane to dissolve correctly these lipids [12] and other reported mixture to prepare these layers [52]. To
 21 check the effect of alcohols in the coating solution on the presence of the interdigitated structures, in
 22 other words if alcohols in solvent are responsible of the interdigitation, we have used mixtures of

1 solvents and pure solvents (100%). The solutions used were the previously mentioned hexane: methanol
2 (98:2) mixture (referred to as solution A), pure methanol (solution B), pure isopropanol (solution C) and
3 the solvent mixture isopropanol: hexane: water (3:1:1) (solution D). In the preparation of all samples the
4 same speed (3000 rpm) and spinning time (1 min) were used. AFM images of the lipid layers obtained
5 with solvents B, C and D are given in Fig. 3, while results obtained with solvent A are shown in Figure 1.



6
7 **Figure 3.** Representative AFM topography images of spin-coated samples of DPPC and DSPC (from top
8 to bottom) in air for different solvents used (solvent B, solvent C and solvent D from left to right). Z-
9 scale DPPC images = 25nm, z-scale DSPC images = 50 nm.

10

11 Lower regions or thinning were not observed in DLPC and DMPC samples independently of the solvent
12 used (data not shown). These results are in contrast with what observed on hydrated samples, where
13 for instance alcohols produced the thinning of DMPC [53].

14 Figure 3 shows that the appearance of the DPPC and DSPC layers changes depending on the solvent
15 used. But at the same time the presence of thinner regions (the interdigitated areas) is observed
16 independently of the coating solution used and of the total amount of alcohol. No dependence of the
17 interdigitated area with the solvent used was found. Results showed that the characteristic thickness of

1 the bilayers is also maintained independently of the solvent used in both areas - interdigitated and non-
2 interdigitated.

3 Moreover, no dependency of the extension of the affected area was observed in our results. Solutions
4 with 100% of alcohols in the coating solution did not show a higher or complete interdigitated, contrary
5 to observed in hydrated samples when the alcohol is incorporated after bilayer formation.

6 These results suggest that the presence of interdigitated regions in spin-coated samples of DPPC and
7 DSPC was not induced by the presence of alcohols in the coating solutions.

8

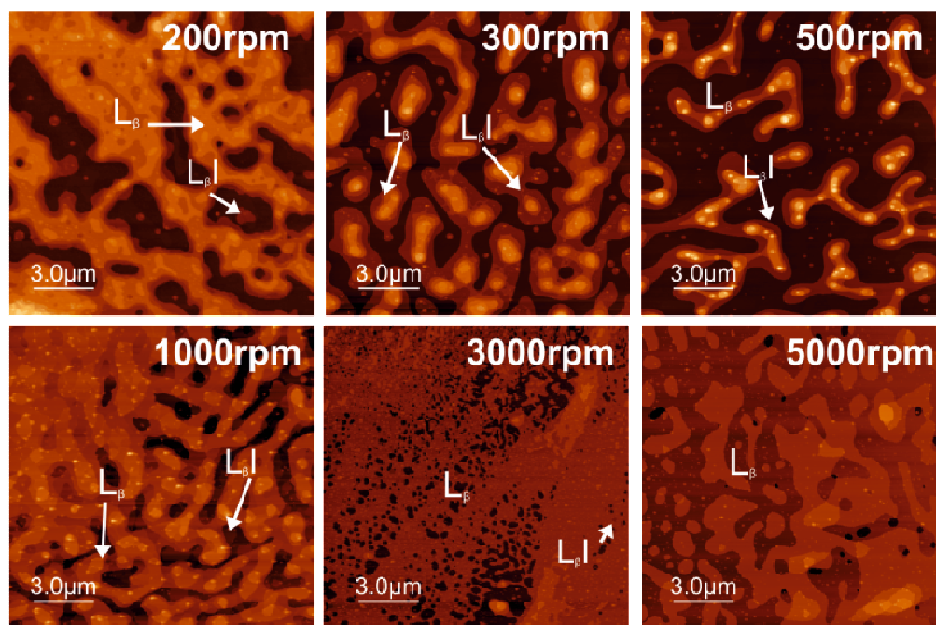
9 **3.3. Effect of the lateral tension (spinning parameters) in the presence of interdigitated regions**

10 In hydrated samples the interdigitated phase induced by lateral tension ($L_{\beta}^{\prime}l_T$) is produced when the
11 sample is exposed to a temperature above T_m and rapidly cooled below T_m . The interdigitation is then
12 produced due to the action of two factors: the substrate surface-lipid interaction and the tension
13 created by having to pass from covering a large area to cover a smaller one in a short period of time [38,
14 39]. If the transition is not slow enough, the covered surface is larger than the expected for a solid phase
15 and the bilayer cannot maintain its structure. For this reason, interdigitation over larger areas, requiring
16 a higher area per molecule, is obtained.

17 During the spin-coating procedure the temperature was not changed. Therefore, another parameter
18 should be responsible for changing the lateral tension of the sample. A clear candidate is the rotation
19 speed or the acceleration of the spin-coating process. This hypothesis is compatible with the absence of
20 interdigitated regions in DLPC and DMPC. These samples are in fluid phase at the working temperature
21 and their lateral mobility is higher than DPPC and DSPC samples. Hence, they can recover their
22 configuration independently of the effect of the lateral pressure.

23 To test the possible effect of the rotation speed on the presence and structure of the interdigitated
24 regions, we have prepared DPPC samples at various rotation speeds. In Fig. 4 we show the results
25 obtained for samples prepared from 200 rpm up to 5000 rpm.

26



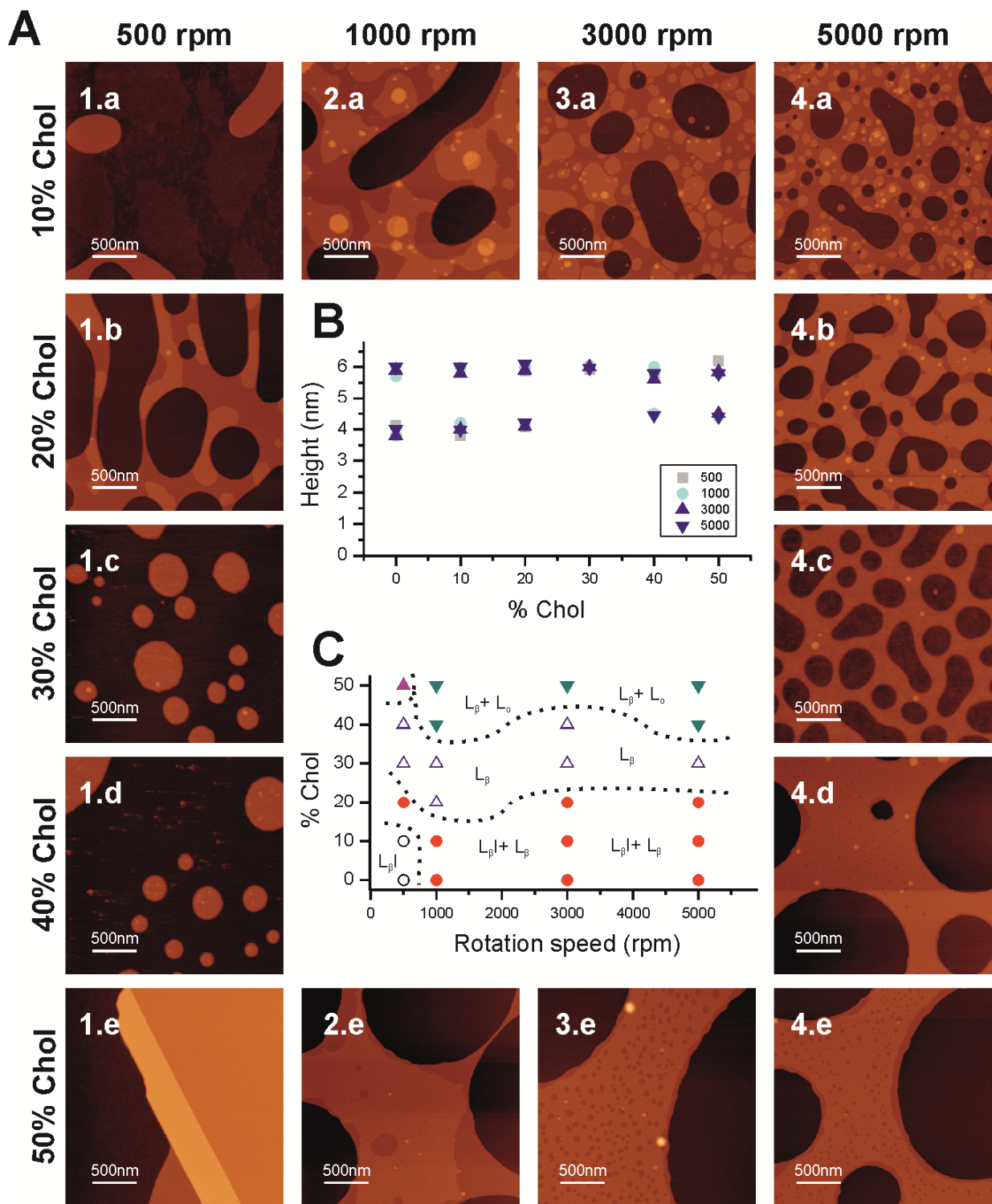
1
2 **Figure 4.** Representative AFM topography images of DPPC samples as a function of the rotation speed
3 used during the sample preparation. Z-scale = 75nm.

4
5 The samples prepared at 200 rpm, 300 rpm and 500 rpm showed large areas of background monolayer
6 uncovered and also stacks of bilayers with heights corresponding to $L_{\beta I}$ and L_{β} . For higher rotation
7 speeds (1000 rpm and 3000 rpm) the fraction of exposed monolayer became smaller, the height of the
8 bilayers stacks is also reduced but the presence of the interdigitated phase was still noted. On the other
9 side, heights corresponding to interdigitated regions were not found for the sample prepared at
10 5000rpm.

11 These results indicate that at higher rotation speeds the fraction of interdigitated regions decreases. We
12 speculate that higher rotation speeds could facilitate the layer rupture reducing the lateral tension of
13 the bilayer and hence decreasing the fraction of the interdigitate phase $L_{\beta I}$. Therefore, the interdigitated
14 area would be affected by the rotation speed used to prepare the sample and it could be reduced or
15 increased by adjusting this parameter properly.

16 **3.4. Effect of cholesterol**

17 Cholesterol is known to affect interdigitation in hydrated samples [38, 40-42] and also to affect the
18 lateral mobility of lipid layers [54-57]. The addition of Cholesterol favours the presence of the liquid-
19 ordered phase, L_o , which has intermediate properties between L_{β} and L_{α} .



1

2 **Figure 5.** A) AFM topography images of spin-coated samples prepared at different rotation speeds, 500
 3 rpm (1), 1000 rpm (2), 3000 rpm (3) and 5000 rpm (4); and containing 10% (a), 20% (b), 30% (c), 40% (d)
 4 and 50% (e) of Chol. Z-scale= 30nm. B) Plot representation of the bilayer height extracted from the

1 topography images vs %Chol. Grey squares = 500 rpm, clear blue dots = 1000 rpm, dark blue triangle =
2 3000 rpm and inverted blue triangles = 5000 rpm. C) phase representation interpreted from height
3 analysis. Empty dots = $L_{\beta I}$, red dots = coexistence of $L_{\beta I}$ and L_{β} , empty triangles = L_{β} , inverted full
4 triangles = coexistence of L_{β} and L_o and purple triangles = Chol crystals and DPPC layers.

5
6

7 The influence of Chol at different rotation speeds on the interdigitation in dried samples was tested for
8 DPPC, chosen as model PC for this purpose. Figure 5 shows AFM images of dry DPPC lipid layers
9 prepared with Chol concentrations ranging from 10% to 50% and prepared at rotation speeds from 500
10 rpm to 5000 rpm. The characteristic thicknesses of the lipid layers present in the samples are shown in
11 Fig. 5B as a function of the Chol concentrations for the different rotation speeds.

12 Samples with 0-10% Chol (Fig.4, Fig. 5A a, Fig. 5B and 5C) presented coexistence of two heights
13 associated to interdigitated and non-interdigitated regions, except samples prepared at 500 rpm (Fig.4
14 and Fig.5A.1a) in which only heights around 4 nm (assigned to interdigitated regions) were observed. At
15 20% Chol samples (Fig. 5A b, Fig 5B, Fig 5C) presented again coexistence, except the sample prepared at
16 1000 rpm in which only L_{β} was represented (image not shown, Fig. 5B-C). At 30% of Chol all samples
17 presented heights in accordance with L_{β} independently of the rotation speed used, without observable
18 presence of interdigitated phase or liquid ordered phase (Fig.5A c, Fig. 5B-C). Above 30% some samples
19 presented heights corresponding to L_{β} in coexistence with lower regions (Fig.5B). Except in samples
20 prepared with 50 % Chol at 500 rpm (Fig.5A.1e), in which the presence of Chol crystals and bilayers with
21 thickness in accordance with L_{β} were observed. It is known that above 50% Chol DPPC becomes
22 saturated and Chol precipitates, this observation is in accordance with previous results. [58]

23 L_{β} phase is easily distinguishable, while discriminating between interdigitated or liquid ordered phase is
24 difficult as both phases present characteristic heights of ~ 4 nm [28, 43]. However, we could observe a
25 clear change in the shape, distribution and size of the thinner regions with the increment of the
26 cholesterol ratio (Figure 5.A). At low Chol contents the predominant phase would be interdigitated due
27 to the small presence of Chol and the presence of lateral tensions. On the other hand, the lower regions
28 are not observable in 30% Chol content. Our interpretation is the following: the incorporation of Chol to
29 the DPPC helps to the fluidization of the lipid layer and to its lateral mobility. The absence of lower
30 regions at 30% of Chol could indicate a threshold value in which the lipid layer has enough fluidity to
31 avoid the interdigitation. For values above that, the layer is not only affected by the fluidity, and the

1 presence of liquid ordered regions is more evident. Thus, at low amounts of Chol lower regions would
2 correspond, mostly, to interdigitated regions, while above 30% they could be mostly associated to liquid
3 ordered regions (Figure 5.C). This hypothesis not only takes into account the change in the shape and
4 distribution of the domains, but also the change in the shape of the lipid layers which showed patterns
5 in accordance with an increased fluidity [22].

6 These results indicate that Chol can modulate the presence of interdigitated regions in DPPC samples
7 prepared by spin-coating in air. Moreover, the addition of a certain quantity (in here 30 % Chol) allows
8 obtaining homogeneous heights and avoid the effect provoked by the lateral tension.

9

10 **4. Conclusions**

11 In the present study we have analyzed the presence of lower regions associated to interdigitated phase
12 ultrathin (single layer) spin-coated saturated lipid layers supported on mica in dry air. We have observed
13 that lipids with longer acyl chains, such as DPPC and DSPC, show the presence of bilayers with an
14 intermediate thickness between a bilayer and a monolayer, which is in accordance with the height
15 associated to interdigitated phase. Instead, low temperature transition temperature lipid samples, such
16 as DLPC and DMPC, do not show lower regions. We showed that the presence of alcohols do not affect
17 the total area of the interdigitated area (contrary to what happens in hydrated samples) while the
18 lateral pressure (represented by the spin-coating rotation speed) and cholesterol content have a
19 remarkable influence on their presence. In fact, the lateral tension due to the rotation speed was
20 demonstrated to be at the origin of interdigitation in dried bilayers prepared by spin-coating. We
21 showed that by adjusting the preparation procedure or the composition, for instance by adding
22 Cholesterol at certain concentrations, interdigitation can be reduced drastically or even suppressed, and
23 flat homogeneous samples can be obtained. This shows that, in addition to the case of unsaturated
24 lipids, it is also possible to prepare high quality planar lipid bilayer samples stable in dry environment
25 with saturated lipids.

26

27 **ACKNOWLEDGMENT**

1 This work was partially supported by the Spanish MEC under grant TEC2016-79156-P. G.G.
2 acknowledges support from the ICREA Academia program from the Generalitat de Catalunya. A.D.-P.
3 thanks M. Cazorla from the Nanotechnology Platform of IBEC for her assistance during the spin-coating
4 depositions.

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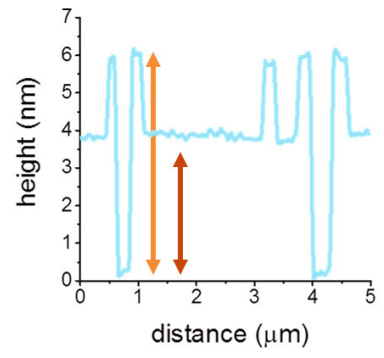
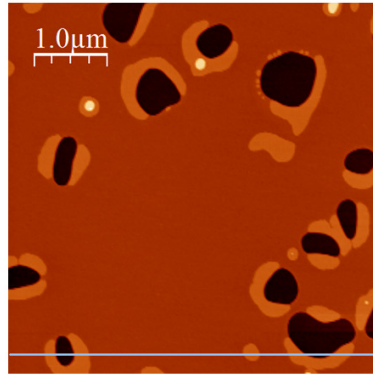
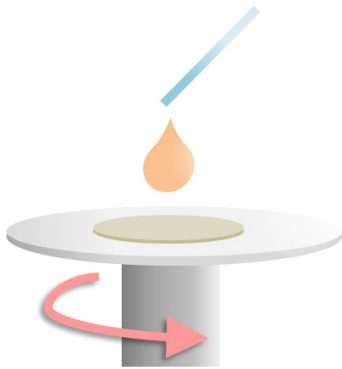
8 **AUTHOR INFORMATION**

9 **Author Contributions**

10 The manuscript was written through contributions of all authors. ADP prepared the samples,
11 characterized them and analysed the results. LF and GG coordinated the investigation. All authors wrote
12 the manuscript and approved the final version.

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2 **GRAPHICAL ABSTRACT**



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